

Accessing Medication Assisted Treatment (MAT) services in your county.

### **BREVARD COUNTY**

**Circles of Care**  
(321) 722-5261

**Specialized Treatment Education and Prevention Services, Inc./S.T.E.P.S.**  
(321) 215-5026

### **ORANGE COUNTY**

**Aspire Health Partners**  
(407) 245-0014

**Specialized Treatment Education and Prevention Services, Inc./S.T.E.P.S.**  
(321) 215-5026

**LifeStream Behavioral Center**  
(866) 355-9394 or (352) 315-7800

### **OSCEOLA COUNTY**

**House of Freedom**  
Deborah Morales, (407) 957-9077 ext. 204

**Park Place Behavioral Healthcare**  
(407) 846-0023

**RASE (Recovery, Advocacy, Service & Empowerment)**  
(407) 518-1094

**The Transition House**  
(407) 892-4202, ext. 169 or ext.164

### **SEMINOLE COUNTY**

**Aspire Health Partners**  
(407)-323-2036

**Specialized Treatment Education and Prevention Services, Inc./S.T.E.P.S**  
(321) 215-5026

**WHO ARE WE?** Central Florida Cares Health System (CFCHS) manages state and federal funds for substance abuse and mental health services for Brevard, Orange, Osceola, and Seminole counties. CFCHS funds a services network which offers various levels of treatment options. These treatment options include prevention, interventions, crisis support, residential treatment, and outpatient services for adults, children, and families. It is important to note that CFCHS does not provide direct service to patients/clients/customers. CFCHS helps to make it possible through a network of organizations to provide the direct service. CFCHS contracts with the State of Florida Department of Children and Families to manage the behavioral health system of care.

### **MISSION**

Central Florida Cares Health System is a resource center that utilizes state, federal, and innovative funding sources, promising practices, and/or pilot programs to support our providers as they address identified behavioral health needs of the community.

### **VISION**

Achieve a comprehensive and seamless behavioral health system promoting recovery and resiliency.



# **OPIOID CRISIS HELP IS HERE**



**DID YOU KNOW** 250 million prescriptions for opioids were written in 2012, enough for every adult in America to have a bottle of pills (Surgeon General).

How soon can I get help? **NOW!**  
What is the cost? **Free or Reduced Cost**

Opioid addiction affects many aspects of our communities; such as, public and private sector employers, tourism, education, law enforcement, criminal justice system, child welfare, and hospitals...all taxpayers. Most importantly it affects families, children, and our consumers. It affects **EVERYONE**. How can you help? Educate yourself. Learn what signs to look for and available resources?

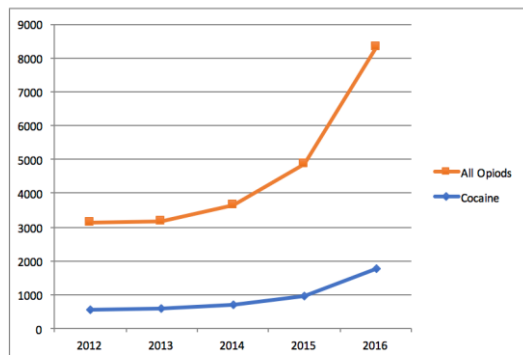
## OPIOID ADDICTION

The nation faces a crisis of overdose deaths from opioids, including heroin, fentanyl, and prescription pain medications. Many Americans suffer from “opioid addiction.” President Trump declared the opioid epidemic a national public health emergency.

Opioid addiction claims many lives daily in Florida. Heroin related deaths went up from 48 in 2010 to 952 in 2016. The number of deaths related to Fentanyl in 2016 increased over 1300; a 97% increase from 2015 and these numbers are expected to be higher in 2017.

“**One size fits all**” approach to opioid addiction treatment **does not work**. Many people benefit from treatment with medication assisted treatment and counseling for varying lengths of time, including lifelong treatment. Opioid addiction in some instances requires care management for effective treatment. Treatment methods that help patients stabilize, achieve remission of symptoms, and establish and maintain recovery.

Figure 2: Five Year Time Trend in Florida Deaths Caused by Cocaine and Opioids



Sources: Florida Medical Examiner Reports for 2012-2016

## MEDICATION ASSISTED TREATMENT

Medication Assisted Treatment is an evidenced based treatment program which includes a full biopsychosocial approach to treating substance abuse. This comprehensive approach to treatment incorporates medical, psychiatric, and behavioral health care to those addicted to opiates. Treatment may include any of the following:

- Methadone, buprenorphine (Suboxone), Naltrexone (Vivitrol), and others that may assist recovery.
- Nalxone (Narcan) a shorting acting medication to reverse an opioid overdose if administered in time.
- Individual and group counseling to trauma, depression, anxiety, etc.
- Psychiatric overlay services
- Assessments, biopsychosocial evaluations
- Individual and group psychotherapy
- Medical Services
- Residential
- Inpatient/Outpatient Services
- Detoxification (Detox)
- Assessment
- Case Management Services
- Outreach /Educational
- Peer Support Outreach
- Recovery Support Services

## WHAT ARE THE SIGNS?

Opioid overdose is life-threatening and requires immediate emergency attention. Recognizing the signs of an opioid overdose is essential to saving lives.

Call **911 immediately** if a person exhibits any of these symptoms:

- Inability to think, talk, or walk normally
- Extremely pale and/or feels clammy to the touch
- Body goes limp or weakness
- Fingernails or lips have a purple or blue color
- Vomiting or making gurgling noises
- Cannot be awakened or are unable to speak
- Trouble breathing or shallow breaths
- Heartbeat slows or stops

## EDUCATIONAL RESOURCES

[www.centralfloridacares.org/opioid](http://www.centralfloridacares.org/opioid)

[www.ocflheroesagainstheroin.org](http://www.ocflheroesagainstheroin.org)

[www.samsha.gov/medication-assisted-treatment](http://www.samsha.gov/medication-assisted-treatment)

[www.cdc.gov/drugoverdose/opioids](http://www.cdc.gov/drugoverdose/opioids)