

Access Medication Assisted Treatment (MAT) services in your county.

## BREVARD COUNTY

### Circles of Care

(321) 722-5261

### Specialized Treatment Education and Prevention Services, Inc./S.T.E.P.S.

(321) 215-5026

## ORANGE COUNTY

### Aspire Health Partners

(407) 245-0014

### Specialized Treatment Education and Prevention Services, Inc./S.T.E.P.S.

(321) 215-5026

### LifeStream Behavioral Center

(866) 355-9394 or (352) 315-7800

## OSCEOLA COUNTY

### House of Freedom

Deborah Morales, (407) 957-9077 ext. 204

### Park Place Behavioral Healthcare

(407) 846-0023

### RASE (Recovery, Advocacy, Service & Empowerment)

(407) 518-1094

### The Transition House

(407) 892-4202, ext. 169 or ext.164

## SEMINOLE COUNTY

### Aspire Health Partners

(407) 323-2036

Central Florida Cares Health System (CFCHS) manages state and federal funds for substance abuse and mental health services for Brevard, Orange, Osceola, and Seminole counties. CFCHS funds a services network which offers various levels of treatment options. These treatment options include prevention, interventions, crisis support, residential treatment, and outpatient services for adults, children, and families. It is important to note that CFCHS does not provide direct service to patients/clients/customers. CFCHS helps to make it possible through a network of organizations to provide the direct service. CFCHS contracts with the State of Florida Department of Children and Families to manage the behavioral health system of care.

## MISSION

Central Florida Cares Health System is a resource center that utilizes state, federal, and innovative funding sources, promising practices, and/or pilot programs to support our providers as they address identified behavioral health needs of the community.

## VISION

Achieve a comprehensive and seamless behavioral health system promoting recovery and resiliency.



# OPIOID CRISIS HELP IS HERE



**DID YOU KNOW** there are 250 million prescriptions for opioids written each year – enough for every adult in America to have a bottle of pills (Surgeon General).

How soon can I get help? **NOW!**  
What is the cost? **Free or Reduced Cost**

Opioid addiction affects many aspects of our communities; such as, public and private sector employers, tourism, education, law enforcement, criminal justice system, child welfare, and hospitals...all tax payers. Most importantly it effects families, children, and our consumers. It affects **EVERYONE**. How can you help? Educate yourself. Learn what signs to look for. What resources are available?

## OPIOD ADDICTION

The nation faces a crisis of overdose deaths from opioids, including heroin, fentanyl, and prescription opioids. Many Americans suffer from “opioid addiction”. President Trump declared opioid addiction as an epidemic across the nation.

Opioid addictions claims many lives daily in Florida. The number of deaths related to Fentanyl in 2016 increased over 1300 as compared to approximately 114 in 2010. Heroin related deaths also up from 48 in 2010 to 952 in 2016; and these numbers are expected to be higher in 2017.

“One size fits all” approach to opioid addiction treatment **does not work**. Many people benefit from treatment with medication assisted treatment for varying lengths of time, including lifelong treatment.

Opioid addiction in some instances requires care management for effective treatment. Treatment methods that help patients stabilize, achieve remission of symptoms, and establish and maintain recovery.



## MEDICATION ASSISTED TREATMENT

Medication Assisted Treatment is an evidenced based treatment program which includes a full biopsychosocial approach to treating substance abuse. This comprehensive approach to treatment incorporates medical, psychiatric, and behavioral health care to those addicted to opiates. Treatment may include any of the following:

- Methadone, Suboxone, Vivitrol, buprenorphine, Naloxone (Narcan), Naltrexone, and others that may assist recovery.
- Individual and group counseling to trauma, depression, anxiety, etc.
- Psychiatric overlay services
- Assessments, biopsychosocial evaluations
- Individual and group psychotherapy
- Medical Services
- Residential
- Inpatient/Outpatient Services
- Detoxification (Detox)
- Assessment
- Case Management Services
- Outreach/Educational
- Peer Support Outreach
- Recovery Support Services
- Muscle aches and pains
- Anxious or nervous
- Inability to think, talk, or walk normally
- Extremely pale and/or feels clammy to the touch
- Body goes limp or weakness
- Fingernails or lips have a purple or blue color
- Vomiting or making gurgling noises
- Cannot be awakened or are unable to speak
- Trouble breathing or shallow breaths
- Heartbeat slows or stops

## WHAT ARE THE SIGNS?

Opioid overdose is life-threatening and requires immediate emergency attention. Recognizing the signs of opioid overdose is essential to saving lives.

Call **911 immediately** if a person exhibits any of these symptoms: