

# **COMNUNITY RESOURCES**

## **Governor DeSantis Updates**

Follow Governor Ron DeSantis press conferences and updates at <a href="https://www.flgov.com">https://www.flgov.com</a>

### **Health Resources**

➤ Florida Department of Health- <a href="https://floridahealthcovid19.gov/">https://floridahealthcovid19.gov/</a> COVID-19 Call Center is available 24/7, 1 (866) 779-6121 COVID-19@flhealth.gov

### **Mental Health Resources**

- > Florida Department of Children and Families- https://www.myflfamilies.com/ News and updates for childcare, mental health and substance abuse around Florida.
- National Suicide Prevention Lifeline- Call 1-800-273-8255, text MHFA to 741741 to talk to a Crisis Text Line counselor or visit https://suicidepreventionlifeline.org/
- > Substance Abuse and Mental Health Services Administration's Disaster Distress Helpline- 800-985-5990
- ➤ <u>Veterans Crisis Line</u>- Call 1-800-273-8255 and press 1 or visit https://www.veteranscrisisline.net/
- > Connections by CHESS Health App- A free, evidence-based mobile app proven to provide ongoing support and relapse prevention to people recovering from substance-use-disorders.
- ➤ 211 Helpline Florida- The United Way is aiding those who effected by the coronavirus pandemic. If you or somebody you know needs help, please reach out through calling, texting, chatting, or emailing. Call 2-1-1 or (352) 332-4636. Calling is available 24 hours a day, 7 days a week. Text your zip code to 898-211.
- ➤ <u>National Council for Behavioral Health</u>-Information and guidance for providershttps://www.thenationalcouncil.org/covid19/
- <u>Crisis Centers</u> provide 24/7 free, confidential emotional support- Dial 211 or visit crisiscenter.com
- National Council for Behavioral Health- https://www.thenationalcouncil.org/
   COVID-19 behavioral health resources for the public and behavioral health organizations

➤ Mental Health First Aid- https://www.mentalhealthfirstaid.org/

Advice on helping others, as well as ourselves, with depression, anxiety and other mental health disorders.

### **Food Relief**

- Meals for Kids- Agriculture Commissioner Nikki Fried on Wednesday activated a text line and call center to find free meals for kids during school closures related to the coronavirus. The Florida Department of Agriculture and Consumer Services partnered with 2-1-1 to create the resources. Floridians can text FLKIDSMEALS to 211-211 to find the closest participating Summer Break Spot location with meals available. Residents can also call 2-1-1 to speak with a live operator for additional information- <a href="https://summerbreakspot.freshfromflorida.com/">https://summerbreakspot.freshfromflorida.com/</a>
- Feeding Florida- https://www.feedingflorida.org/ Local food pantries may begin facing shortages as the coronavirus pandemic worsens. Feeding Florida features a way to donate to nonprofits and community-based organizations that provide food and other resources to our most vulnerable populations. Feeding Florida also allows those in need of food to search for their nearest food pantry.

### **Elderly Assistance**

- ➤ Elder Helpline Information and Assistance Service-Information regarding elder services and activities is available through the Elder Helpline Information and Assistance service within each Florida County. All Elder Helplines can be accessed at 1-800-96-ELDER (800-963-5337)
- > Florida Department of Elder Affairs- http://elderaffairs.state.fl.us/ News, programs and resources for Florida's elderly population, the most effected by the virus.
- Senior Shopping Hours- Grocery stores around Florida have designated a special "Senior Hour" outside of their normal business hours to give those most vulnerable to the virus first access to food and necessities:
  - o Publix- Open for shoppers 65+ on Tuesday's and Wednesdays from 7am-8am
  - O Whole Foods- Open to shoppers 60+ one hour before opening to the general public
  - o Target- Will reserve the first hour of shopping each Wednesday for vulnerable guests
  - o Walmart- Will open one hour early every Tuesday for shoppers 60+
  - o Dollar General- Will dedicated the first hour of each day to seniors
  - o Fresh Market- Will dedicate 8am-9am on Monday through Friday for seniors
- Long Term Care Providers <a href="https://www.fhca.org/facility\_operations/coronavirus">https://www.fhca.org/facility\_operations/coronavirus</a>

### **Small Businesses**

> Florida Small Business Emergency Bridge Loan Program- https://floridadisasterloan.org/ Short-term, interest free loan applications for small businesses.

### Tax Relief

Tax Day has been extended until July 15, 2020 read more about it at <a href="www.irs.gov/coronavirus">www.irs.gov/coronavirus</a>

### **Federal Resources**

- > CDC Coronavirus Disease 2019- https://www.cdc.gov/coronavirus/index.html Latest news and updates from the Center for Disease Control.
- Department of Homeland Security- https://www.ready.gov/pandemic Guidelines on pandemics and national security.
- > World Health Organization- https://www.who.int/emergencies/diseases/novel-coronavirus-2019

Live international updates, advice and news.

- ➤ <u>Department of Education- https://www.ed.gov/coronavirus</u> Resources for students and school personnel on the coronavirus.
- White House- Whitehouse.gov President Donald Trump's Coronavirus Guidelines for America
- CDC- Getting Your Home Ready- <a href="https://www.cdc.gov/coronavirus/2019-ncov/prepare/get-your-household-ready-for-COVID-19.html">https://www.cdc.gov/coronavirus/2019-ncov/prepare/get-your-household-ready-for-COVID-19.html</a>
  Guidance on preparing households for the COVID-19 pandemic.

## **Housing & Utilities**

> Tri-County (Orange, Osceola and Seminole Counties) **Homeless services Response and Protocol** by all our homeless service providers in the region. A COVID19 Hotline for service providers to seek guidance when they encounter individuals who are symptomatic (with fever above 100.4 and with cough, or difficulty breathing, etc.). If someone is in distress, call 911.

This hotline is hosted by Health Center for the Homeless. They will provide advice and assessment to shelters, day service centers, outreach, etc.

**HOTLINE** # **407-458-6737** between 8:00am – 8:00pm

The HOTLINE and Health Care Center of the Homeless (HCCH) as the referral entity. All shelter/outreach providers are encouraged to call the hotline for guidance. Additionally, prior to calling the HCCH hotline, please fill out the form associated with this link. <a href="https://forms.gle/uW6yduma7PrXJN7J8">https://forms.gle/uW6yduma7PrXJN7J8</a>

- Mortgage Flexibility Federal regulators through the mortgage giants Fannie Mae and Freddie Mac are ordering lenders to offer homeowners flexibility. Visit <a href="https://www.fanniemae.com">https://www.fanniemae.com</a>
- ➤ Power companies around Florida, such as Duke Energy, will not disconnect any customer's service for non-payment, in order to give customers experiencing financial hardship extra time to make payments. Power companies will continue to read meters and send bills. Customers should pay what they can to avoid building up a large balance that will be harder to pay off later.
- > If you are unable to pay your mortgage due to the COVID-19 pandemic, talk to your mortgage lender about Home Loans Special Payment Forbearance and loan extensions to assist with suspending payments.

### **Transportation**

> Florida Department of Transportation- <a href="https://www.fdot.gov/">https://www.fdot.gov/</a>
Follow for updates to Florida's public transportation system. Toll fare will now only be paid by SunPass or Toll-by-Plate.

## **Public Assistance & Employment**

- Florida Public Assistance- https://floridapa.org/
  The Florida Public Assistance is accepting grant applications from those effected by COVID-19 until April 12, 2020
- Florida Department of Children and Families SNAP
  For food assistance visit https://access.dcf.state.fl.us/access
- Department of Economic Opportunity- Floridajobs.org
  Apply for job openings in Florida's state government. Click on the Re-Employment Assistance
  Service Center to learn more about applying for unemployment assistance.
- ➤ <u>US Department of Labor-</u> <u>https://www.osha.gov/SLTC/covid-19/</u> Provides news, facts and resources about the coronavirus to employees.
- > Information about filing for unemployment and reemployment resources https://www.stateofflorida.com/articles/florida-unemployment/

### K-12 Education

- > Florida Department of Education- <a href="http://www.fldoe.org/em-response/index.stml">http://www.fldoe.org/em-response/index.stml</a> Issues daily updates on distant learning options and the extended Spring Break vacation.
- > Resources for Families- <a href="http://fldoe.org/em-response/resources-families.stml">http://fldoe.org/em-response/resources-families.stml</a>

Resources and private offers made available by the state of Florida and private companies to families during the extended spring break.

### **Pet Care**

Humane Society- <a href="https://www.humanesociety.org/">https://www.humanesociety.org/</a>
Humane Societies around Florida are providing dog and cat food to the public through their food assistance programs listed on their website

### **Price Gouging**

To report price gouging call 1-866-9NO-SCAM (1-866-966-7226) or go online at <a href="https://www.MyFloridaLegal.com">www.MyFloridaLegal.com</a>

#### **Informational Posters**

- > What your need to know about COVID-19- https://www.floridaleagueofcities.com/docs/default-source/resources/coronavirus/fact-sheet-(english).pdf?sfvrsn=6b2fd5d5\_2
- > What the public should do- https://www.floridaleagueofcities.com/docs/default-source/resources/coronavirus/what-should-the-public-do.pdf?sfvrsn=9f2fd5d5\_2
- COVID-19 Symptoms- https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf
- ➤ What to do if you are sick with COVID-19- https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf
- Reemployment Assistance Frequently Asked Questionshttp://www.floridajobs.org/docs/default-source/ra-dua-documentation/dua-faqs-3-17-20updates.pdf

# The Florida Managing Entities (MEs)

MEs are not-for-profit organizations contracted by the Department of Children and Families to oversee state-funded mental health and substance abuse treatment services across the state of Florida. The MEs contracts with a Provider Service Network that will provide the services and support needed by both adults and children in our community. The list below names the seven (7) MEs, their service regions, and website links.

Big Bend Community Based Care www.bigbendcbc.org
Serving Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Holmes, Jackson, Jefferson, Leon, Liberty, Madison, Okaloosa, Santa Rosa, Taylor, Wakulla, Walton, and Washington counties.

- Broward Behavioral Health Coalition Serving Broward county.
  www.bbhcflorida.org
- Central Florida Behavioral Health Network, Inc. www.cfbhn.org
  Serving Charlotte, Collier, DeSoto, Glades, Hardee, Highlands, Hendry, Hillsborough,
  Lee, Manatee, Pasco, Pinellas, Polk and Sarasota counties.
- Central Florida Cares Health System www.centralfloridacares.org
- > Serving Brevard, Orange, Osceola and Seminole counties.
- ➤ Lutheran Services Florida www.lsfnet.org
- > Serving Alachua, Baker, Bradford, Citrus, Clay, Columbia, Dixie, Duval, Flagler, Gilchrist, Hamilton, Hernando, Lake, Lafayette, Levy, Marion, Nassau, Putnam, St. Johns, Sumter, Suwannee, Union and Volusia counties.
- Thriving Mind South Florida (South Florida Behavioral Health Network, Inc.) www.thrivingmind.org
  Serving Miami-Dade and Monroe counties.
- > Southeast Florida Behavioral Health Network www.sefbhn.org
- > Serving Indian River, Martin, Okeechobee, Palm Beach and St. Lucie counties.