

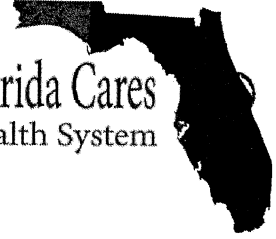
**Board of Directors' Agenda**  
**Thursday, April 18, 2019**  
**3:00 PM – 5:00 PM**  
**Central Florida Cares Health System, Inc.**  
**Board Room**



<b>I.</b>	<b>Welcome/Introductions</b>	Debbie Owens	5 minutes
<b>II.</b>	<b>Board Member Officer Terms</b>	Maria Bledsoe	5 minutes
<b>III.</b>	<b>Financial Report</b>	Mark Broms	
	<ul style="list-style-type: none"> <li>• Financial Report</li> </ul>	Doug Shaw	20 minutes
<b>IV.</b>	<b>Consent Agenda</b>	Board	5 minutes
	<ul style="list-style-type: none"> <li>• Approve February 21, 2019 Minutes</li> <li>• Board Membership Renewal (Mark Broms)</li> <li>• Finance Comm. Minutes Draft</li> </ul>		
<b>V.</b>	<b>Organizational Updates</b>	Maria Bledsoe	30 minutes
	<ul style="list-style-type: none"> <li>• Getting the Board on Board</li> <li>• Legislative</li> <li>• Reinvestment Grant</li> <li>• Ad-Hoc Contracts Committee</li> <li>• Board By-Laws and Policies</li> <li>• Board Committee Members Needed (Secretary, Finance, Compliance/Quality Improvement, Ad-Hoc Nominating)</li> <li>• Strategic Plan (see handout)</li> <li>• Success Story Video Clip</li> </ul>		
<b>VI.</b>	<b>Introduce CFCHS' Employees</b>	Group	3 minutes/per person
	<ul style="list-style-type: none"> <li>• Michael Lupton (Tech Soup)</li> <li>• Nikaury Munoz</li> <li>• Katherine Lamont</li> <li>• Dannielle Hart</li> </ul>		
<b>VII.</b>	<b>Planning Council</b>	Nelson Kull	3 minutes
<b>VIII.</b>	<b>Other/Public Input</b>	Group	3 minutes/person
<b>IX.</b>	<b>Adjourn - Next Board of Director's Meeting</b>	Group	1 minute
	<ul style="list-style-type: none"> <li>• Thursday, June 20, 2019, 3:00-5:00 pm</li> </ul>		

**Board of Directors' Meeting Minutes  
Thursday, February 21, 2019  
Central Florida Cares Health System, Inc.  
Board Room**

Central Florida Cares  
Health System



**ATTENDANCE**

**Central Florida Cares Health System Board of Directors**

Charles Rogers, President, ELC of Osceola  
Debbie Owens, Vice President, Seminole Prevention Coalition  
Robert Wayne Holmes, Secretary, Retired Asst. State Attorney/Consumer Advocate  
Mark Broms, Treasurer, Brevard Homeless Coalition  
Enrique Aponte, Consumer Advocate  
Richard Barlow, Park Place Behavioral Healthcare  
Valerie Holmes, Brevard Family Partnership  
Tara Hormell, Children's Home Society  
Belinda Johnson-Cornett, Osceola Community Health Service  
Ken Peach, Health Council of East Central Florida  
David Solomon, Walt Disney  
Bill Vintroux, Circles of Care

**Central Florida Cares Health System, Inc. Staff**

Maria Bledsoe, Chief Executive Officer  
Anna Lowe, Chief Operation Officer  
Michael Lupton, Chief Information Officer  
Doug Shaw, Chief Financial Officer  
Maria Iddings, ROSC Specialist  
Angela Gambino, Care Coordination  
Colleen McManus, Housing Specialist  
Kristen Juliano, Adult Behavioral Health Specialist  
Karla Pease, Executive Assistant and Recording Secretary

**Guests**

Anna Baznik, IMPOWER  
Jessica Hixon, IMPOWER  
Nelson Kull, Pathways Drop In  
Minga Perkins, CoC  
Cari Mortellaro, CoC

**Meeting Called to Order**

Central Florida Cares Health System, Inc. (CFCHS) Board of Directors' meeting was held on Thursday, February 21, 2019, at 3:00 p.m. at 707 Mendham Blvd., Suite 201, Orlando, FL 32825. CFCHS' Board President called the meeting to order at 3:00 p.m.

## **Financial Report**

CFO made notice of the hard copy Financial Statements and Supplemental Information and Communications with the Finance Committee in their packets provided by our auditors.

CFO reviewed the December financial statements.

- Statement of Financial Position was shown for the first 6 months of the FY.
- Revenues and Expenses were shown for 6 months. Provider bills were at \$6M; new category for contribution revenue for donations received.
- Utilization rate by OCA in percentages and expenditures by OCA in dollars were shown.
- OCA underspending is mostly due to start-up of new contracts.
- GHME1 amendments were reviewed.

*Richard Barlow made a motion to approve the financial report as presented, Mark Broms seconded, motion passed.*

## **Consumer Presentation**

A consumer spoke about what an impact the care coordination program has made in improving her life and how she struggled with addictions, but has now become a productive person in society. She thanked the board for supporting the care coordination program so she could focus only on herself getting better, while her needs were being met by the program.

## **Consent Agenda Items**

*Tara Hormell made a motion to approve the consent agenda items, Debbie Owens seconded, motion passed.*

## **Organizational Updates** – Presented by the CEO

- MDL Opioid Suit – The presiding judge amended the suit to expand the scope. The requested documents were provided to the attorney.
- Toney Group / Well Care – met with Well Care. Discussed scope of work, identified opportunities for improving following up on covered services (recouping for paid Medicaid services). After they finish meeting with all MEs, a next steps plan will be developed.
- Grant Writer – interviews are on-going.
- FAME coordinating meeting with new secretary for the first week of March. FAME has met the new secretary. CEO will meet with numerous legislators while in Tallahassee.
- CFCHS submitted Reinvestment Grant.
- CFCHS submitted legislative appropriation for SOR in region.
- CARF accreditation award is for 3 years.
- GHME1 contract expires in 2020; CFCHS is developing the scope for Grant Writer to focus on GHME1.
- A Board member resigned and potentially two more are resigning. CFCHS is working on fulfilling vacancies.
- IMPOWER was toured after their recent remodeling of the facility.

**Planning Council** – Nelson Kull, Pathways Drop-In Center, stated their board meeting did not occur due to Hurricane Michael. They are serving ~45-55 people daily with showers, food, and apartment rooms for \$275.

**CFCHS Employees**

The following employees introduced themselves and briefly told members their duties:

- Angela Gambino, Care Coordination Specialist
- Colleen McManus, Housing Specialist
- Kristen Juliano, Adult Behavioral Health Specialist

**Other/Public Input**

- CEO mentioned the February issues of *An Inside Look*, which is a bi-monthly News Brief created as a result of the CFCHS' Board Survey, a Board member's suggestion at a meeting, and CARF recommendations. *An Inside Look* will highlight successes, what's new, etc.
- Bill Vintroux thanked the CEO for coming to Circles of Care's Annual Board Retreat on a Saturday. He mentioned CFCHS' staff are very dedicated employees and work very hard.

**Adjourn**

The next Board of Directors' Meeting will be Thursday, April 18, 2019 at 3 pm.

*Wayne Holmes made a motion to adjourn, David Solomon seconded, motion passed.*

The meeting adjourned at 4:02 p.m.

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Charles Rogers  
President

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Karla K. Pease  
Recording Secretary

# Central Florida Cares Health System, Inc. February 2019 Financials

Presented by Doug Shaw, CFO

**Central Florida Cares Health System, Inc**  
**Statement of Financial Position - Unaudited**  
**At 2/28/2019 and 1/31/2019**

	<u>2/28/2019</u>	<u>1/31/2019</u>
<b>Assets</b>		
Current Assets		
TD Bank	2,080,874	3,090,348
Accounts Receivable	12,703,388	12,178,438
Prepaid Insurance	10,123	12,653
Prepaid Expenses	16,844	16,844
Deposits	26,375	26,375
Total Current Assets	<u>14,837,604</u>	<u>15,324,658</u>
Long-term Assets		
Property & Equipment	1,110,933	1,110,933
Accum Depreciation	<u>(917,783)</u>	<u>(917,783)</u>
Total Long-term Assets	<u>193,150</u>	<u>193,150</u>
Total Assets	<u><u>15,030,754</u></u>	<u><u>15,517,809</u></u>
<b>Liabilities</b>		
Short-term Liabilities		
Accounts Payable	6,651,967	6,928,225
Wages Payable	118,140	117,536
Federal Payroll Taxes Payable	9,038	8,992
403(b) Payable	2,581	2,498
Deductions Payable	897	897
Deferred Revenue	1,860,612	1,085,670
CarryForward Funds	2,032,933	2,062,083
Interest & Other Payable to DCF	18,176	8,080
Advance Due to DCF CY	3,904,184	4,880,230
Total Short-term Liabilities	<u>14,598,527</u>	<u>15,094,211</u>
Total Liabilities	<u>14,598,527</u>	<u>15,094,211</u>
<b>Unrestricted Net Assets:</b>		
Prior Year Excess Revenues	380,605	380,605
Curr Year Excess Revenues	51,622	42,992
Total Unrestricted Net Assets	<u>432,228</u>	<u>423,598</u>
Total Liabilities and Net Assets	<u><u>15,030,754</u></u>	<u><u>15,517,809</u></u>



**Central Florida Cares Health System, Inc.**  
**Statement of Revenues and Expenses - Unaudited**  
**For the Month and Eight Months Ended 2/28/2019**

	<u>Feb 2019</u>	<u>YTD</u>
Program Services Revenue:		
DCF	\$ 6,811,244	\$ 52,928,164
FLINC	8,833	60,027
Orange County	6,679	53,433
Total Operating Revenue	<u>6,826,757</u>	<u>53,041,624</u>
Expenditures:		
Program Services Expenses	6,630,444	51,299,424
Personnel Expenses	142,270	1,199,767
403(b) Fees	1,075	1,544
Accounting Fees		18,186
Conferences & Conventions	3,050	9,255
DCF Unallowables	43	69
Dues & Subscriptions	1,464	33,774
Insurance	2,531	19,683
Legal Fees	70	4,077
Needs Assessment/Benchmarking		15,752
Office Equipment		1,286
Office Furn & Fixture		574
Outreach and Awareness		1,000
Payroll Processing Fees	586	4,753
Printing & Publications		4,316
Professional Services Other	1,314	10,512
Recruiting and Screening		598
Rent-Building	15,759	126,074
Rent-Equipment	866	4,415
Software Development	-	79,389
Software Expense	12,078	107,987
Supplies & Postage	257	3,243
Telephone, Internet & Conf	3,616	24,908
Trainings & Seminars	20	5,352
Travel Local & In-State	2,684	13,995
Total Expenditures	<u>6,818,127</u>	<u>52,989,933</u>
Operating Revenue over Expenditures	8,630	51,691
Other Revenue and Expenses:		
Contribution Revenue		1,576
Contribution Revenue		<u>(1,644)</u>
Net Other Revenue (Expense)	<u>-</u>	<u>(68)</u>
Net Revenue over Expenditures	<u>\$ 8,630</u>	<u>\$ 51,622</u>

# GHME1 Amendments

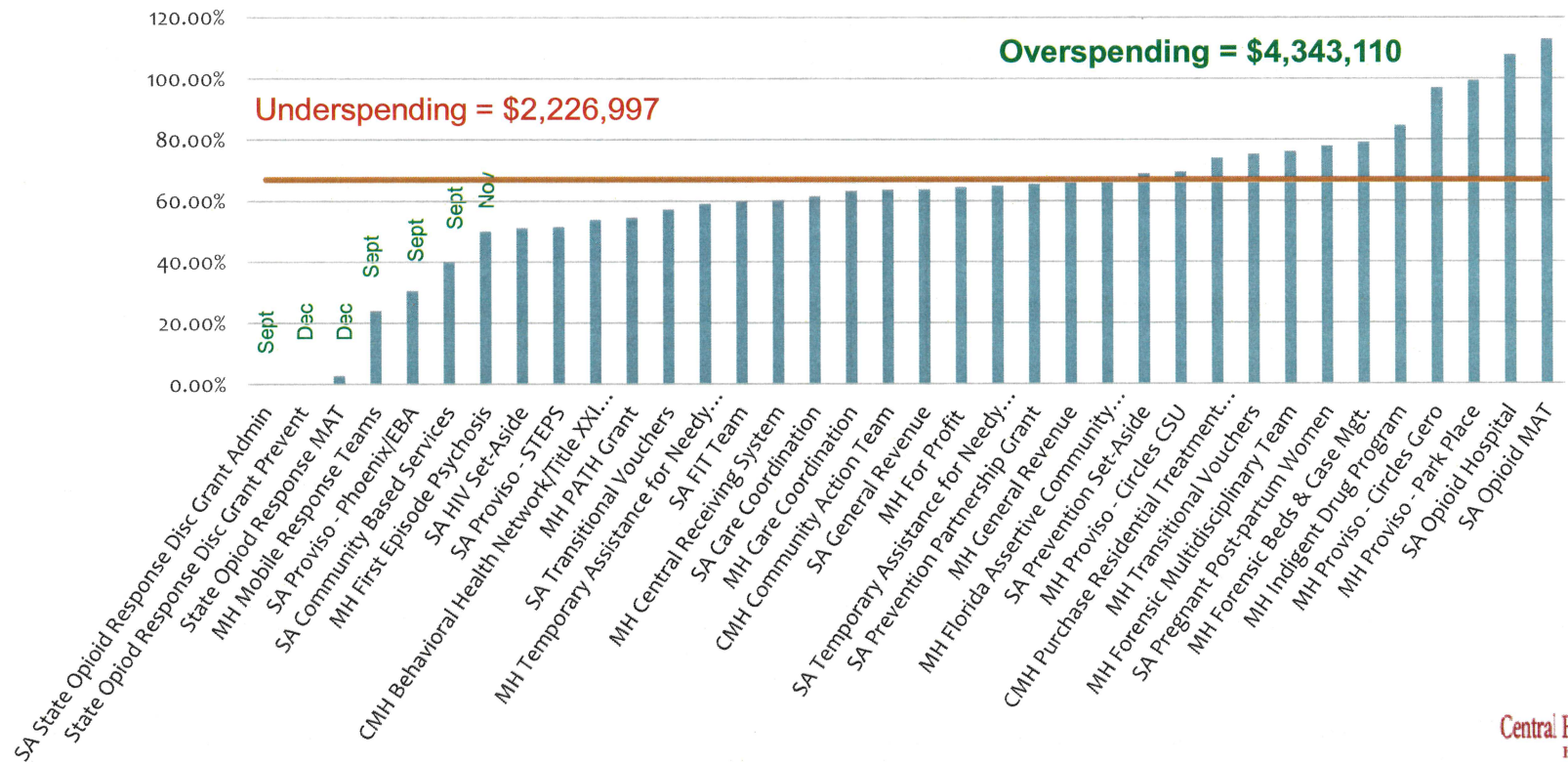
Amendment Number	Executed	Purpose	Budget
Final FY1718			\$72,746,048
33	8/16/18	FY1819 Complete Re-write, no budget yet	-
34	9/20/18	FY1819 Budget	\$79,313,031
35	11/9/18	Added \$600k for Phoenix Affiliates Proviso	\$79,913,031
36	12/21/18	Added \$2,016,226 for SOR	\$81,929,257
37	<b>2/18/19</b>	To add \$1,632,600 for Hurricane Maria \$947,983 for STR	\$84,509,840



# Utilization Rate by OCA YTD 2/28/2019

Network = 64.0%  
Target = 66.7%

Dates in green are when funding was received



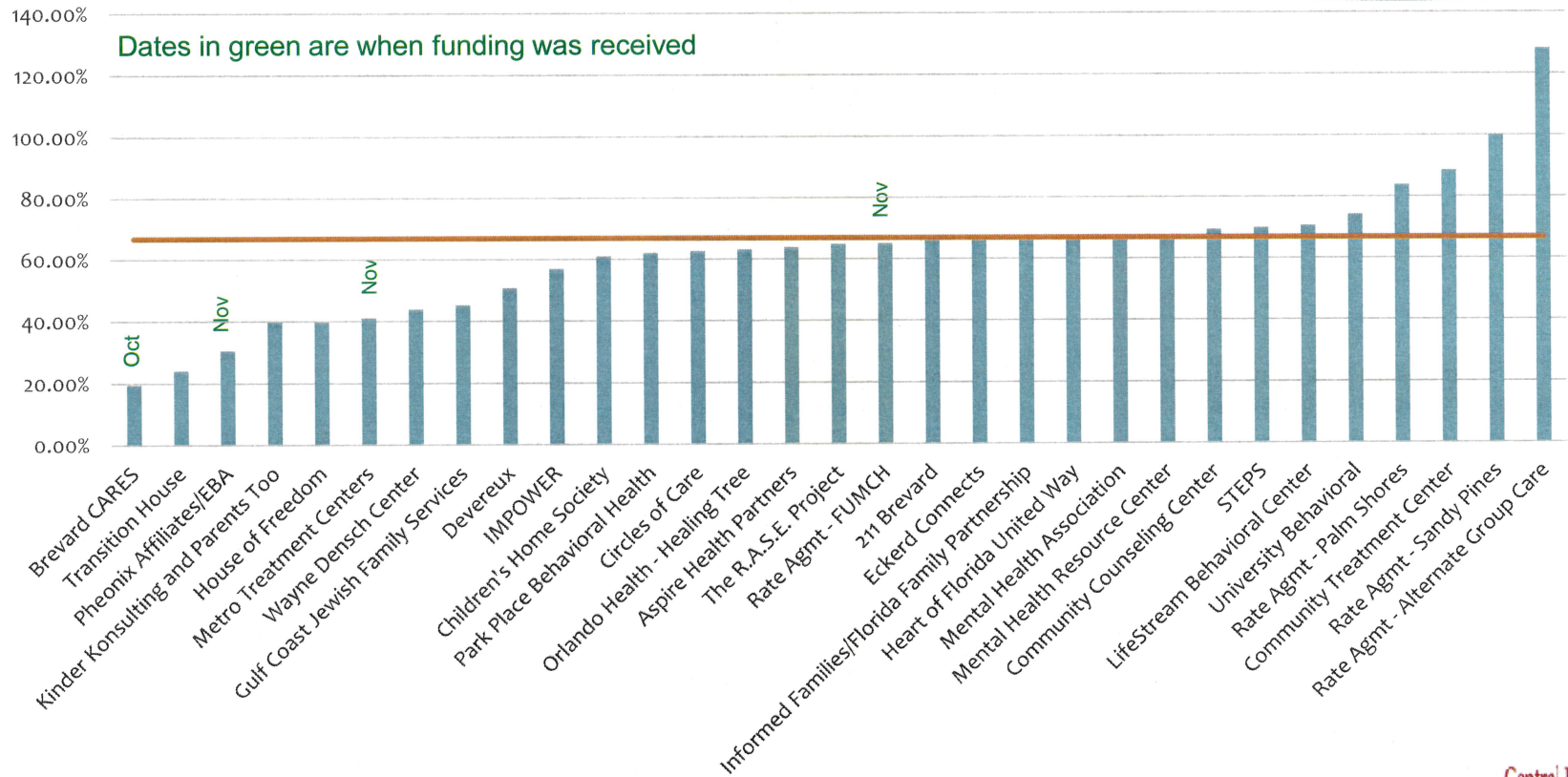
FEBRUARY 2019 YTD - OCA EXPENDITURE and UTILIZATION SUMMARY

OCA Description	Sch of Funds (Amend 37)	Expenditures Thru Feb2019	% Utilization	Target	Notes
ME Admin Costs	\$2,357,779	\$1,499,549	63.6%	66.7%	
ME Care Coordination	\$144,938	\$93,261	64.3%	66.7%	
ME Housing Coordination	\$102,500	\$71,088	69.4%	66.7%	
<b>ME TOTAL</b>	<b>\$2,605,217</b>	<b>\$1,663,898</b>	<b>63.9%</b>	<b>66.7%</b>	
General MH – 24hr Care Residential, Ambulatory, CSU, Baker Act, Inpatient Crisis, Prevention	\$26,034,999	\$17,132,152	65.8%	66.7%	
Early Intervention Svc -Psychotic Disorders	\$750,000	\$375,000	50.0%	66.7%	Funded Aug18. Aspire. Evidence Based Practice training is scheduled for March
State Funded for Profit Sub-recipients	\$232,652	\$149,865	64.4%	66.7%	
Grants PATH	\$394,583	\$215,003	54.5%	66.7%	Aspire had a staff vacancy. We may move money from Park Place to Circles
Osceola Mental Health - Park Place	\$150,000	\$149,150	99.4%		
Circles of Care – Crisis Stabilization	\$500,000	\$347,076	69.4%	66.7%	
Circles of Care - Geropsychiatric	\$900,000	\$872,809	97.0%	66.7%	
Purchase of Residential Treatment Svs for Emotionally Disturbed Children and Youth	\$390,183	\$288,767	74.0%	66.7%	
Community Forensic Beds	\$524,474	\$414,905	79.1%	66.7%	
Florida Assertive Community Treatment	\$3,558,091	\$2,398,833	67.4%	66.7%	
Indigent Psychiatric Medication Program	\$69,078	\$58,469	84.6%	66.7%	
Title XXI Children's Health Insurance Program – Behavior Health Network	\$1,192,788	\$640,914	53.7%	66.7%	
MH Care Coordination	\$507,089	\$320,662	63.2%	66.7%	Providers are increasing their care coordinators
Community Forensic Multidisciplinary Teams for Hospital Diversion	\$652,000	\$496,636	76.2%	66.7%	
Temporary Assistance for Needy Families	\$661,245	\$390,307	59.0%	66.7%	Researching moving money to other providers
Community Action Treatment Team	\$3,000,000	\$1,908,541	63.6%	66.7%	
Mobile Crisis Teams	\$1,163,384	\$278,337	23.9%	66.7%	Funded on 9/20. Contract executed on 10/31. Teams in operation. Billing will start in Dec for Devereux and they will bill YTD.
Centralized Receiving Facilities	\$4,618,430	\$2,779,702	60.2%	66.7%	
Transition Vouchers Mental Health	\$189,009	\$142,167	75.2%	66.7%	
SA Services and Support	\$18,089,504	\$11,528,074	63.7%	66.7%	
HIV Services	\$675,294	\$345,353	51.1%	66.7%	Researching moving money to other providers. <b>May not spend all of this.</b>
Prevention Services	\$2,701,177	\$1,858,222	68.8%	66.7%	
Prevention Partnership Grant	\$571,106	\$373,126	65.3%	66.7%	
FL Targeted Response to Opioid-Hospital	\$150,000	\$161,787	107.9%	66.7%	Program is open and serving clients. Provider had technical barriers entering data. Problem resolved in Oct. Increased locations to FL Hosp, Orl Health. 2nd highest in state in STR spending. <b>Asking providers to stop enrolling. May get more money from govt or other providers</b>
FL Response to Opioid Crisis	\$2,897,520	\$3,272,388	112.9%	66.7%	2nd highest in state in STR spending. <b>May get more money from govt or other providers</b>
Projects Expansion of Substance Abuse Services for Pregnant Women and their Families	\$1,883,426	\$1,465,759	77.8%	66.7%	
Family Intensive Treatment	\$1,062,184	\$635,318	59.8%	66.7%	Family enrollment in on target. As usual, we will carryforward any unspent funds.
Phoenix Affiliates	\$600,000	\$183,088	30.5%	66.7%	Funding received 9.20.18, contract executed 9.25.18. Spending is getting started now.
Specialized Treatment, Education and Prevention Services-Women's Residential Treatment	\$150,000	\$77,258	51.5%	66.7%	Billing to CFCHS will increase because other funding sources were spent first
Care Coordination	\$217,324	\$133,617	61.5%	66.7%	Providers are increasing their care coordinators
Temporary Assistance for Needy Families	\$660,359	\$428,242	64.8%	66.7%	
Community Based Services	\$2,039,181	\$816,451	40.0%	66.7%	Funding received 9/20/18. SOC and Contracts working together to allocate in accordance with our LBR and wait list. Oct SOC and Contracts allocated the funds, obtained Executive Committee approval, and began discussions with providers. Nov Amendments finalized.
State Opioid Response Disc Grant Admin	\$104,316	\$0	0.0%	66.7%	received funding on 12/21/18
State Opioid Response Disc Grant Prevent	\$149,022	\$0	0.0%	66.7%	received funding on 12/21/18. <b>Will spend quickly</b>
State Opioid Response MAT	\$1,762,888	\$48,448	2.7%	66.7%	received funding on 12/21/18. <b>Will spend quickly</b>
Transition Vouchers Substance Abuse	\$122,734	\$70,155	57.2%	66.7%	
<b>PROVIDER TOTAL</b>	<b>\$79,324,040</b>	<b>\$50,756,581</b>	<b>64.0%</b>	<b>66.7%</b>	
<b>TOTAL</b>	<b>\$81,929,257</b>	<b>\$52,420,479</b>	<b>64.0%</b>	<b>66.7%</b>	

Highlighted in red if < 50% (75%x66.7%)

# Utilization Rate by Provider YTD 2/28/2019

Network = 62.2%  
Target = 66.7%



## Provider Expenditures – February 2019 YTD – Ranked by Utilization

Provider	1819 Budget	Expenditures thru Feb2019	Utilization	Target	Over(Under) thru Feb2019*	Notes
Brevard CARES	183,410	35,828	19.5%	66.7%	(86,446)	Started Oct
Transition House	546,000	131,402	24.1%	66.7%	(232,598)	
Pheonix Affiliates/EBA	600,000	183,088	30.5%	66.7%	(216,912)	started 11.1.19
Kinder Konsulting and Parents Too	19,417	7,708	39.7%	66.7%	(5,237)	
House of Freedom	565,571	224,620	39.7%	66.7%	(152,427)	
Metro Treatment Centers	500,000	205,170	41.0%	66.7%	(128,163)	
Wayne Densch Center	416,848	182,728	43.8%	66.7%	(95,170)	Added \$91k funding in Nov18
Gulf Coast Jewish Family Services	221,584	100,111	45.2%	66.7%	(47,612)	
Devereux	1,999,291	1,014,829	50.8%	66.7%	(318,032)	MRT started in Nov. Bnet controlled by the state
IMPOWER	1,246,075	709,295	56.9%	66.7%	(121,422)	Behind in Oct. At target in Jan.
Children's Home Society	2,839,228	1,731,054	61.0%	66.7%	(161,765)	
Park Place Behavioral Health	6,460,780	4,014,146	62.1%	66.7%	(293,041)	
Circles of Care	14,056,630	8,800,482	62.6%	66.7%	(570,605)	
Orlando Health - Healing Tree	101,075	63,802	63.1%	66.7%	(3,581)	
Aspire Health Partners	40,600,223	25,904,798	63.8%	66.7%	(1,162,018)	
The R.A.S.E. Project	261,498	169,273	64.7%	66.7%	(5,059)	working with them
Rate Agmt - FUMCH	17,910	11,640	65.0%	66.7%	(300)	
211 Brevard	146,213	96,575	66.1%	66.7%	(900)	
Eckerd Connects	2,109,501	1,401,933	66.5%	66.7%	(4,401)	
Mental Health Association	75,000	50,000	66.7%	66.7%	0	
Informed Families/Florida Family Partne	150,000	100,000	66.7%	66.7%	0	
Heart of Florida United Way	172,569	115,046	66.7%	66.7%	0	
Mental Health Resource Center	2,372,635	1,599,490	67.4%	66.7%	17,733	
Community Counseling Center	212,000	147,034	69.4%	66.7%	5,701	
STEPS	3,083,704	2,157,325	70.0%	66.7%	101,522	
LifeStream Behavioral Center	1,117,364	789,391	70.6%	66.7%	44,482	
University Behavioral	274,809	203,730	74.1%	66.7%	20,524	
Rate Agmt - Palm Shores	\$7,776	\$6,525	83.9%	66.7%	\$1,341	
Community Treatment Center	589,592	521,935	88.5%	66.7%	128,874	
Rate Agmt - Sandy Pines	50,264	50,264	100.0%	66.7%	16,755	
Rate Agmt - Alternate Group Care	21,360	27,360	128.1%	66.7%	13,120	
<b>Grand Total</b>	<b>\$81,018,327</b>	<b>\$50,756,581</b>	<b>62.6%</b>	<b>66.7%</b>	<b>(3,255,637)</b>	
* Over(under) takes the YTD expenditure minus the pro-rated budget.						
So, \$50,756,581 - (8/12 x 81,018,327) = -3,255,637.						

## Provider Expenditures – February 2019 YTD – Ranked by Budget

Provider	1819 Budget	Expenditures thru Feb2019	Utilization	Target	Over(Under) thru Feb2019*	Notes
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So, \$50,756,581 - (8/12 x 81,018,327) = -3,255,637.						

# Five Points - Analysis of FY1819 bills - as of 2.28.19

Five Points - Analysis of FY1819 bills - as of 2.28.19					
Vendor ID	Document Date	Document Description	TSA \$12,010/mo	Amend 1 \$74,995	Amend 2 \$30,400 NTE*
FivePoints	7/31/2018	July2018 Maintenance	12,010.00		
FivePoints	8/31/2018	August2018 Maintenance	12,010.00		
FivePoints	9/18/2018	Amendment 001 - Deliverable 1 XML file and testing		24,985.00	
FivePoints	9/30/2018	September 2018 Maintenance	12,010.00		
FivePoints	10/31/2018	October2018 Maintenance	12,010.00		
FivePoints	11/30/2018	Nov2018 Maintenance & Amendment 2			13,126.15
FivePoints	11/30/2018	Nov2018 Maintenance & Amendment 2	12,010.00		
FivePoints	12/31/2018	December 2018 Maintenance	12,010.00		
FivePoints	12/31/2018	Amend 001 Chapters 5 thru 9 - Deliverable 3		24,985.00	
FivePoints	1/31/2019	January 2019 Maintenance	12,010.00		
FivePoints	1/31/2019	Amendment 002 - Programming			2,948.80
FivePoints	1/31/2019	Amendment 002 - Programming			13,343.70
FivePoints	10/28/2019**	Amendment 001 - Deliverable 2 - Chapters 3-4		24,985.00	
FivePoints	2/28/2019	February 2019 Maintenance	12,010.00		
			<b>\$96,080.00</b>	<b>\$74,955.00</b>	<b>\$29,418.65</b>
* NTE = not to exceed					
**Note: Amendment 2, Deliverable 2 bill was received in March 2019					

# QUESTIONS



# 2018-2020 CFCHS Strategic Plan Update

**Goal 1: Develop alternative revenue sources that do not involve DCF funds (\$60K in new revenue)**

1. Update on Fundraising Committee
2. Received Reinvestment Grant Award for Brevard County - \$61,590.00.
3. Collaborating with Seminole County Sheriff's Office on System of Care Expansion Grant - \$47,290.00/yr. for 3 years.

**Goal 2: Identify at the county level specific social determinants of care with the most impact on improving behavioral health.**

1. Awaiting the 2019 CFCHS Behavioral Health Needs Assessment. Will be presented to the board in June 2019.
2. Once the needs assessment is complete, the strategy for social determinants of care with the most impact on improving behavioral health will be developed.

**Goal 3: Encourage peer counseling and support. (Complete the inventory and include in provider contracts during renewal process.)**

1. CFCHS Network Contracts include peer counseling and support services.
2. CFCHS contracts with RASE, a peer run recovery support organization.

**Goal 4: Share knowledge about behavioral health trends and new approaches with all team members.**

1. These are shared at staff meetings, community speaking engagements, and Quarterly Reports that are emailed to Board Members.

**Goal 5: Improve community knowledge about behavioral health to reduce the stigma and broaden early recognition for earlier stage treatment.**

1. Identify board members who met with legislators and CEO.
  - Senator Bracy – Muriel Jones
  - Senator Rouson – Richard Barlow, Park Place Behavioral
  - CEO met with 20 legislators in 9 months
2. Work with local broadcasts and social media to improve MH and reduce use of banned substances.
  - Miora's Mix Company – an opioid discussion
  - Z88.3 Project Opioid
  - OC Drug Task Force Press Conference
  - Governor DeSantis Press Conference
3. Provide speakers for civic, faith, fraternal, etc.
  - Circles of Care Board Member Retreat
  - Orange County CHIB - Health Dept.
  - Majestic Life Church (Faith)
  - Rotary Breakfast Club – scheduled for May 3<sup>rd</sup> (Civic)
  - Advent Health: Take the Offense Against Opioid/SAMH and Opioid Resources
  - Orange County Peer Navigators, Physicians/Dentist/Interns



# AN INSIDE LOOK



## CFCHS' April News Brief

### Mobile Response Team Story #1

A clinician responded to a crisis call from a middle school for a student who had recently self-harmed and they suspected the student had been having suicidal ideation. The mother was present and the clinician spoke with them together, after asking the student about her preference. The student opened up and the clinician took time listening to her story and assessing. School was ending and as the student was stable and interested in getting help, they agreed to move the session to the family's home a few miles from the school. The clinician followed the family and continued the intervention at the home. The student was able to create a safety plan with the clinician and the mother, and no Baker Act was needed. The clinician linked the family with Wraparound Orange and joined in the meetings to assist with the transition. The family was having issues with their insurance, so the clinician provided follow-up counseling services until the insurance was sorted out. The clinician also worked with the client and her father (as the parents were divorced) and visited at his house as well. One day the client had another crisis and the clinician was able to de-escalate the client and educate them about a voluntary assessment. The client and mother were interested in doing a voluntary assessment, as the client stated she was unsure if she could remain safe that night. The family followed the clinician to the closest crisis stabilization unit and the clinician waited with the family for a few hours before the client was able to be assessed. The client was admitted and the clinician followed up when she returned home. The clinician linked counseling and psychiatric services, and the clinician also assisted in transitioning the client to the new counselor by joining the intake session. The clinician made sure the family was satisfied with the service before discharging.



Maria Bledsoe speaks at Governor DeSantis' Press Conference

### Praises to CFCHS...

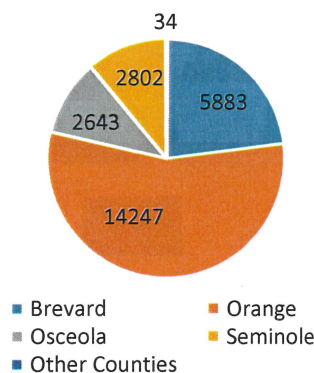
During CFCHS' monitoring of Mental Health Resource Center (MHRC), Geovanna Dominguez had the opportunity to speak with supervisors and managers that have contact with several other Managing Entities throughout the state. MHRC staff commended CFCHS by saying it was great to work with CFCHS' staff, praised our communication, and our level of technical assistance and support. MHRC also spoke highly of Spenser Strode, and his interaction with their agency, and expressed appreciation for Stephanie Smith and Kristen Juliano's assistance regarding issues involving FACT teams.

### Mobile Response Team Story #2

A clinician responded to a crisis call from a high school for a student who had been having suicidal ideation. A school staff member joined for most of the intervention and was able to also provide support. At the beginning of the intervention, the student identified she was feeling at an 8 on a scale of 1-10 (1 = very low suicidal ideation & 10 = very high suicidal ideation). After building a rapport, assessing, identifying triggers, and working with the student to identify her strengths and protective factors, the student reported feeling at a 2. The clinician updated the parent when she arrived to the school and they were all able to develop a safety plan together. No Baker Act was necessary and the clinician updated the rest of the school staff that was involved and exchanged contact information. The clinician worked with the student weekly until she was linked to counseling services. The clinician found a private practice that accepted the family's insurance that was located on the way home from school for the student and was able to do a combination of individual and family therapy. The clinician was able to provide the new counselor with some background information and follow up with the family after the intake to ensure they made it and were satisfied with the referral.

### Clients Served this YTD

#### By County



#### By Service

