

# 2022 Cultural Health Disparity and Behavioral Health Needs Assessment

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HIGHLIGHTS FROM THE STATEWIDE REPORT AND TRENDS IN  
BREVARD COUNTY

# Statewide Report Components

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## DATA COMPONENTS

- Demographic Profile
- General Health Assessment
- Individuals Served Profile
- Homelessness Population Profile
- Homeless Individuals Served Profile

## SURVEYS AND FOCUS GROUPS

- Cultural Health Disparity Survey and Focus Groups
- No Wrong Door Survey and Focus Groups
- Individuals Served Survey
- Stakeholder Survey
- Recovery Community Peer Support Specialists Survey

# Mental Health America – Florida Rankings

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2022 Rankings – A score of 1-13 indicated that there was a lower prevalence of mental health and higher rates of access to care

#1 – Adults with Substance Use Disorder in the Past Year – up from #14 in 2019

#2 – Overall Prevalence of Mental Health – up from #9 in 2019

#3 – Adult Prevalence of Mental Health – up from #8 in 2019

#5 – Youth Prevalence of Mental Health – up from #26 in 2019

#6 – Adults with Serious Thoughts of Suicide – down from #1 in 2019

#45 – Youth with MDE Who Did Not Receive Mental Health Services – down from #28 in 2019

MDE – Major Depressive Episode

# Statewide Findings

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## SUMMARY

# Statewide Findings

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## INCREASED

The number of unhealthy mental days

Seriously mentally ill adults (estimated number)

Emotionally disturbed youth, 9-17 years

% of students having never smoked cigarettes

% of students not consuming alcohol (past 30 days)

## DECREASED

Crude suicide death rate

Total domestic violence offences

Children experiencing child abuse

Child sexual abuse

% of students binge drinking

% of students using marijuana on one or more occasions (past 30 days)

# COVID-19

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INSIGHTS GAINED THROUGH FOCUS GROUP RESEARCH

# COVID-19

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## Insights gained through focus group research

- Services covered by resort dollars were cut due to national and international lockdowns
  - Resulted in staff cuts which reduced the numbers of individuals that could be served
- Some industries are still unable to find qualified candidates to hire
  - Offering bonuses or increased salary are not always viable options
- Organizations in strong financial positions were able to hire away staff from those with limited budgets

## Silver Lining

- MEs worked closely with the NSPs to convert an entire system of care to telehealth and other non-traditional settings to ensure continuity of care
  - Did not come without costs

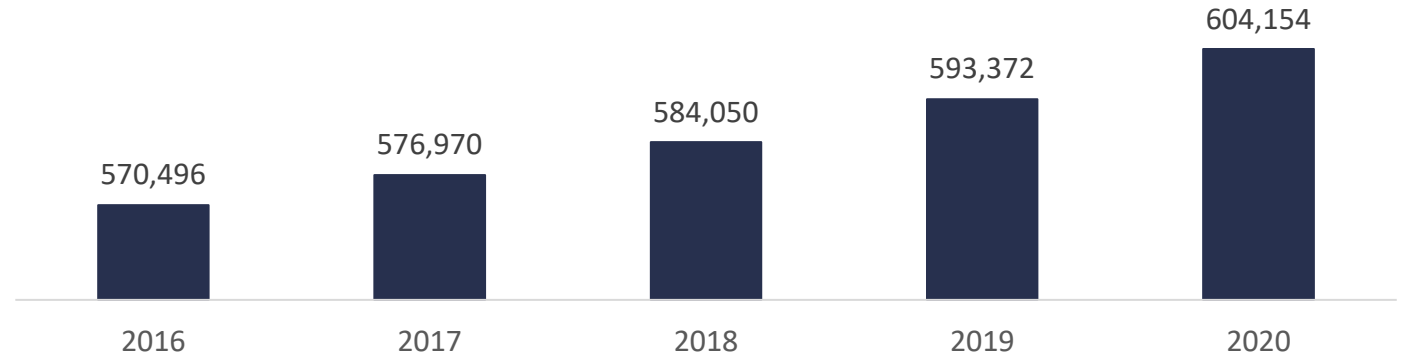
# Brevard County Trends

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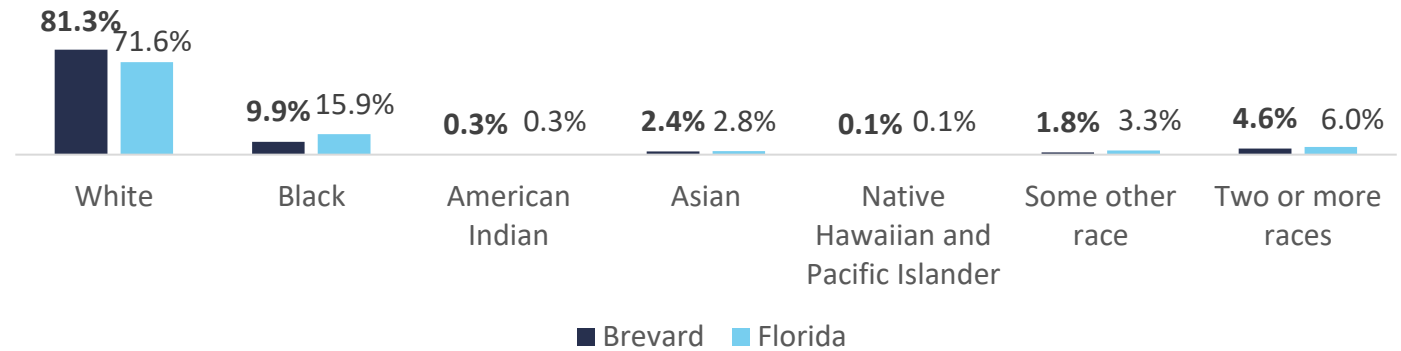
DATA FROM THE 2022 BHNA COUNTY REPORT



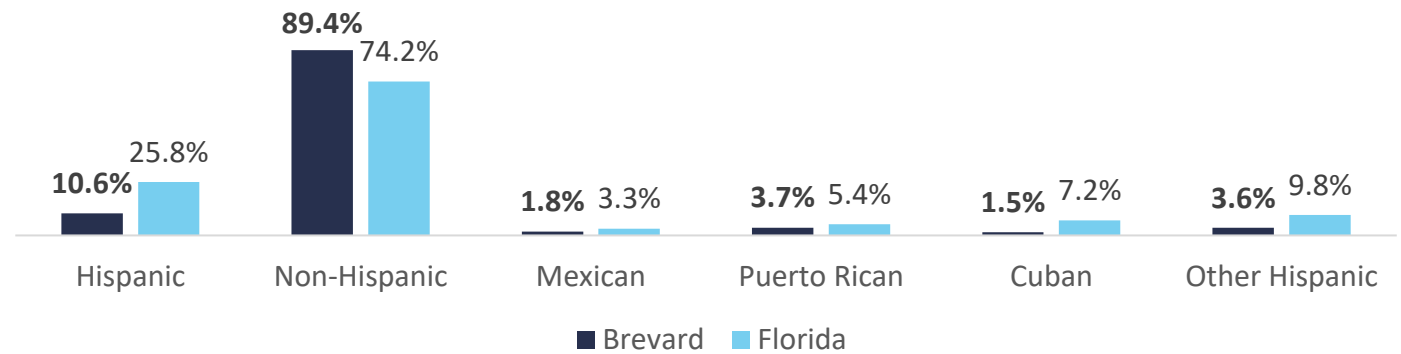
## Population



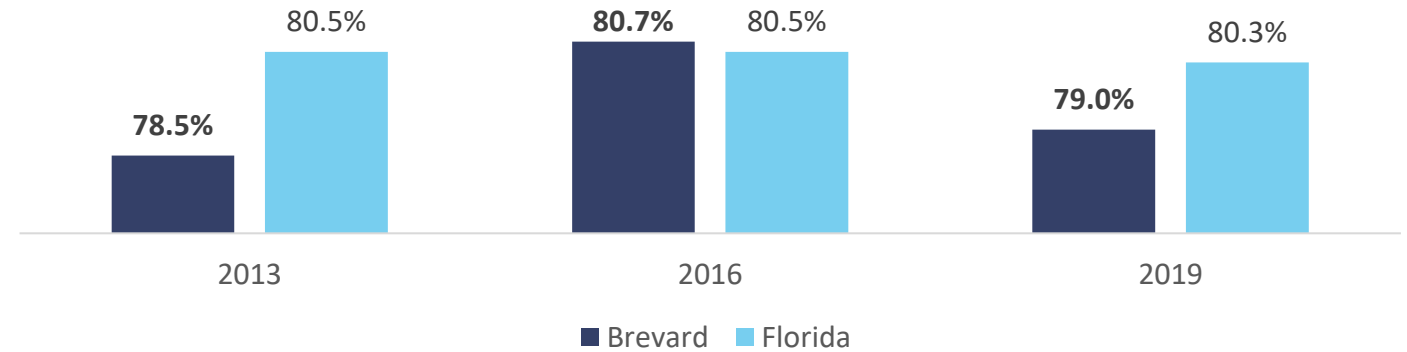
## Population by Race



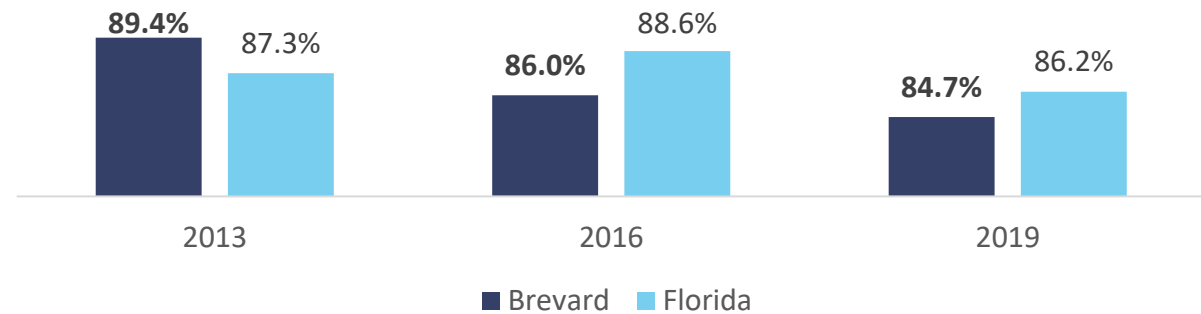
## Population by Ethnicity



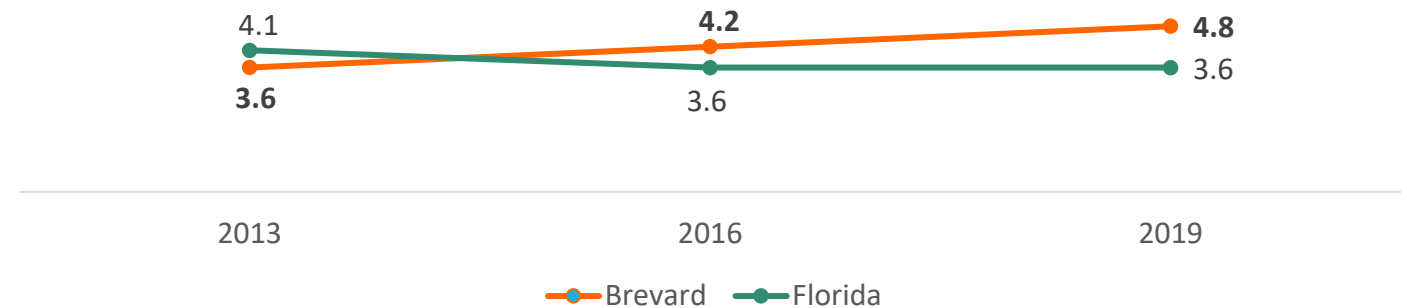
Overall health good to excellent



Good mental health past 30 days

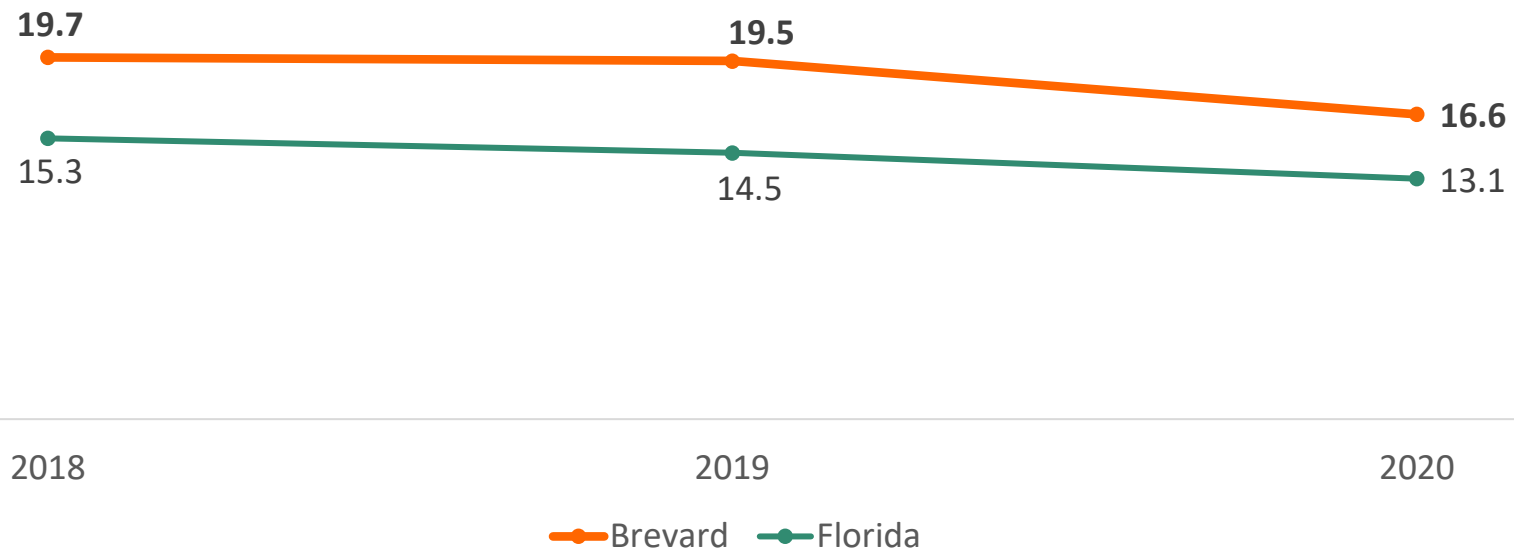


Average number of unhealthy mental days in past 30 days



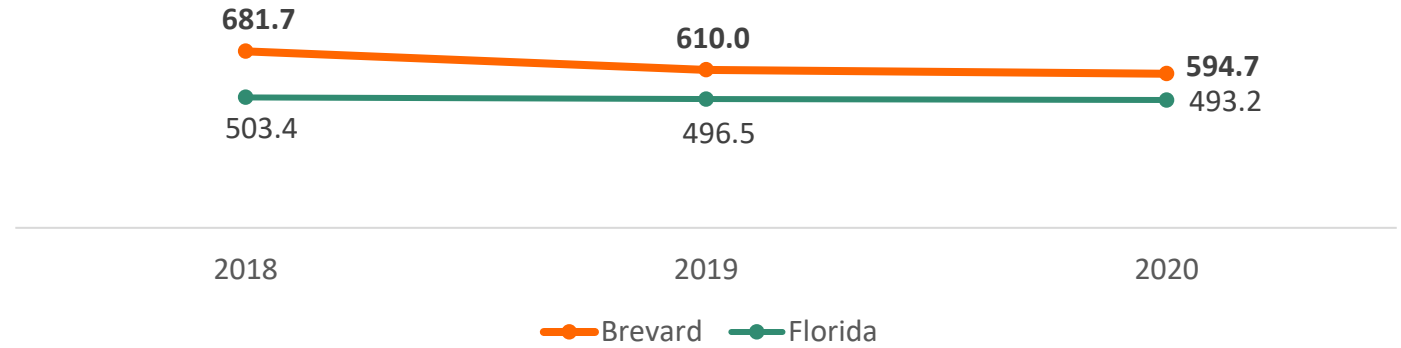
# AADR – Suicide

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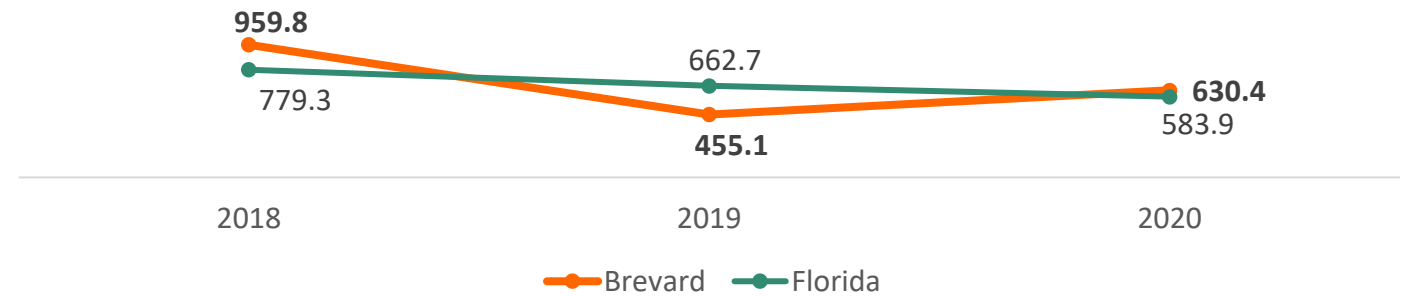


Higher rates among Whites, Males, and Non-Hispanics when compared to other groups

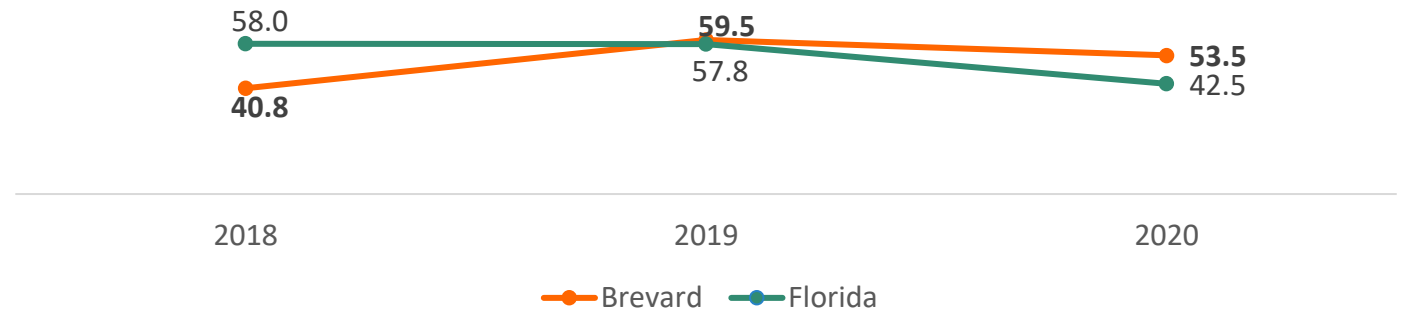
## Total domestic violence offenses



## Children experiencing child abuse (5-11 yrs.)

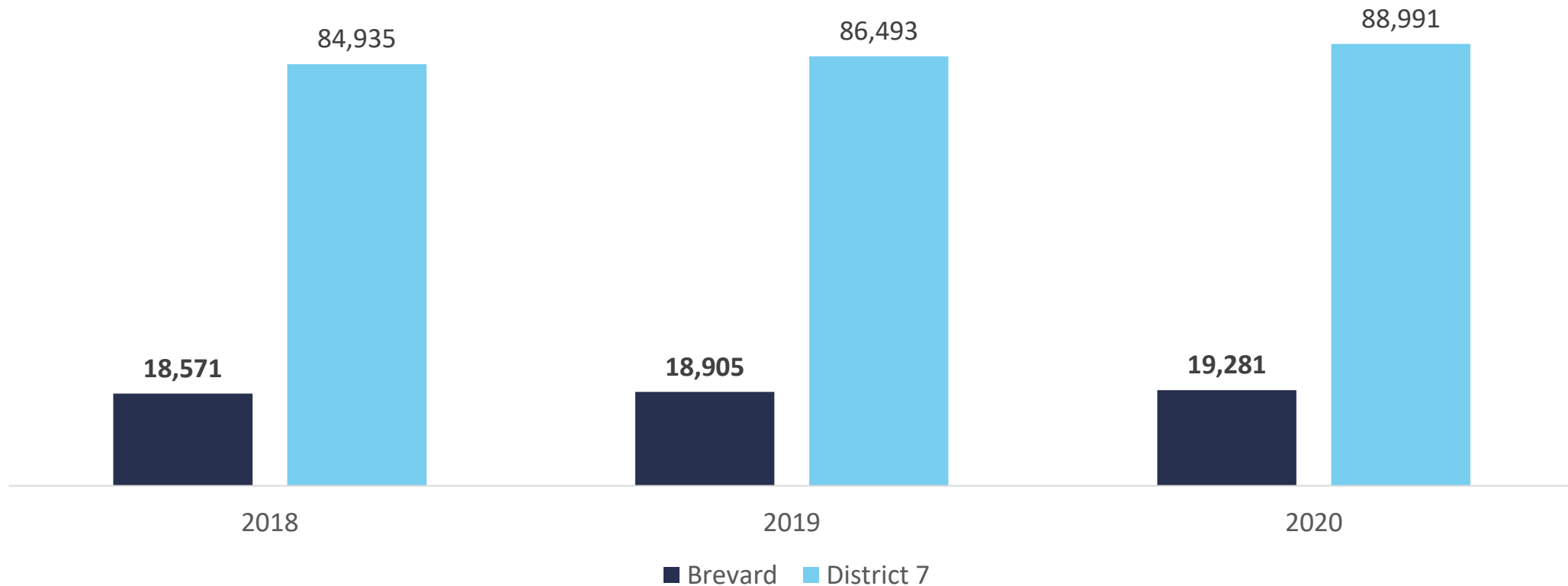


## Children experiencing sexual violence (5-11 yrs.)

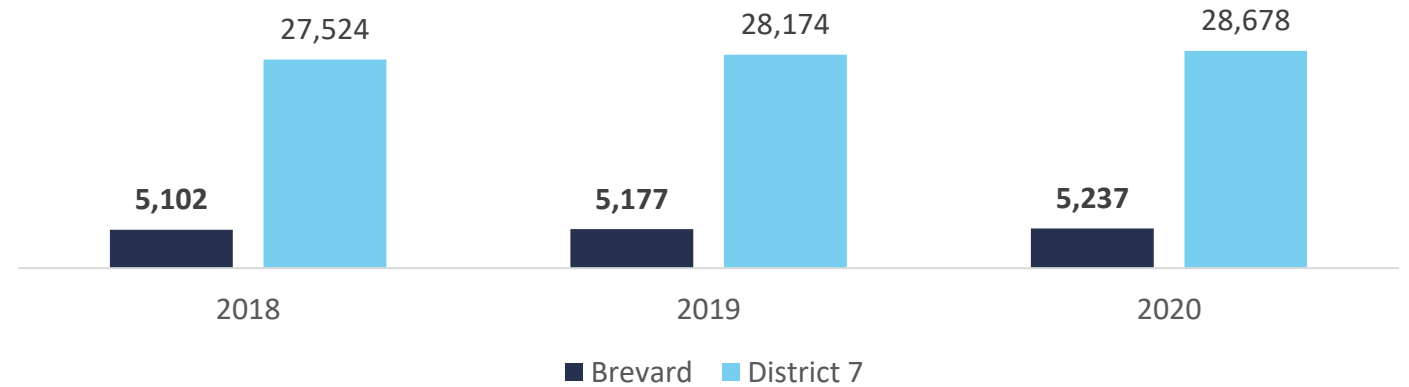


# Number of Seriously Mentally Ill Adults (estimated)

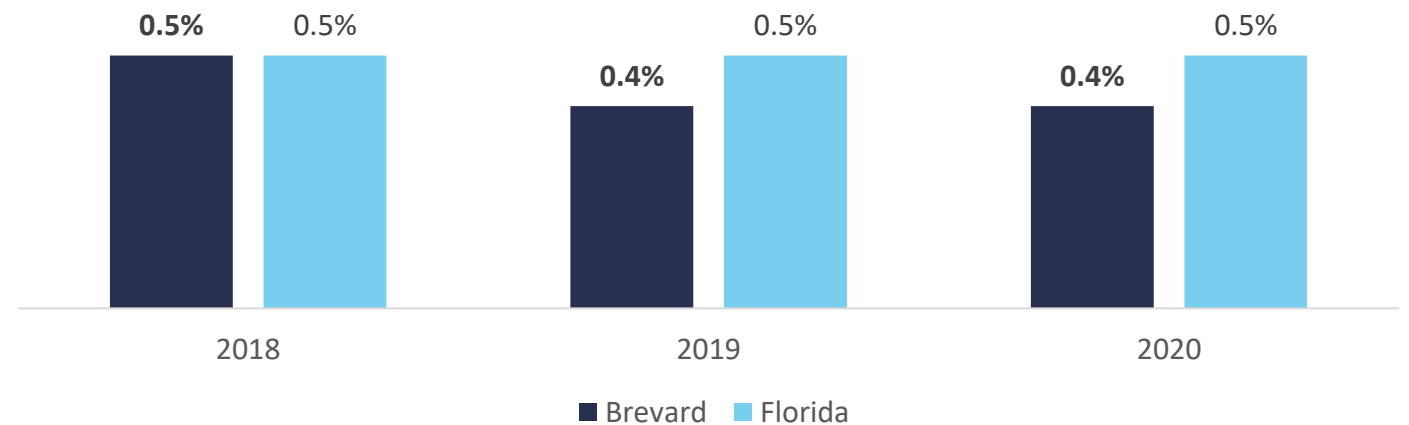
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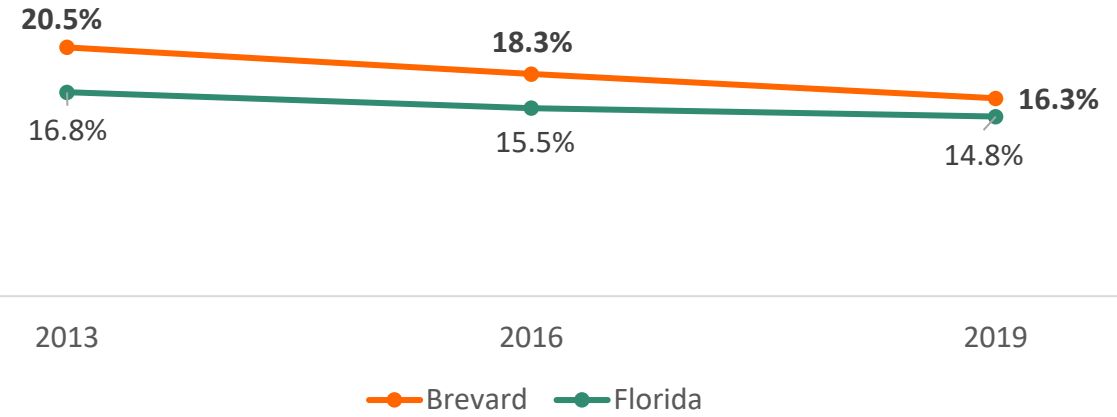
## Emotionally disturbed youth (9-17 yrs.)



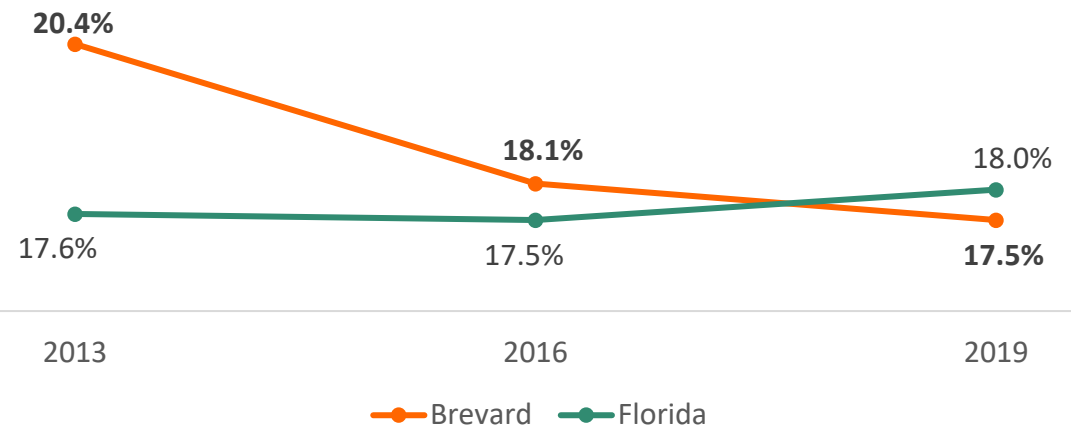
## Children with emotional/behavioral disability (Grades K-12)



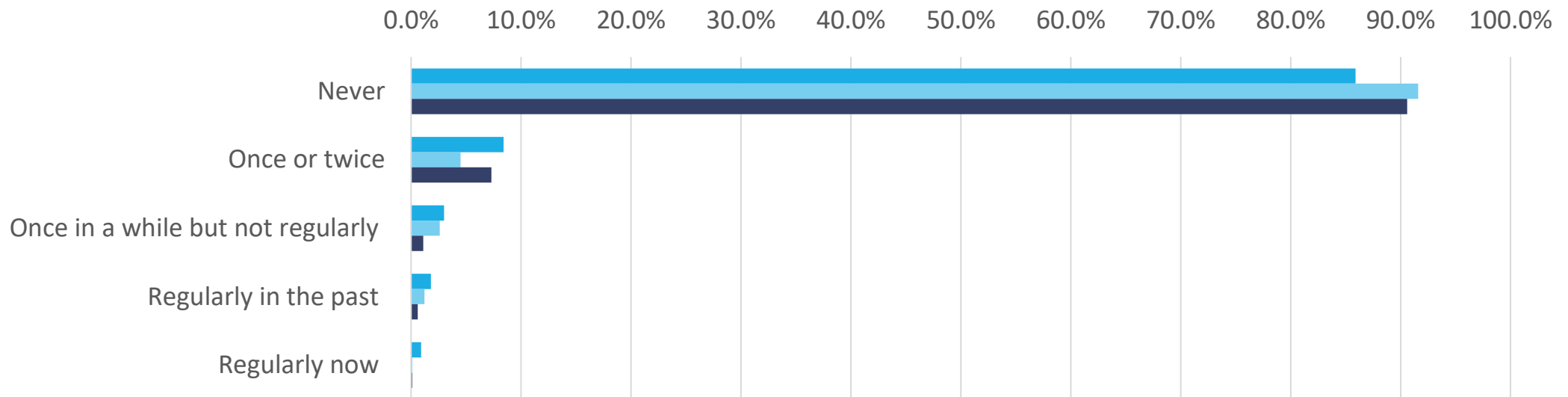
Adults who are current smokers



Adults who engage in heavy or binge drinking



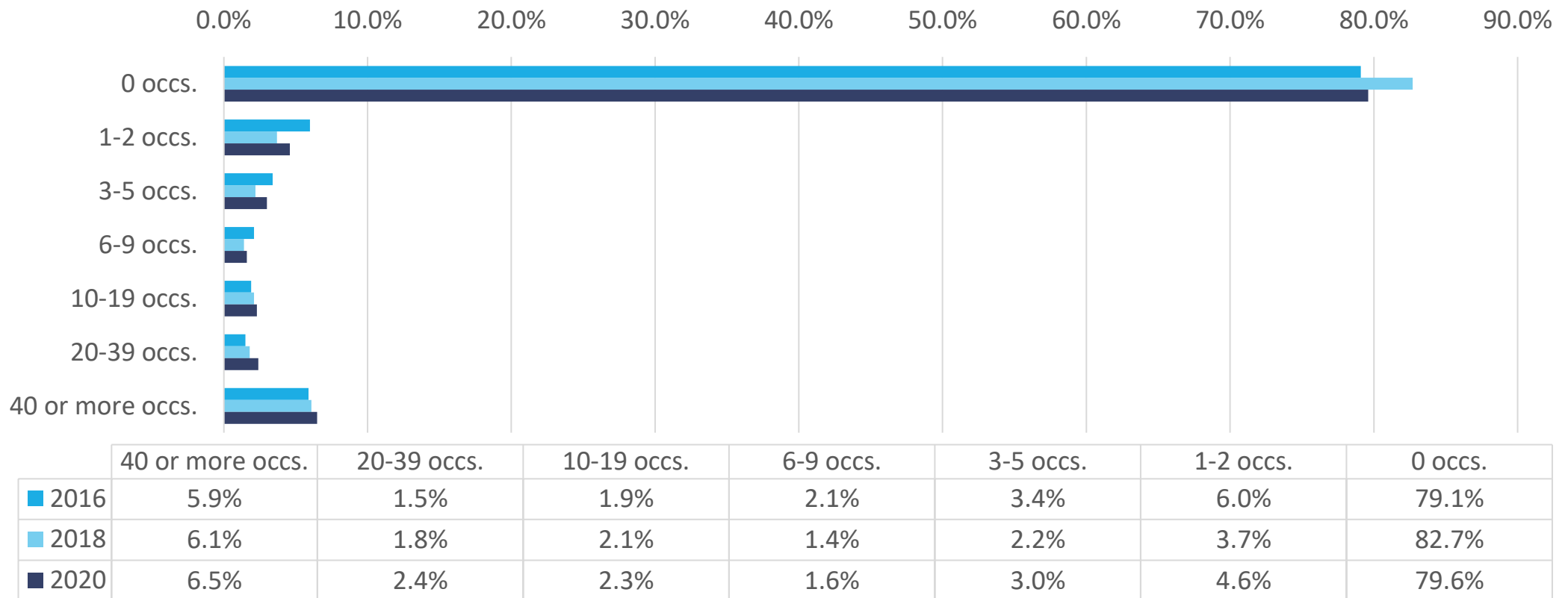
# Have you ever smoked cigarettes? (MS & HS)



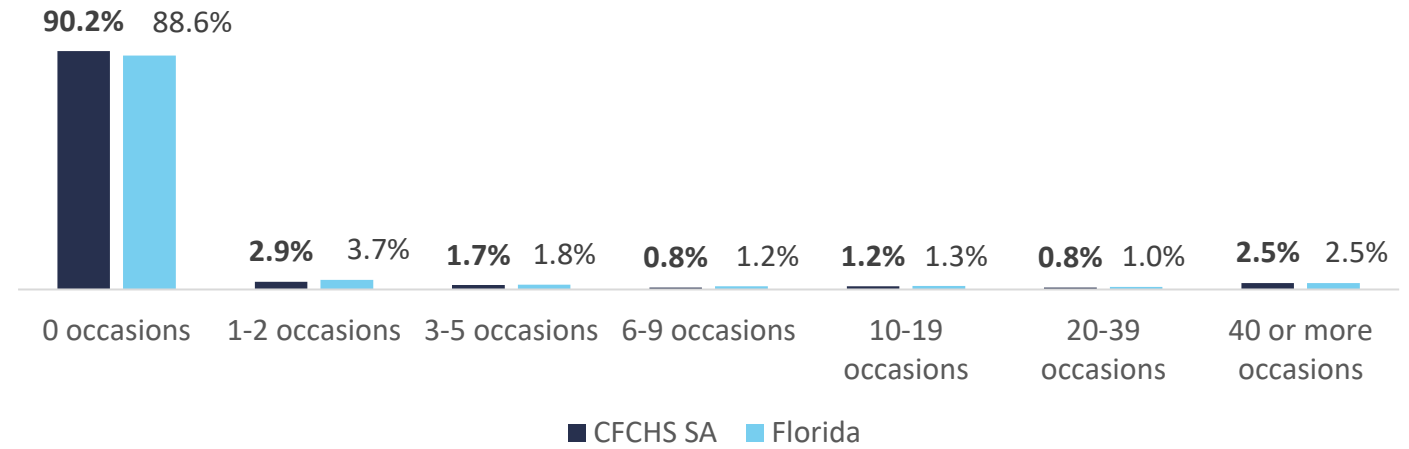
	Regularly now	Regularly in the past	Once in a while but not regularly	Once or twice	Never
2016	0.9%	1.8%	3.0%	8.4%	85.9%
2018	0.1%	1.2%	2.6%	4.5%	91.6%
2020	0.1%	0.6%	1.1%	7.3%	90.6%



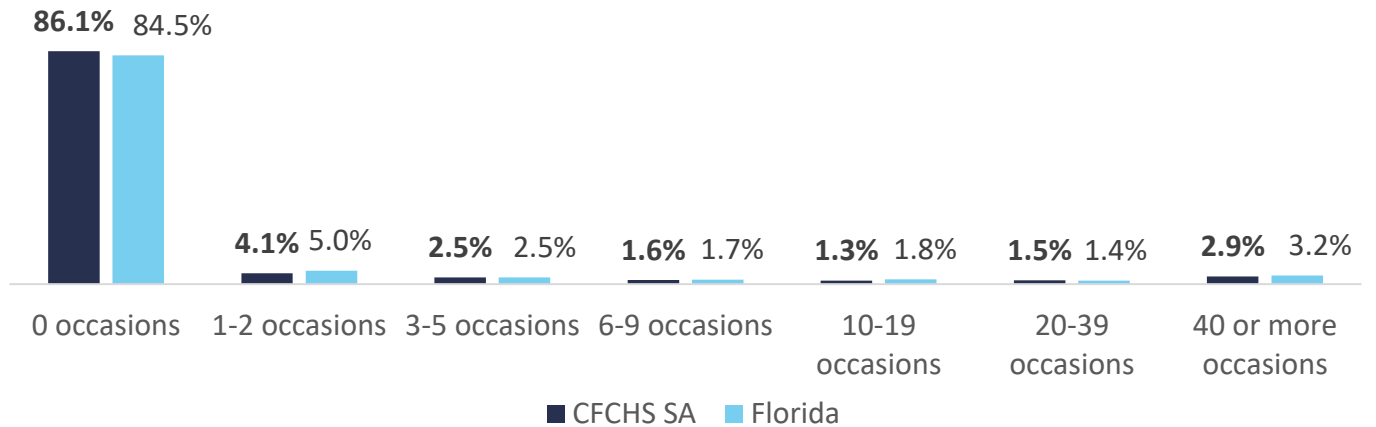
# On how many occasions have you used marijuana in your lifetime? (MS & HS)



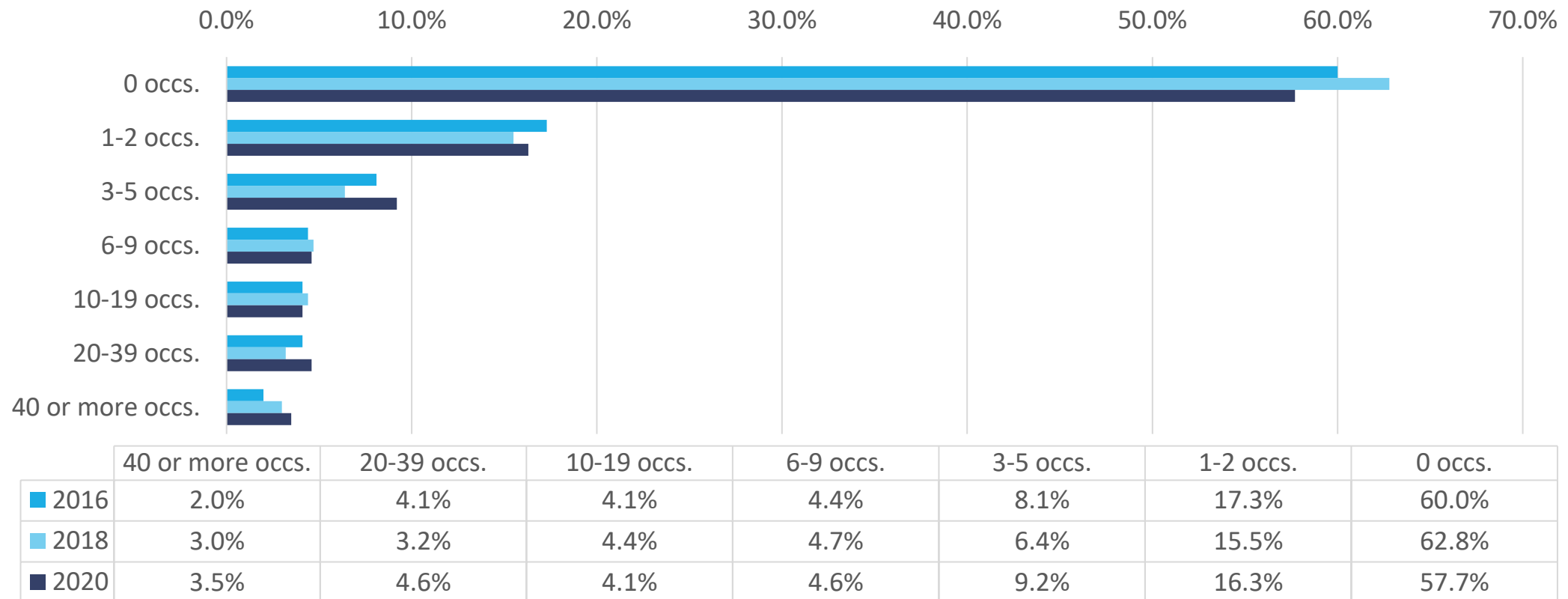
On how many occasions have you **vaped nicotine** in your lifetime? (MS & HS Dist. 7)



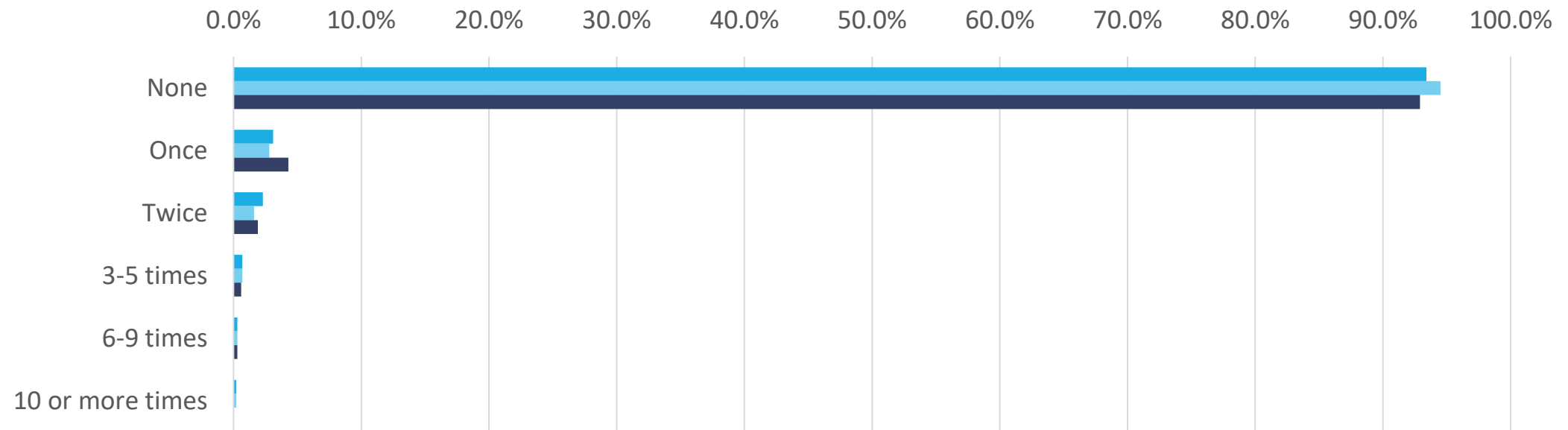
On how many occasions have you **vaped marijuana** in your lifetime? (MS & HS Dist. 7)



# On how many occasions have you had alcoholic beverages in your lifetime? (MS & HS)



# Thinking back over the past 2 weeks, how many times have you had five or more alcoholic drinks in a row? (MS & HS)



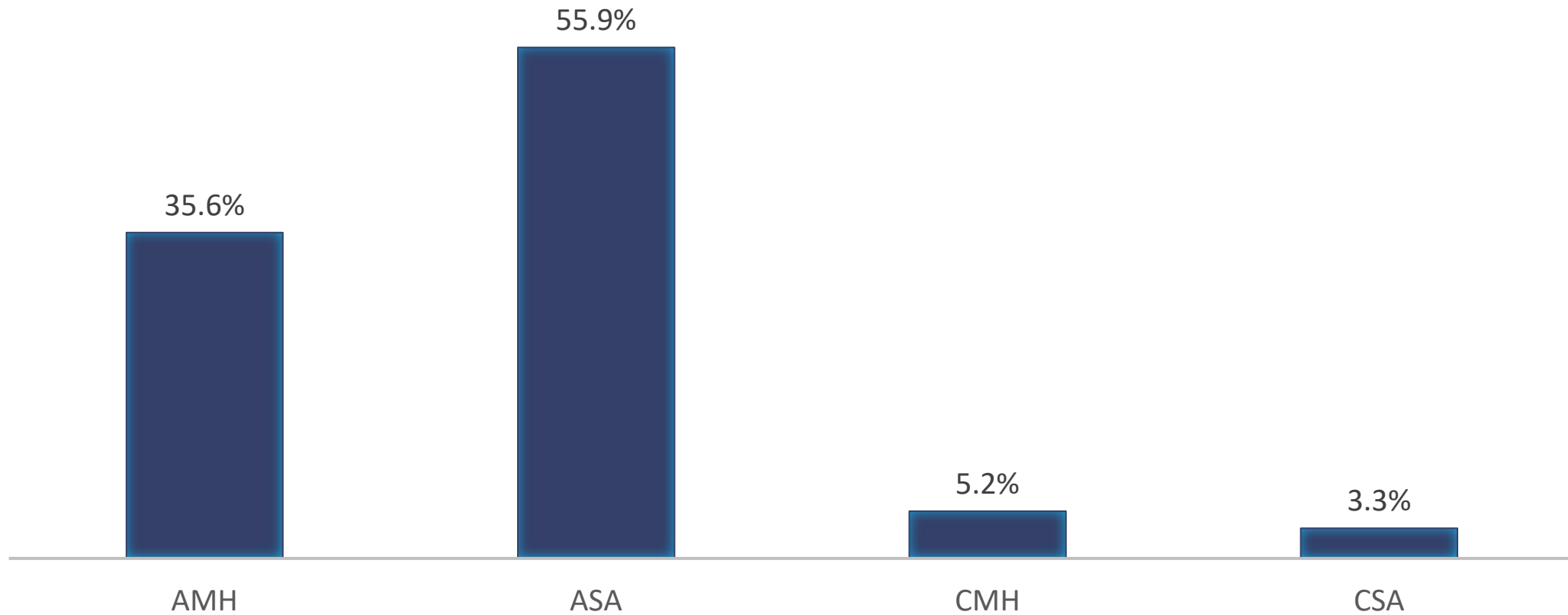
# Individuals Served

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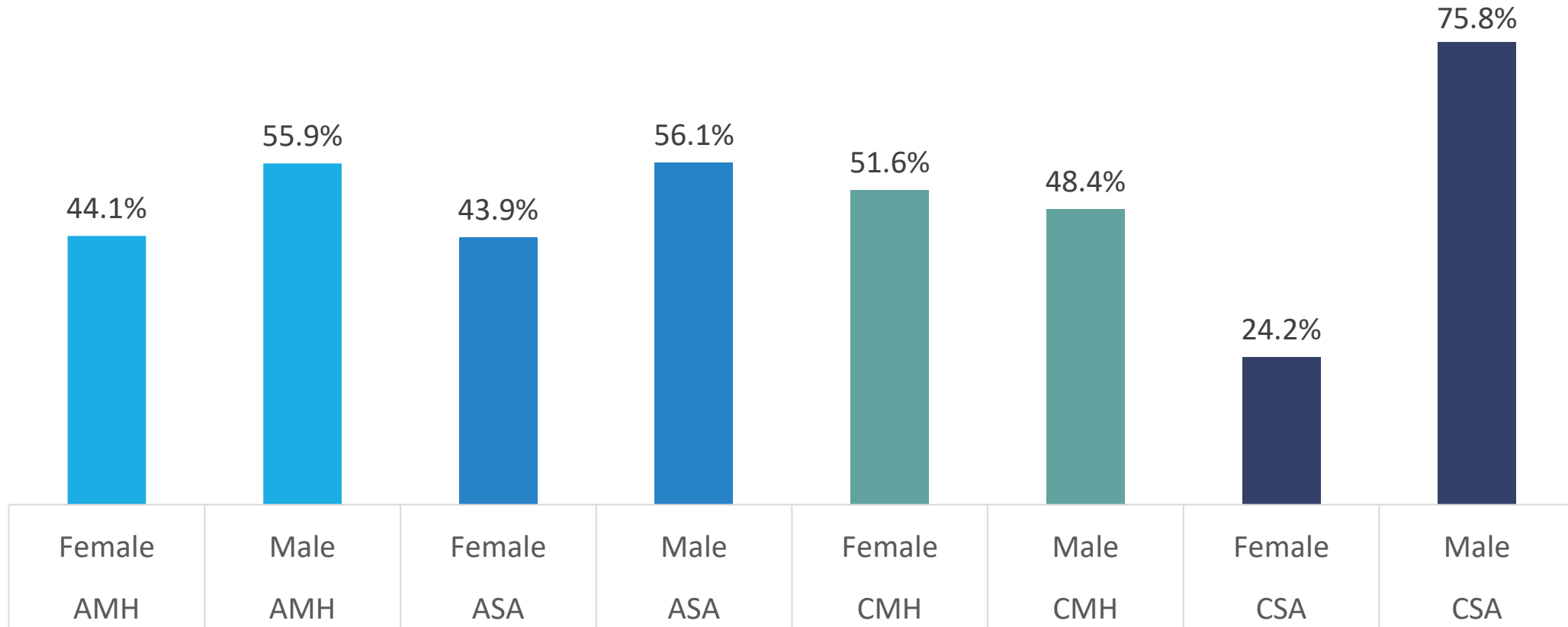
BREVARD COUNTY INDIVIDUALS SERVED

# Individuals Served Population

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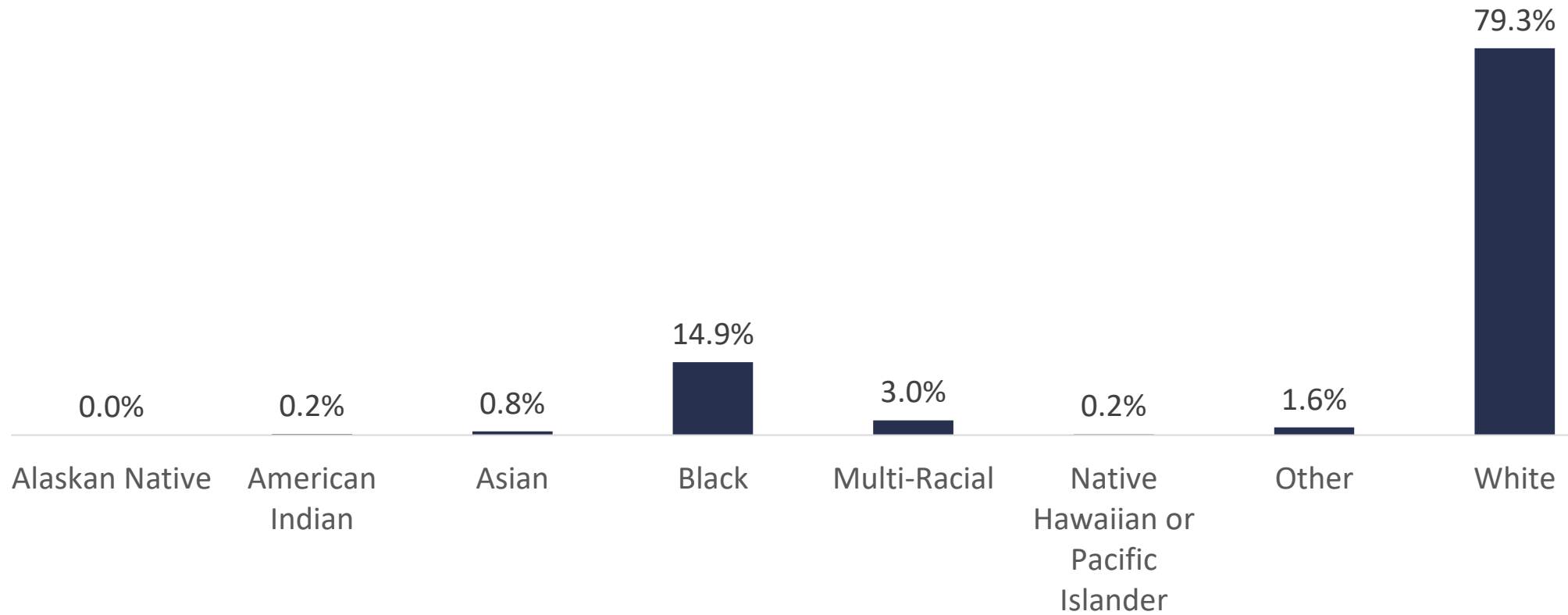


# Individuals Served by Program and Gender



# Individuals Served by Race

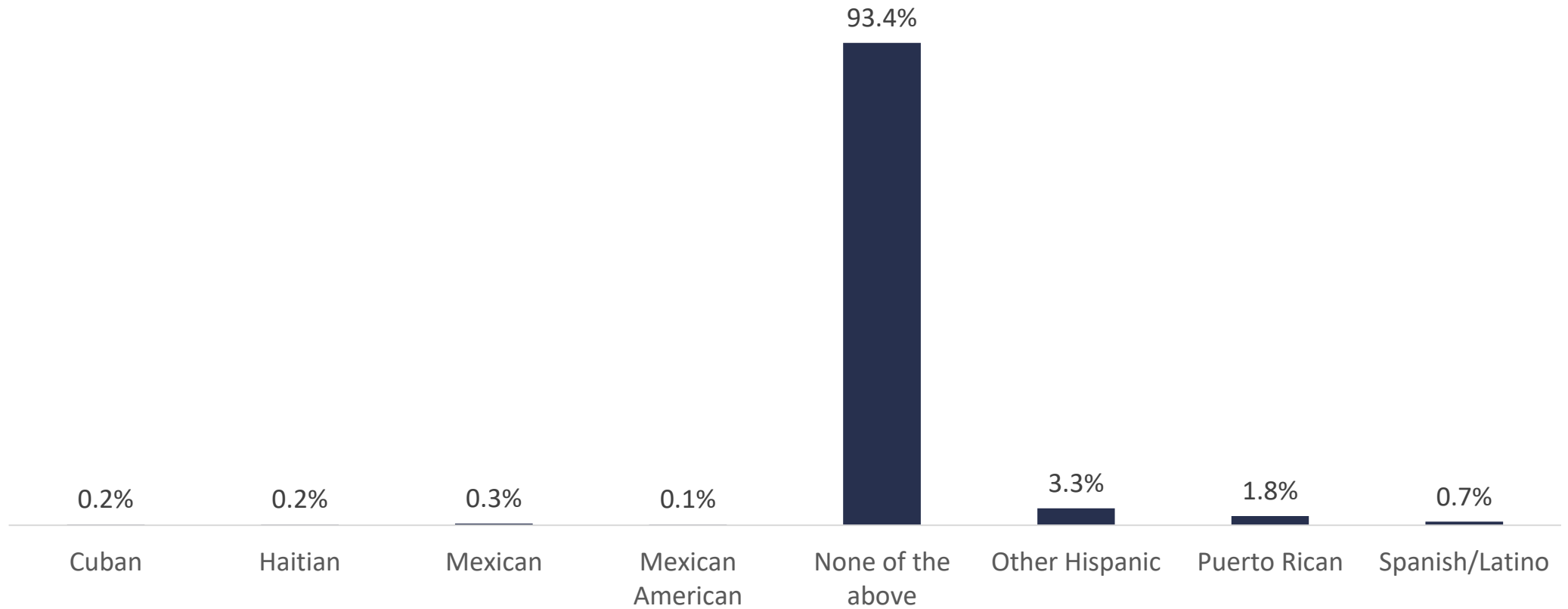
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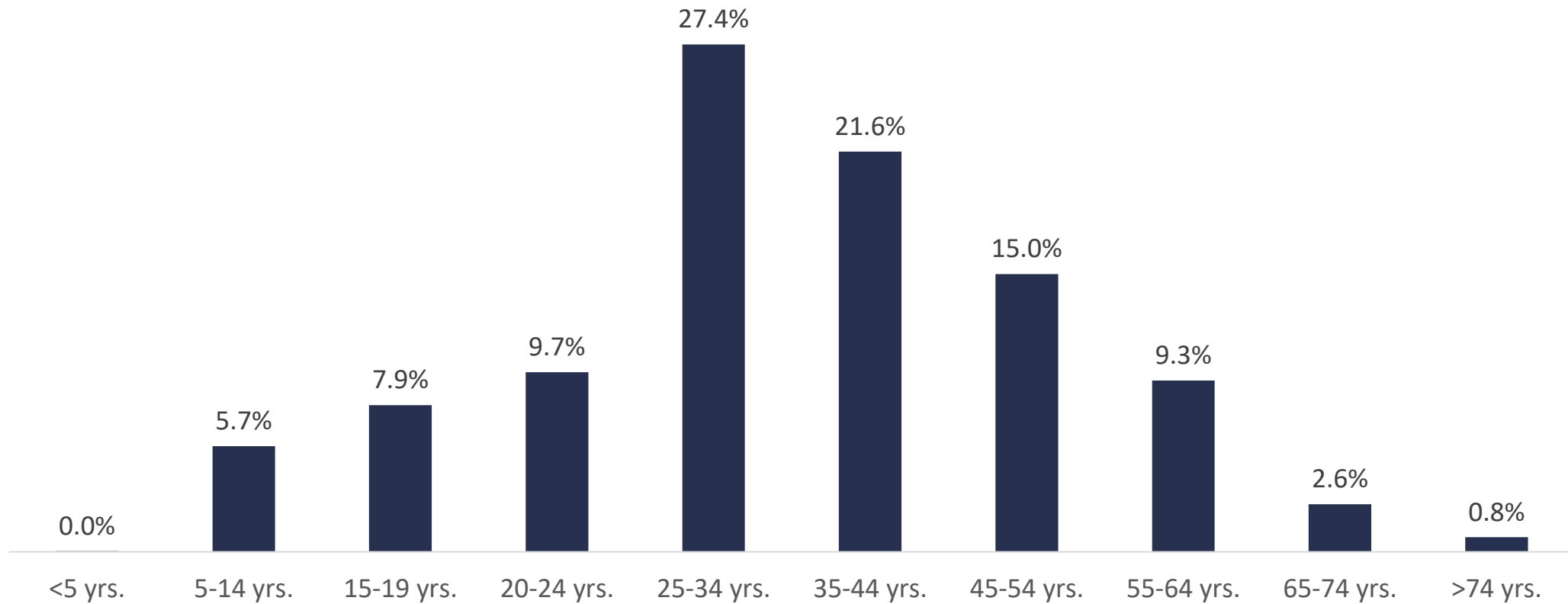
# Individuals Served by Ethnicity

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# Individuals Served by Age Range

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# Individuals Served – Demographics by Program

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- Adult programs accounted for 91.5% of individuals served
- Males accounted for more than 50% in all programs except CMH
- Individuals served were less racially diverse when compared to the Brevard County population
- Individuals in the CSA program were more racially diverse when compared to Brevard County
- Individuals served and Brevard County population were ethnically similar
- Individuals served were younger when compared to the age range distribution in Brevard County

# Individuals Served – Social Determinants

- Lived dependently or independently (with relatives or non-relatives)
- Experienced lower educational attainment when compared to county residents
- Were less likely to be employed when compared to county residents
- 749 (9.2%\*) individuals served experienced homelessness
  - Predominantly male
  - Racially diverse
  - Young
  - Unemployed

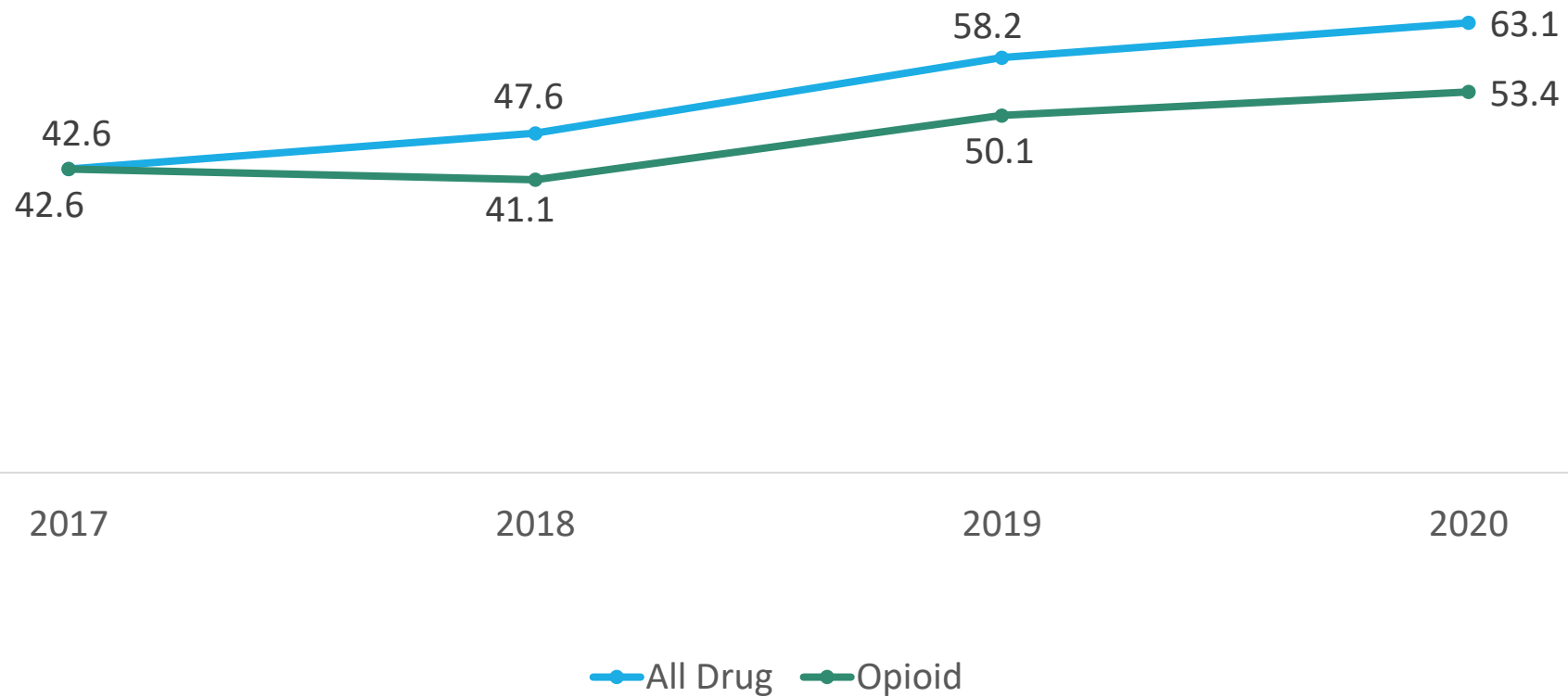
\* As a percentage of all homeless individuals served - ~18.2% of all individuals served in Brevard County

# Opioid Profile

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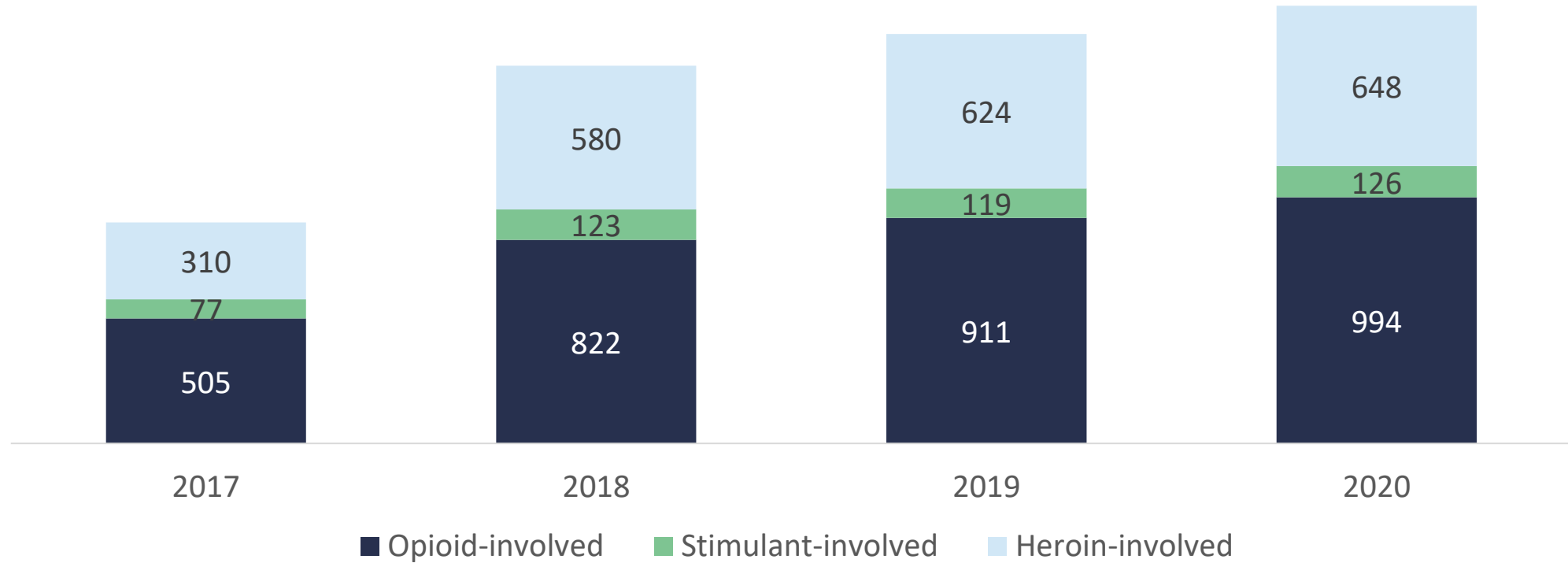
# Drug Overdose Deaths – Brevard County

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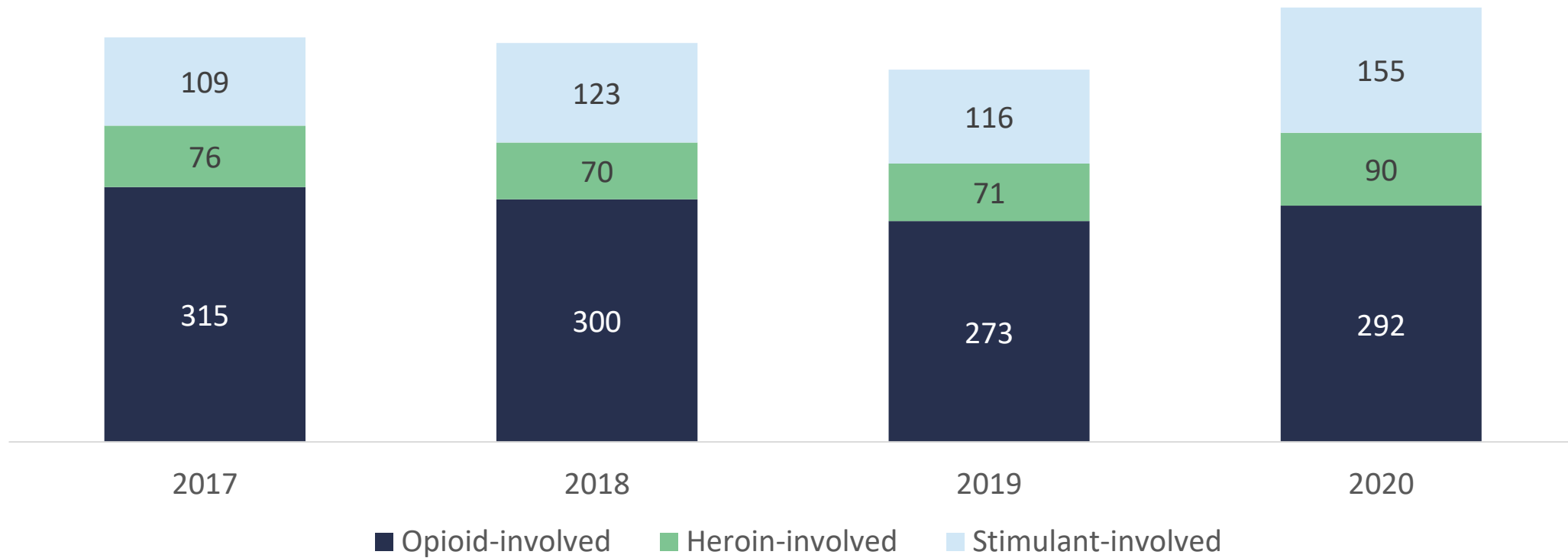
# Non-fatal Overdose ED Visits – Brevard County

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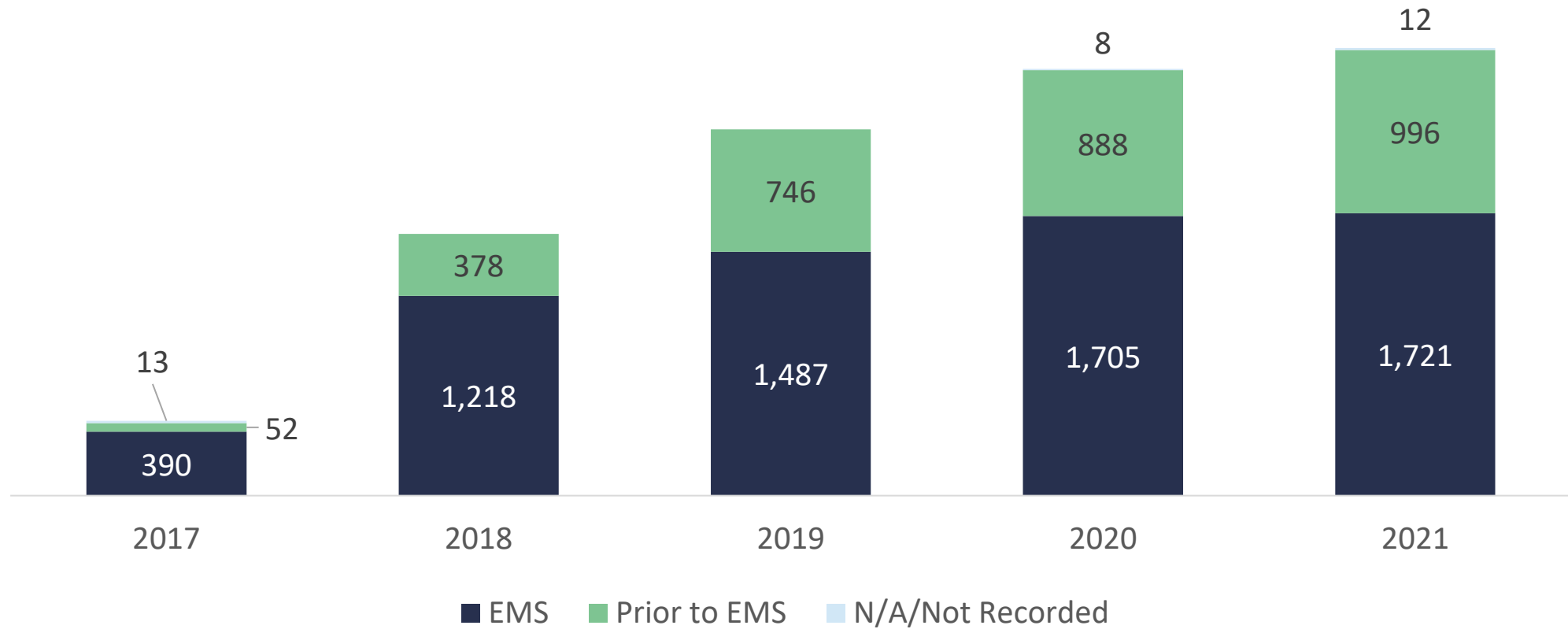
# Non-fatal Overdose Hospitalizations – Brevard County

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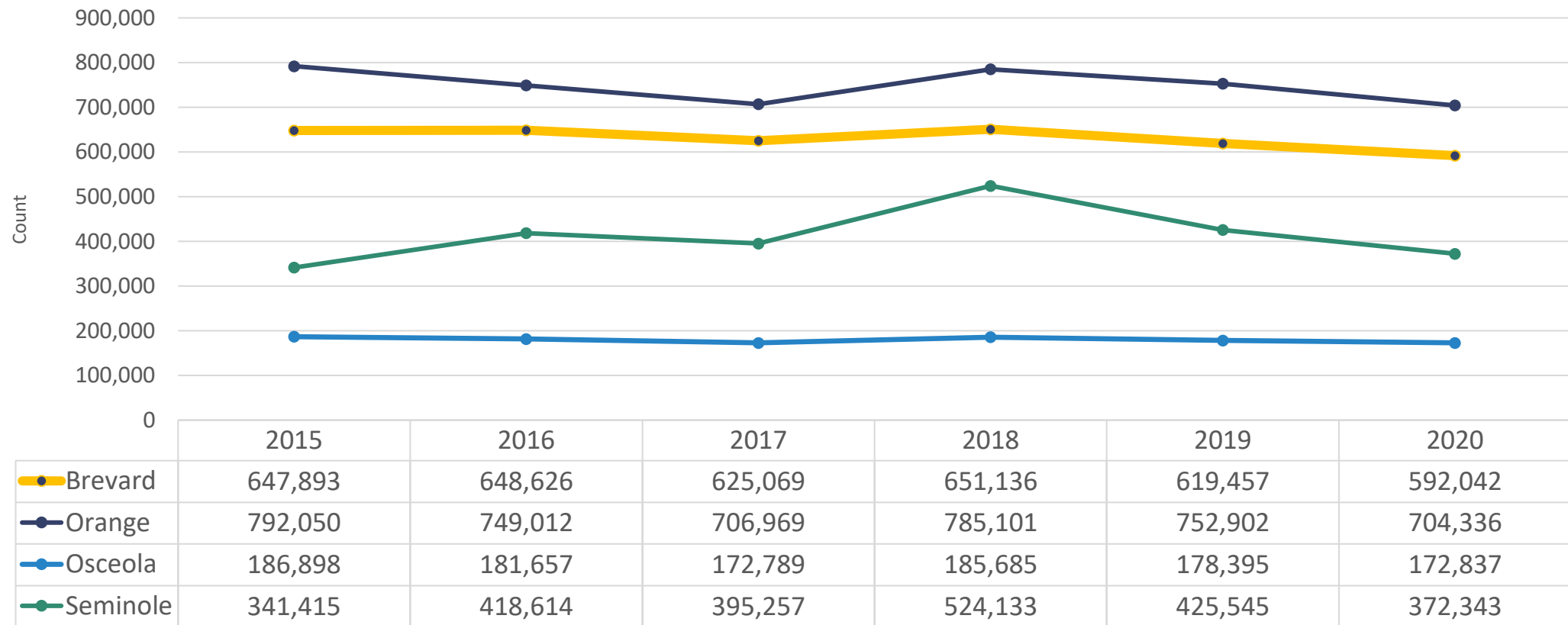




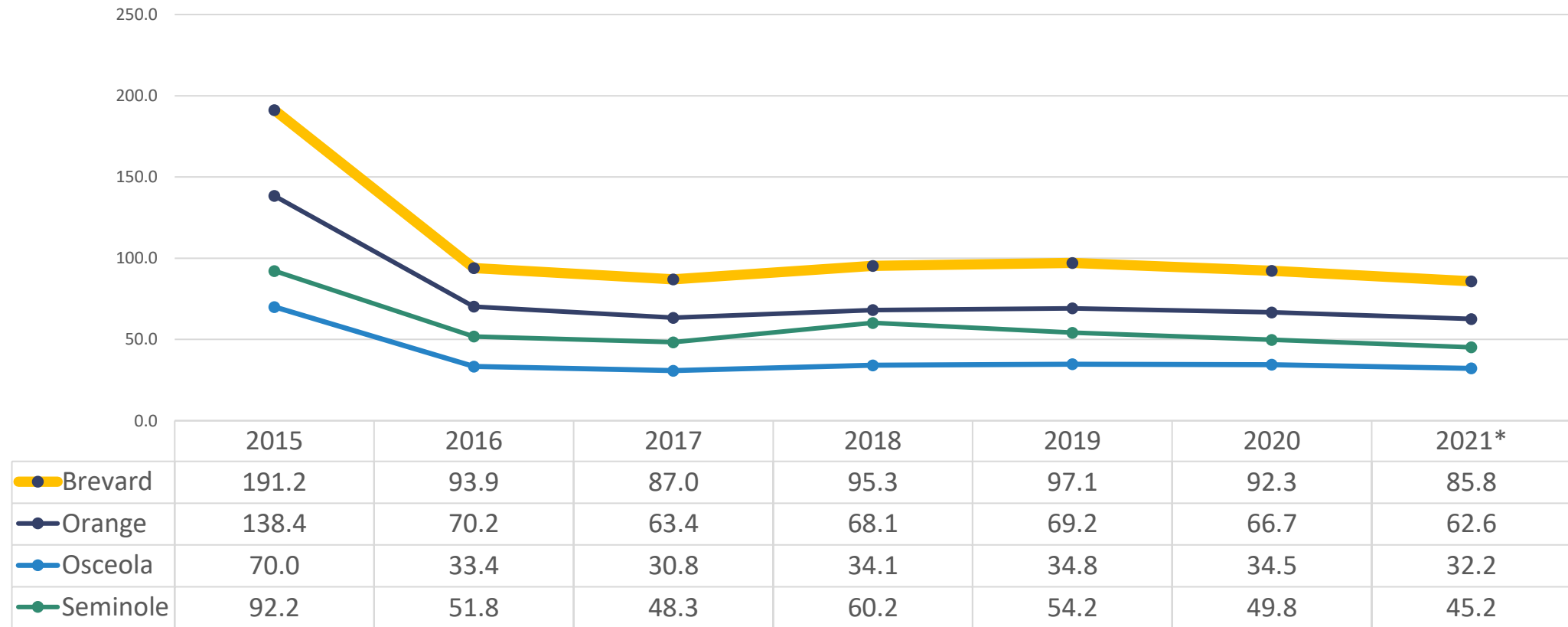
# Naloxone Administrations – Brevard County



# Opioid Prescriptions Dispensed

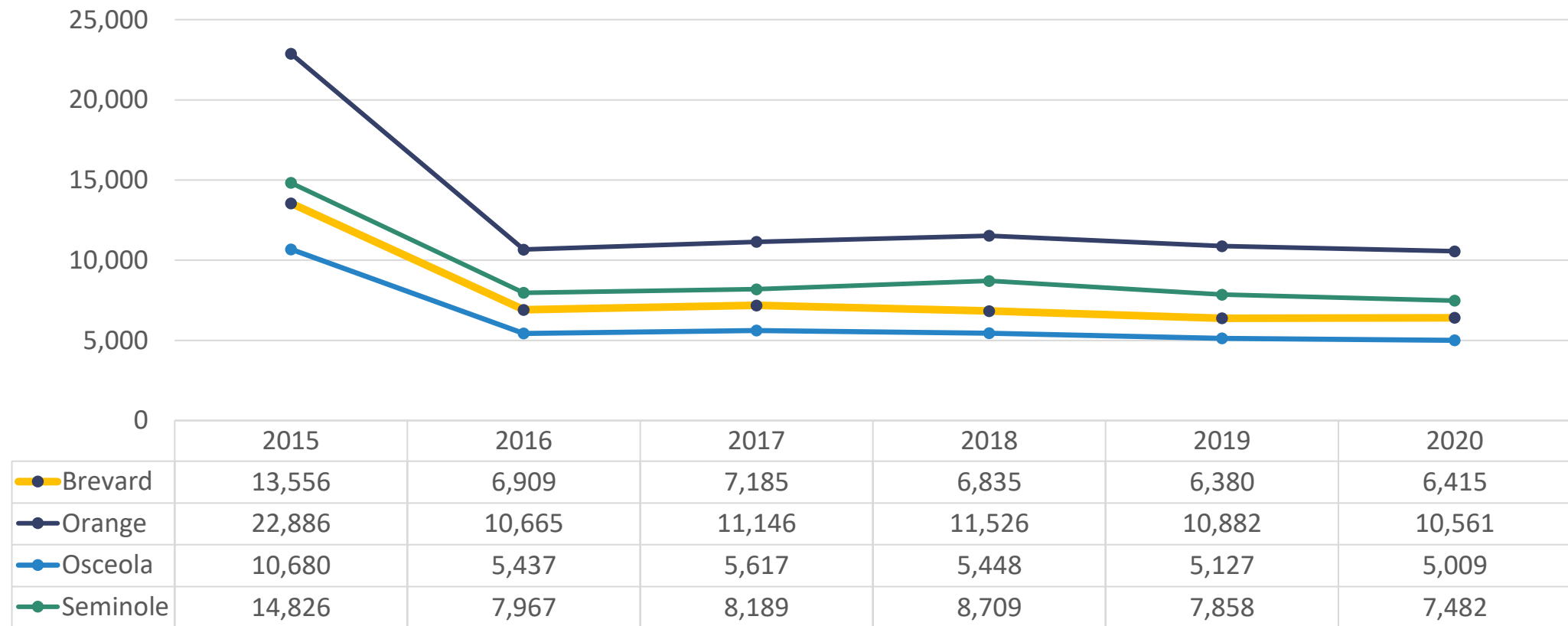


# Opioid Prescriptions Dispensed per Prescriber

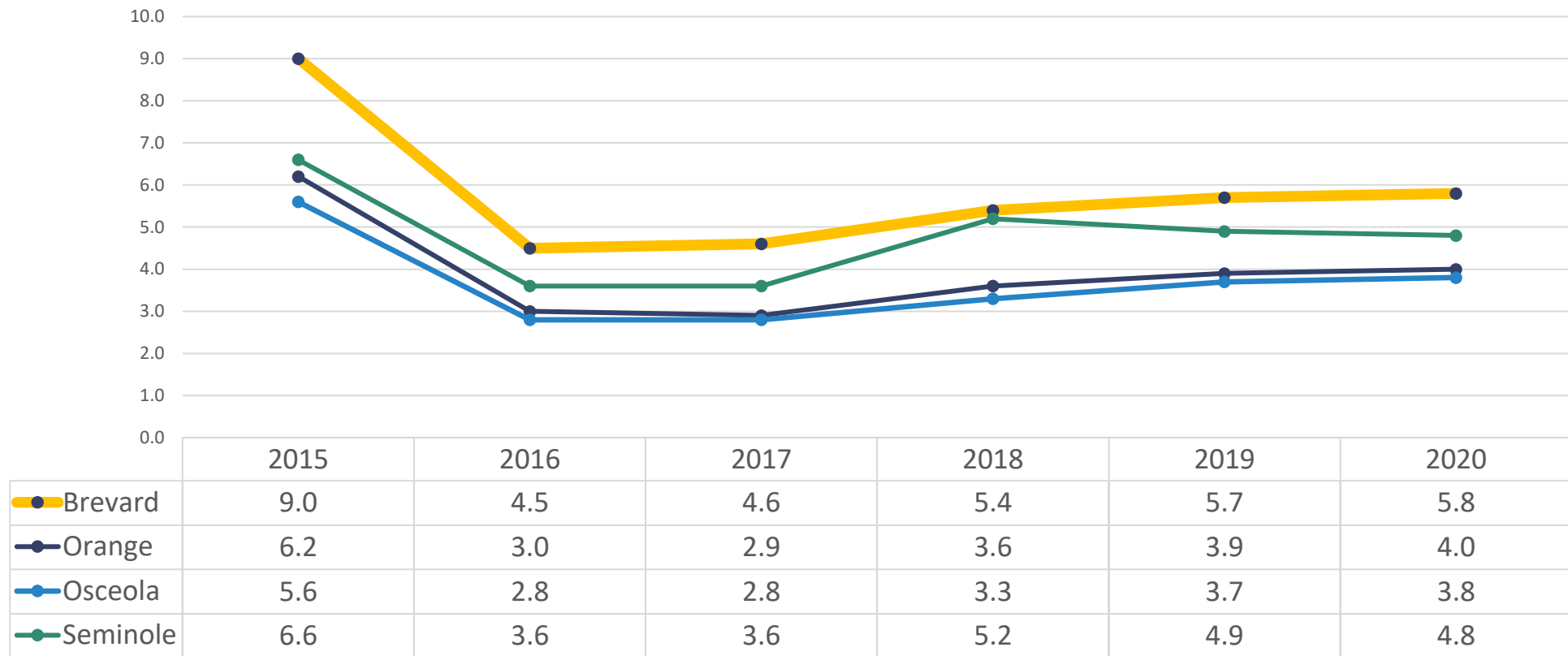


\*2021 data are provisional

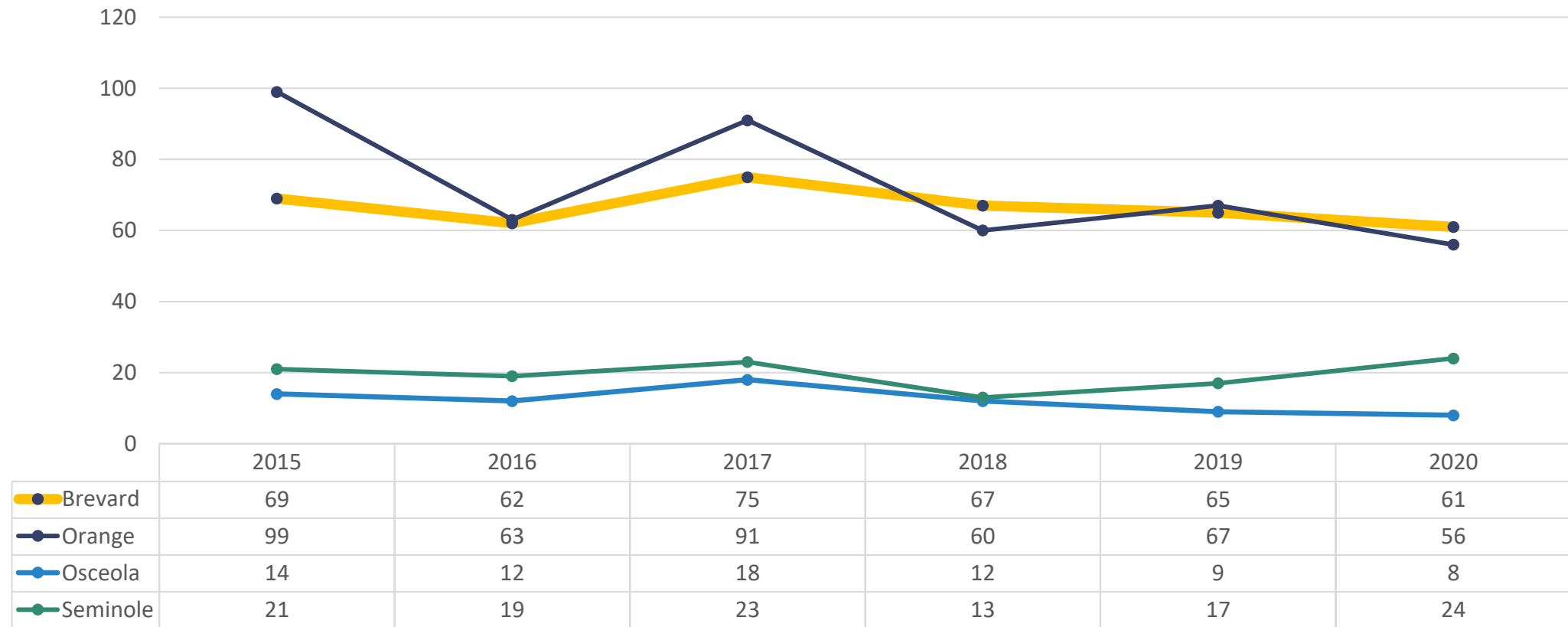
# Number of Unique Prescribers



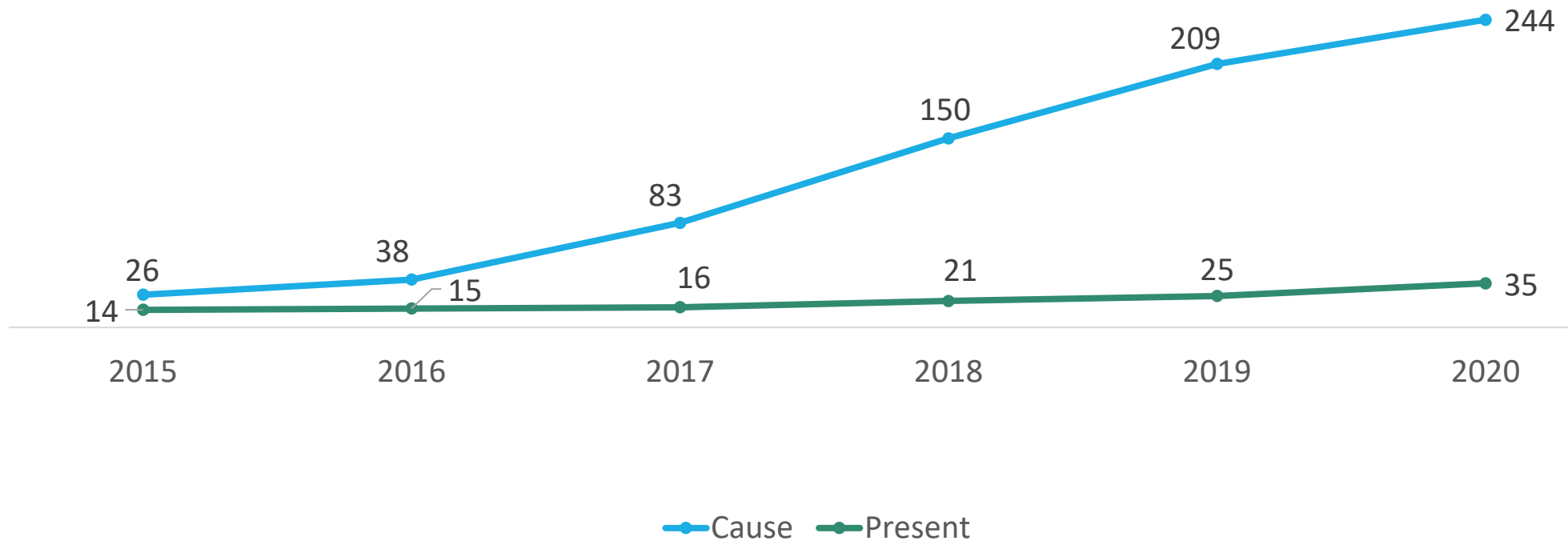
# Opioid Prescriptions Dispensed per Patient



# Neonatal Abstinence Syndrome - Counts



# Fentanyl Deaths – Brevard County



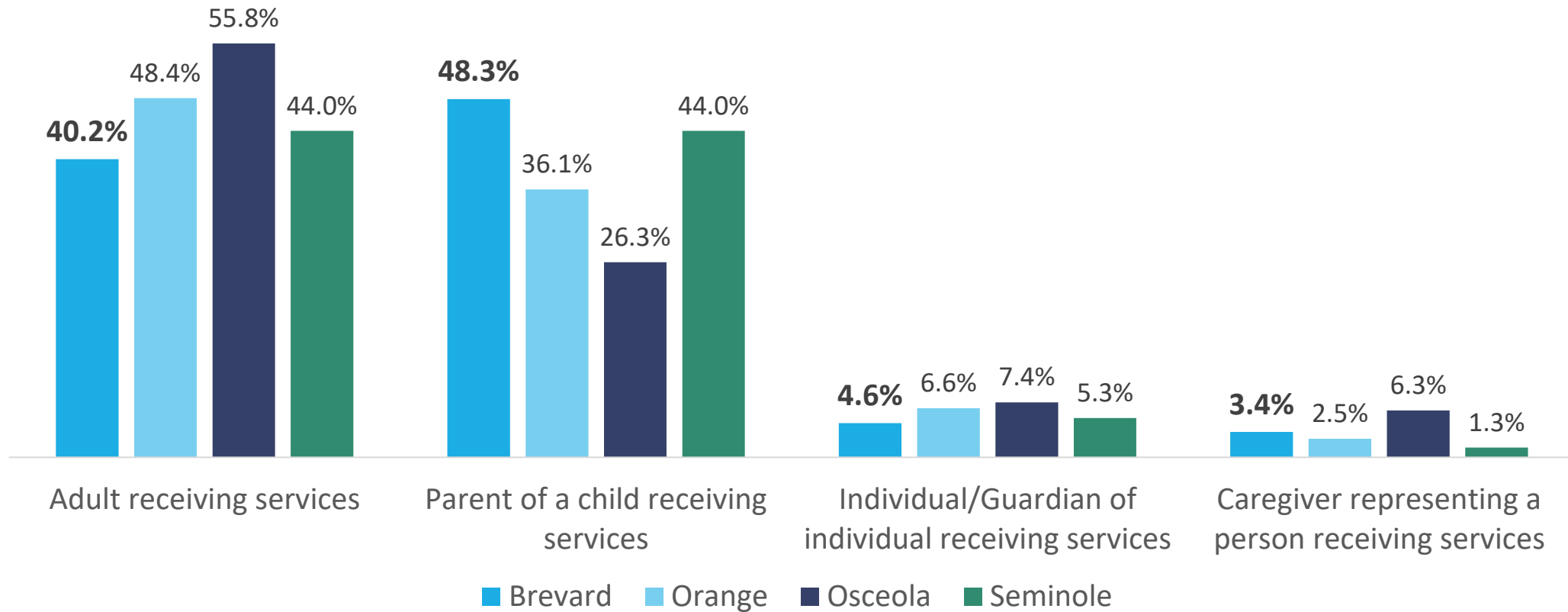
# Individuals Served Survey

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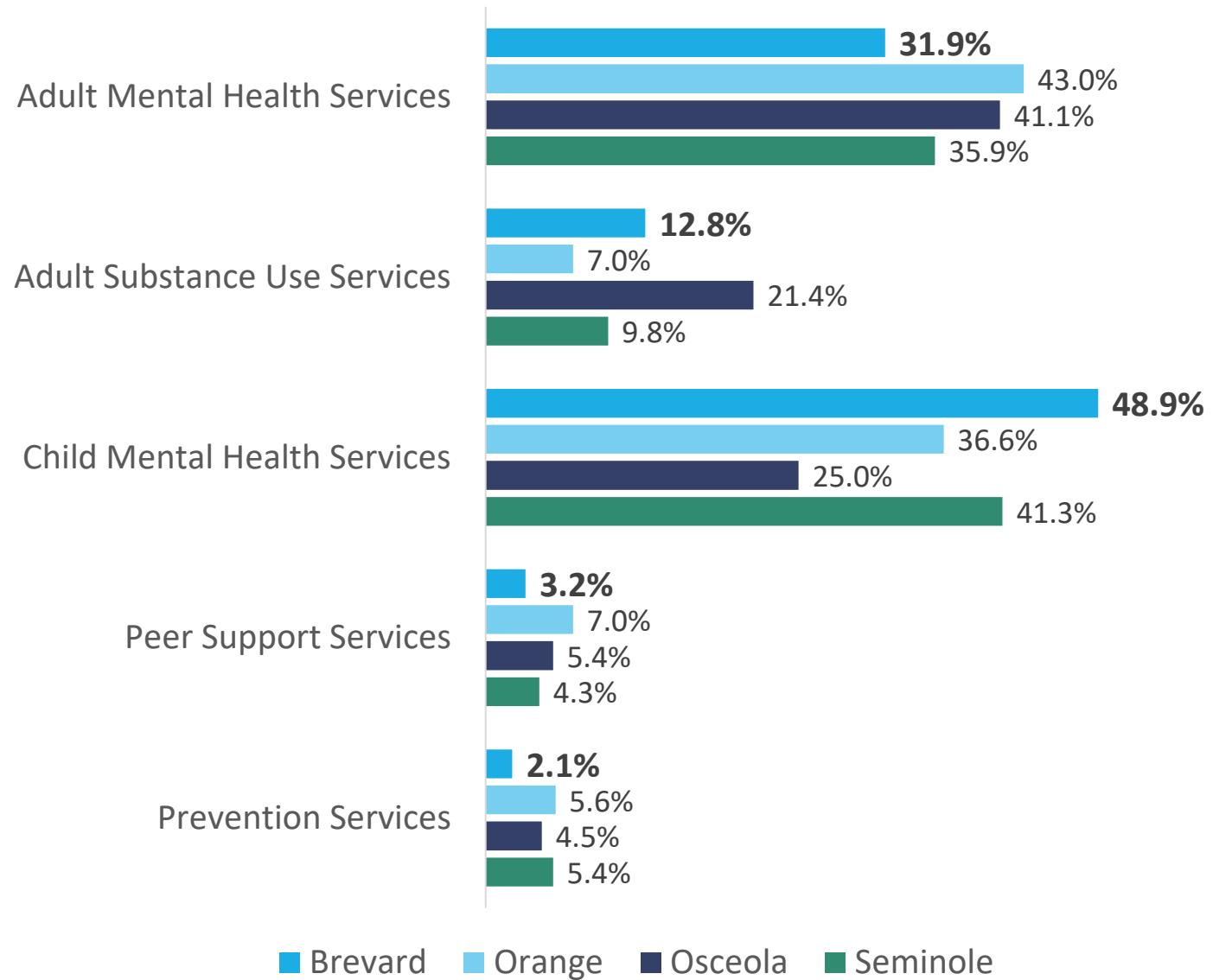
388 SURVEY RESPONDENTS



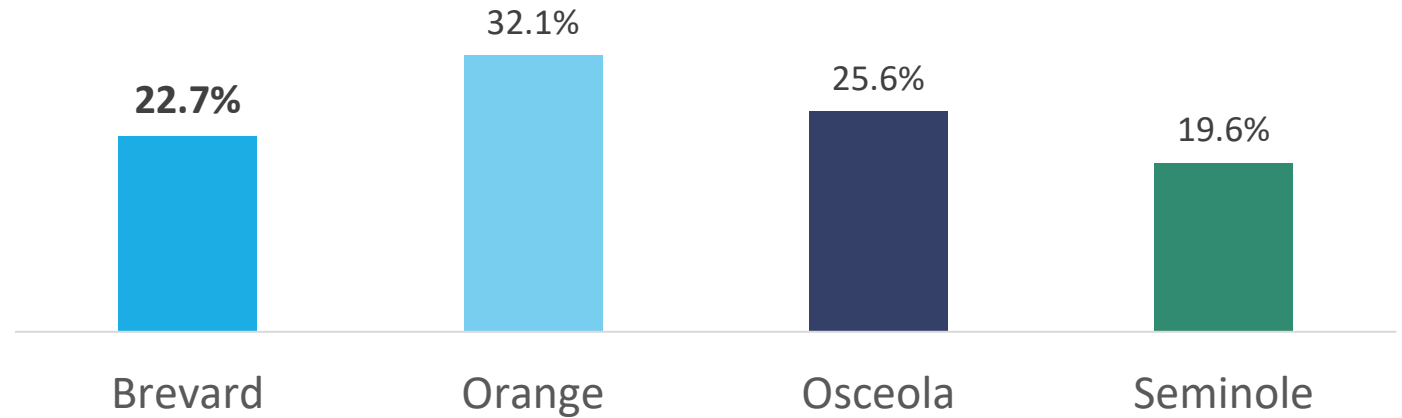
# Which best describes you?



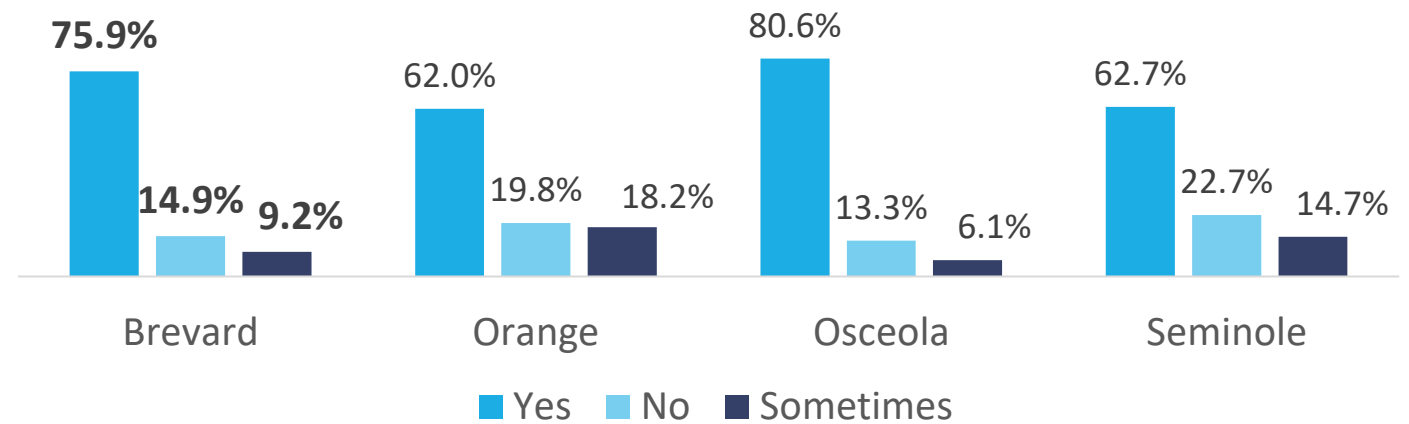
What type of service did you or the person you are representing receive?



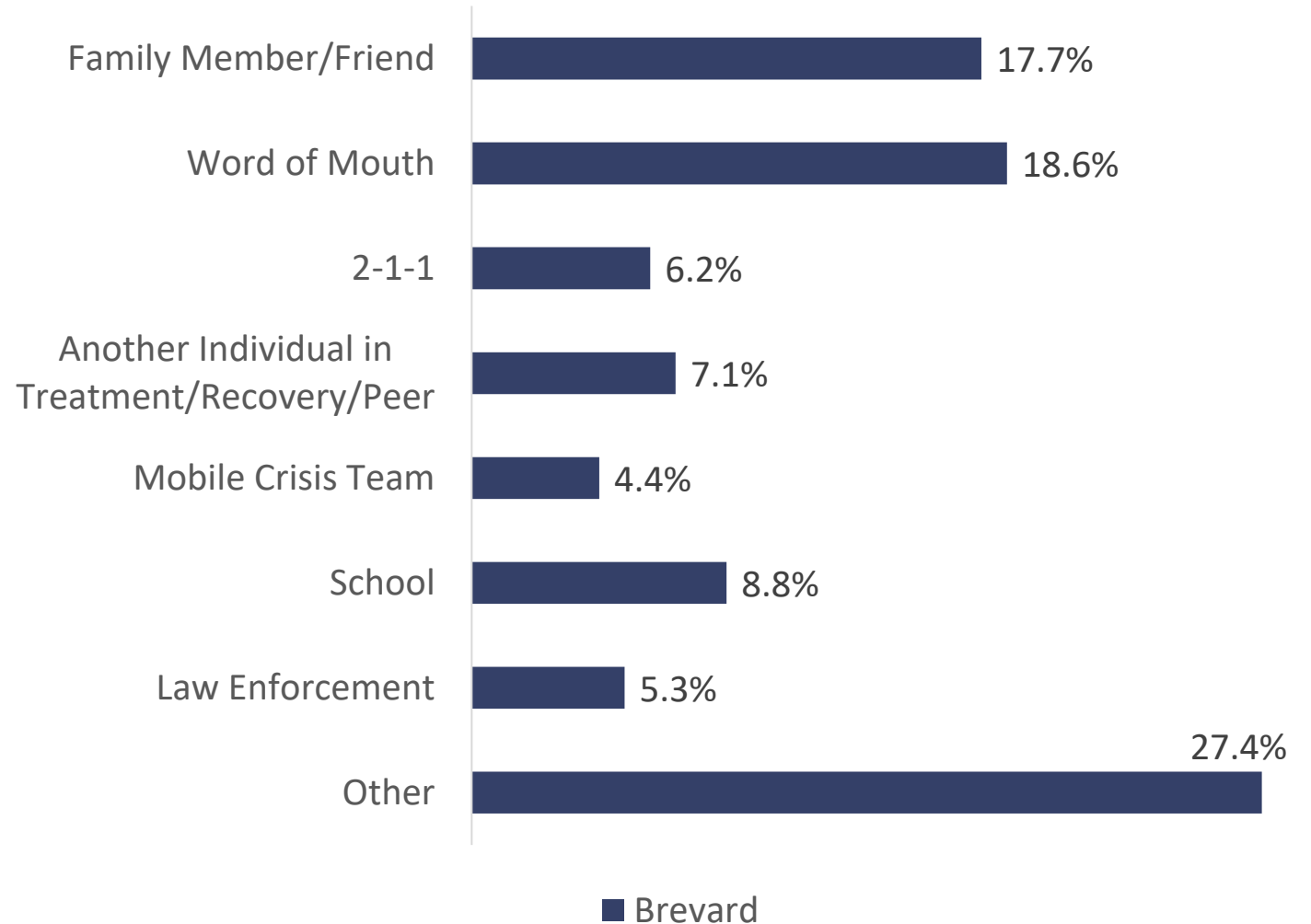
In which county did you live in?



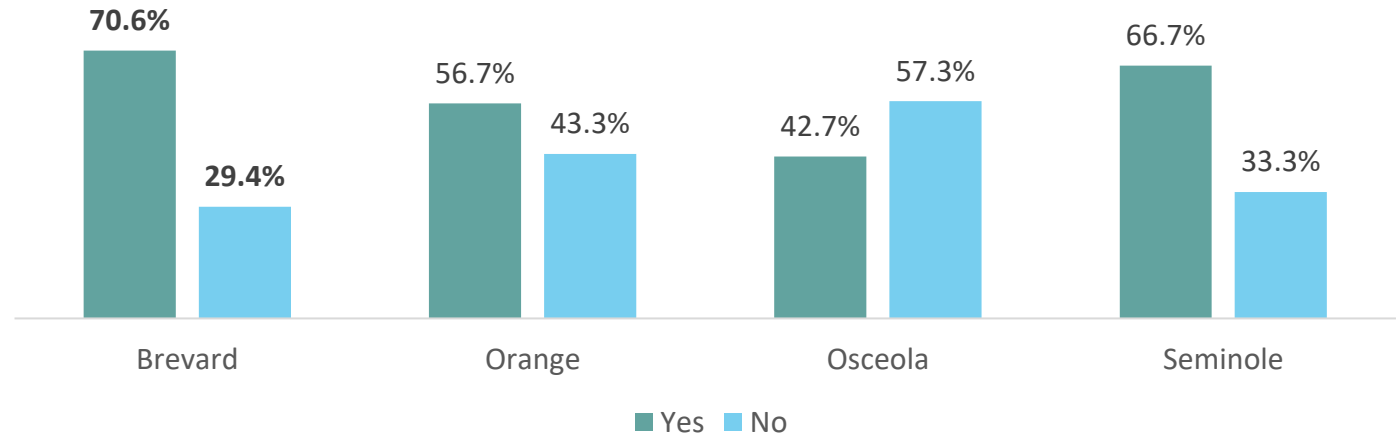
Did you know where to go for mental health and substance use services when you needed them?



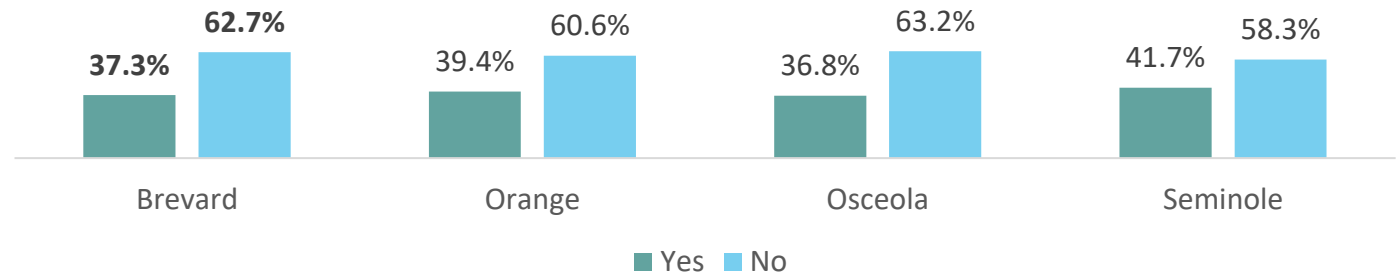
How did you learn about mental health and substance use treatment services when you needed them?



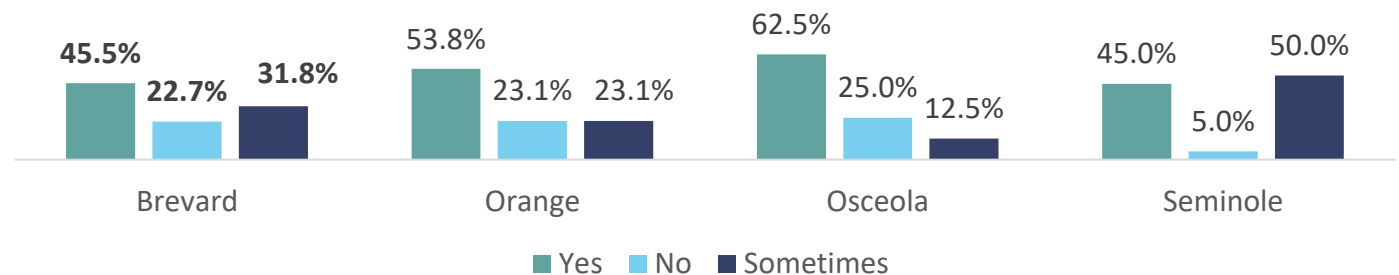
Are you aware of the 2-1-1 information and referral resource in your community?



Have you ever called 2-1-1 for assistance?



When you called 2-1-1, were they helpful in getting you the services you needed?



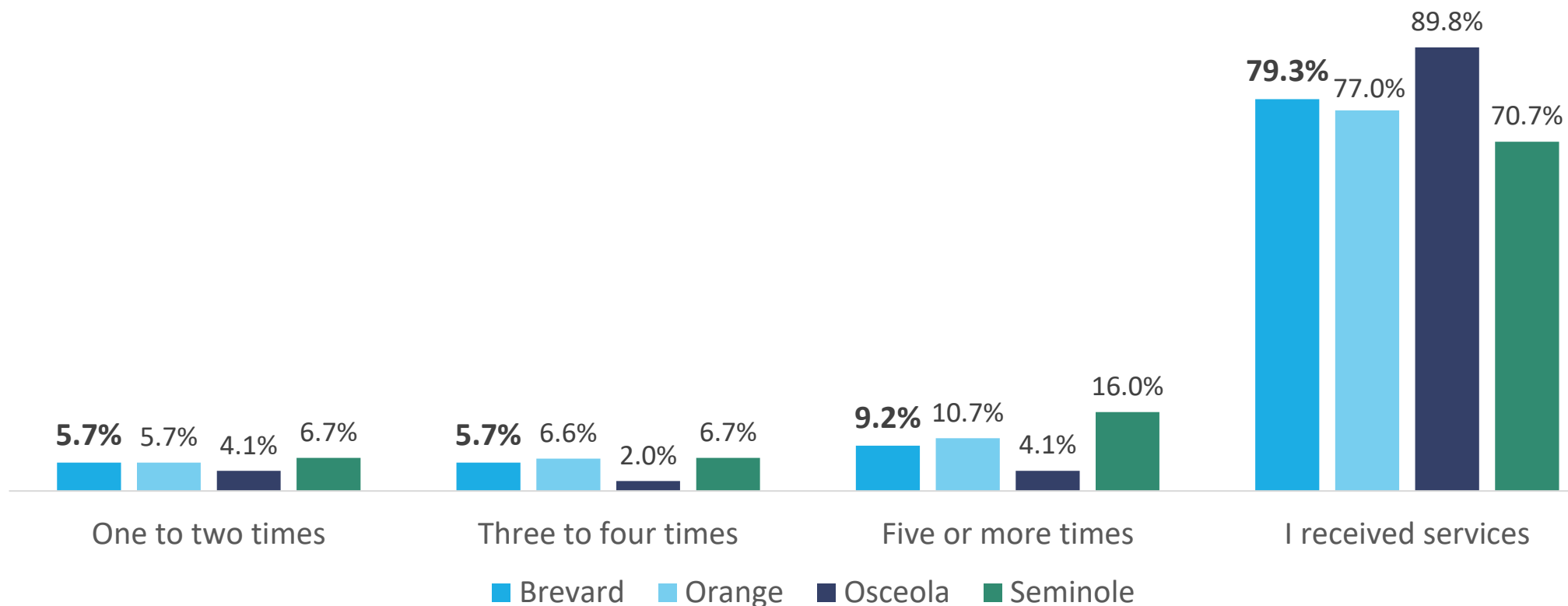
# Services you needed but were not able to get

(Top 6)

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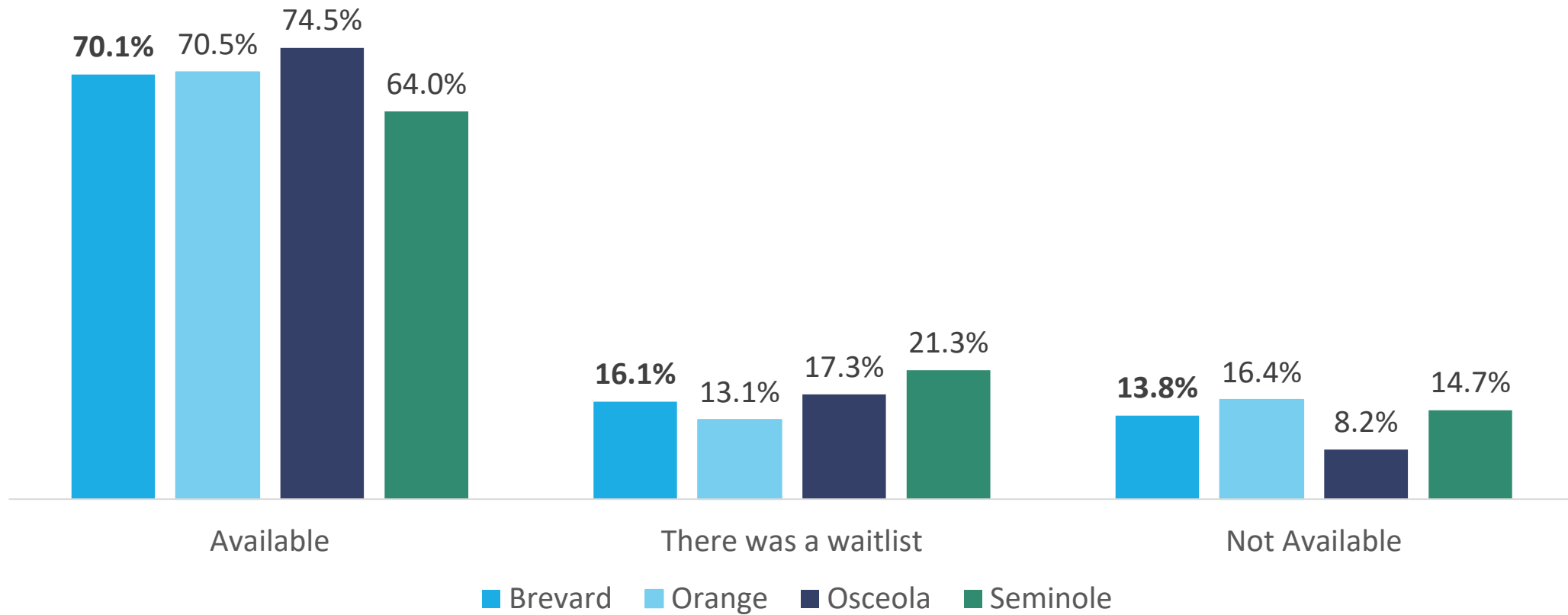
- Housing assistance
- Crisis Stabilization Support
- Residential Treatment Program
- Outpatient services
- Assessment
- Telehealth

# How many times during the last 12 months were you not able to get the services you needed?



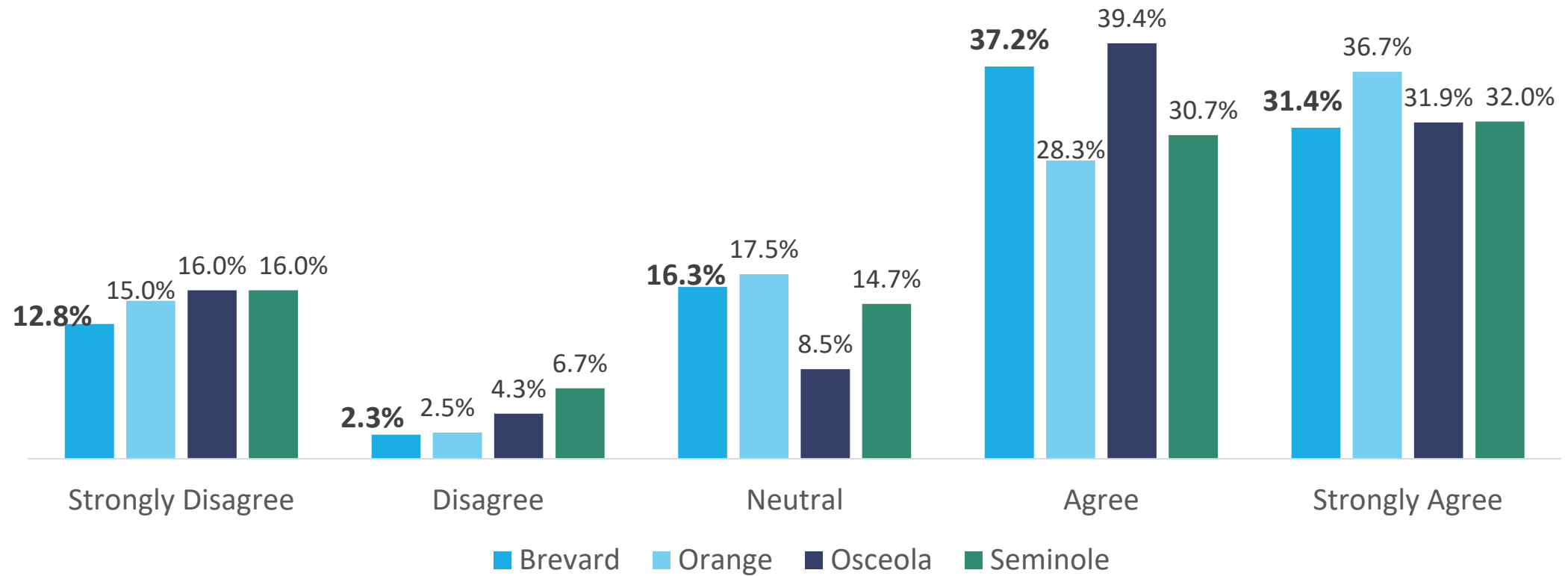
# The services I needed were:

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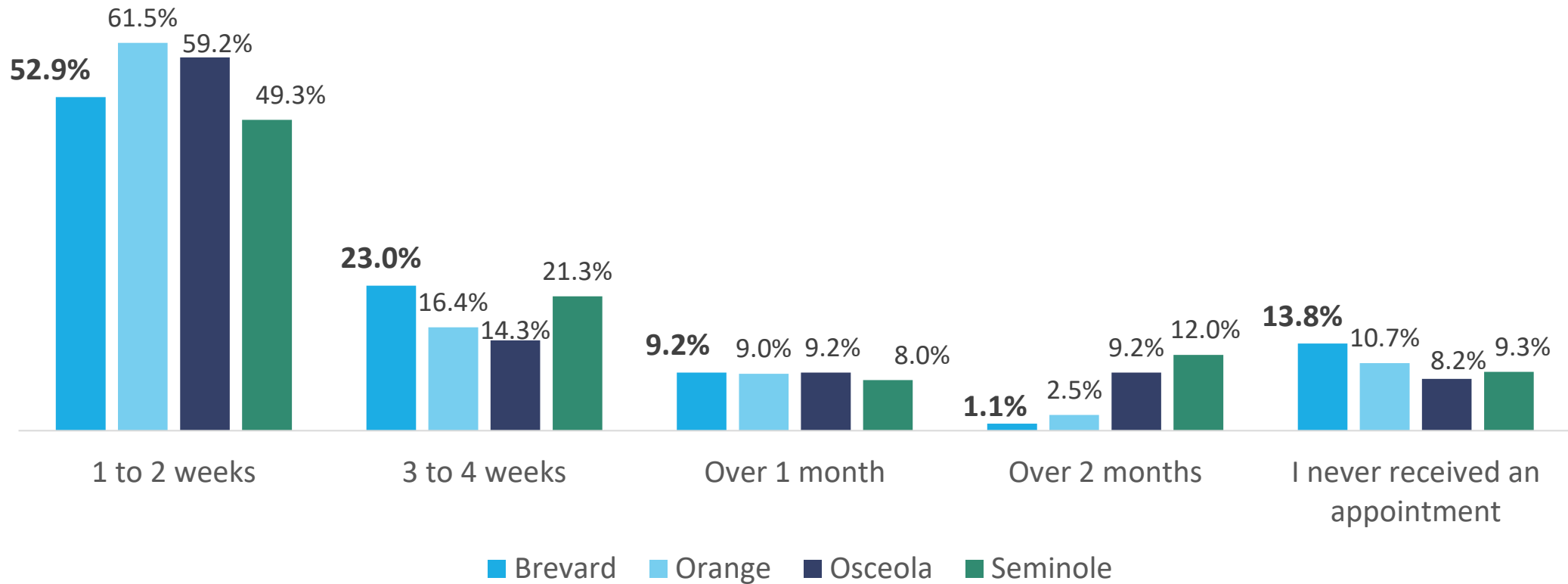




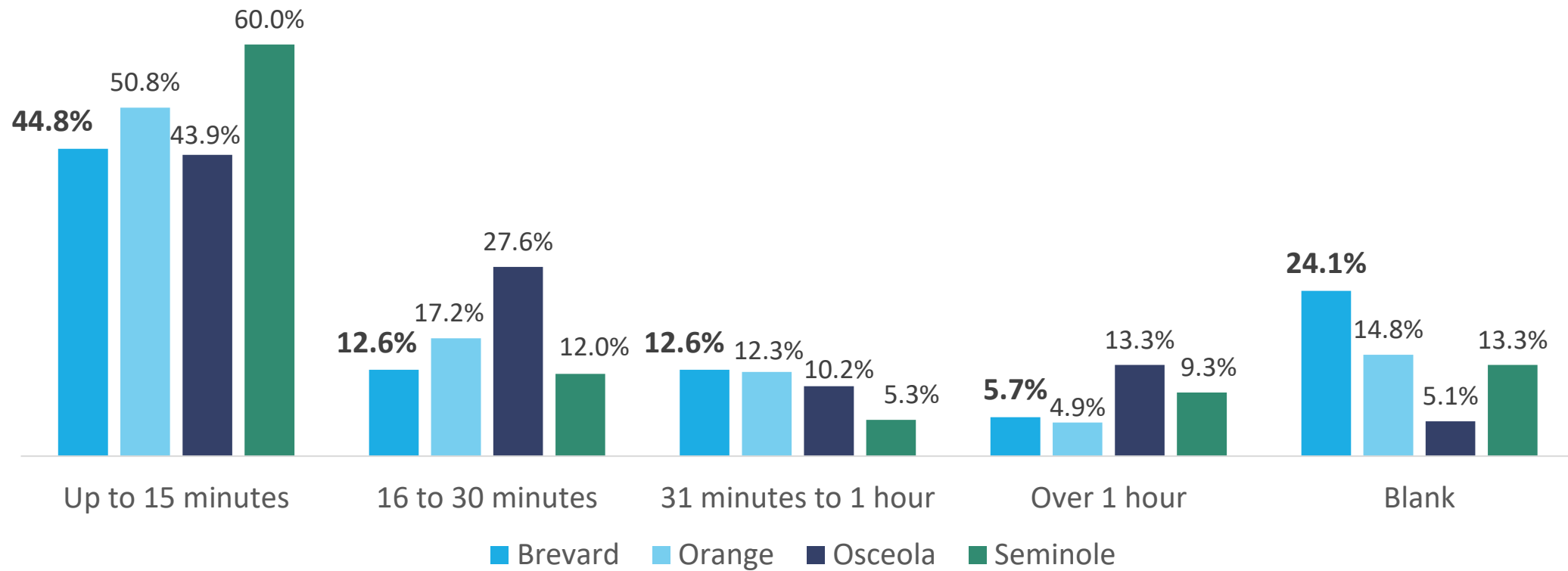
# The services and planning I received were focused on my treatment needs (patient centered)



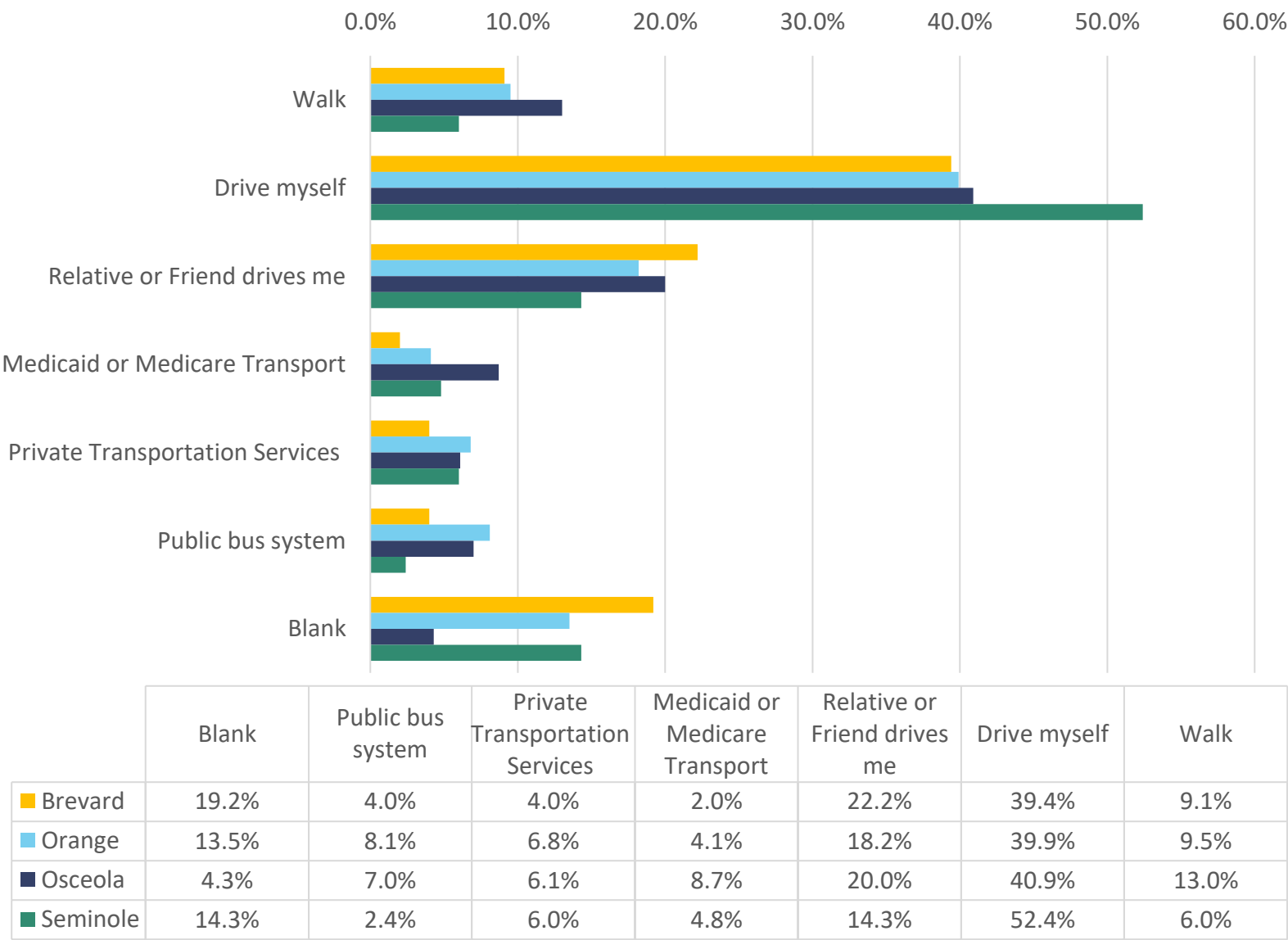
# How long did it take from the time you requested an appointment for services to the time you received services?



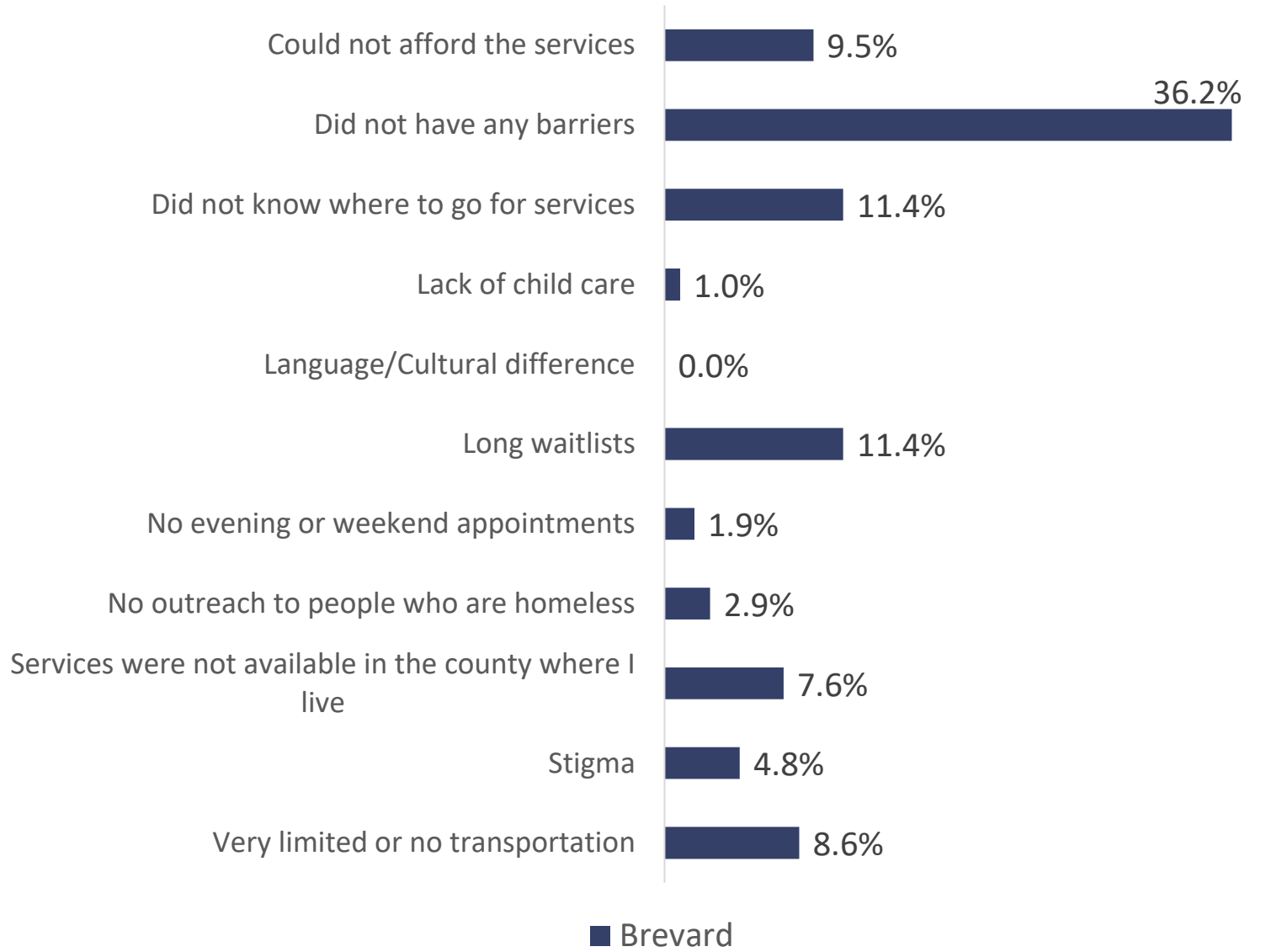
# How long did it take to travel to the services?



# How did you travel to get services?



## What were the obstacles you experienced getting the care you needed?



# Cultural Health Disparity Survey

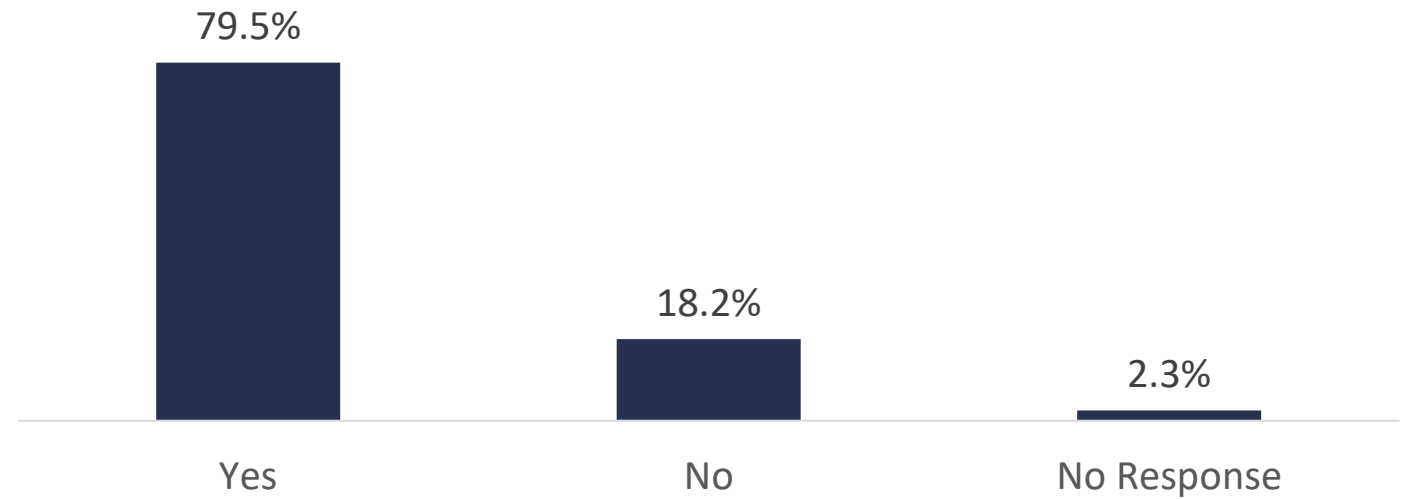
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59 SURVEY RESPONDENTS

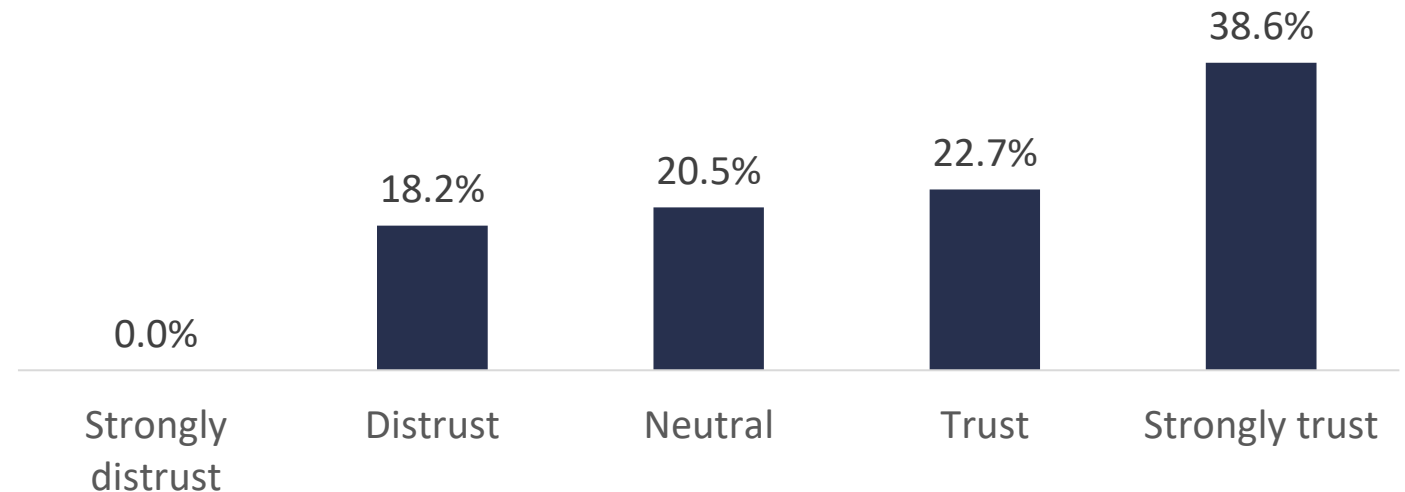
14 FOCUS GROUPS

DISTRICT 7

Are you usually comfortable seeking behavioral health services?



How would you rate your trust in the behavioral health care system to treat you with respect?

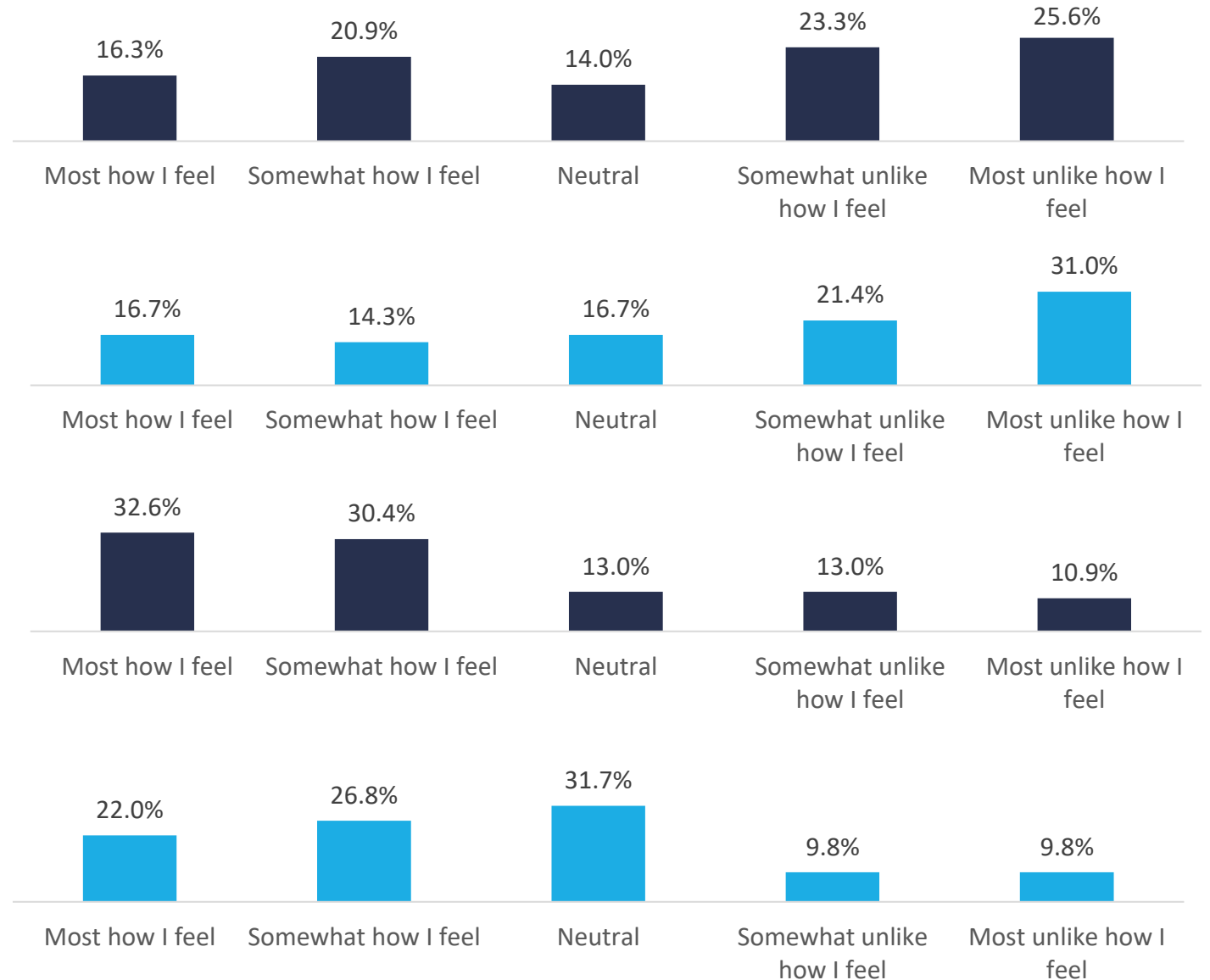


This is a private issue I keep to myself.

This is a private issue that stays in the family.

I am comfortable sharing my challenges with others.

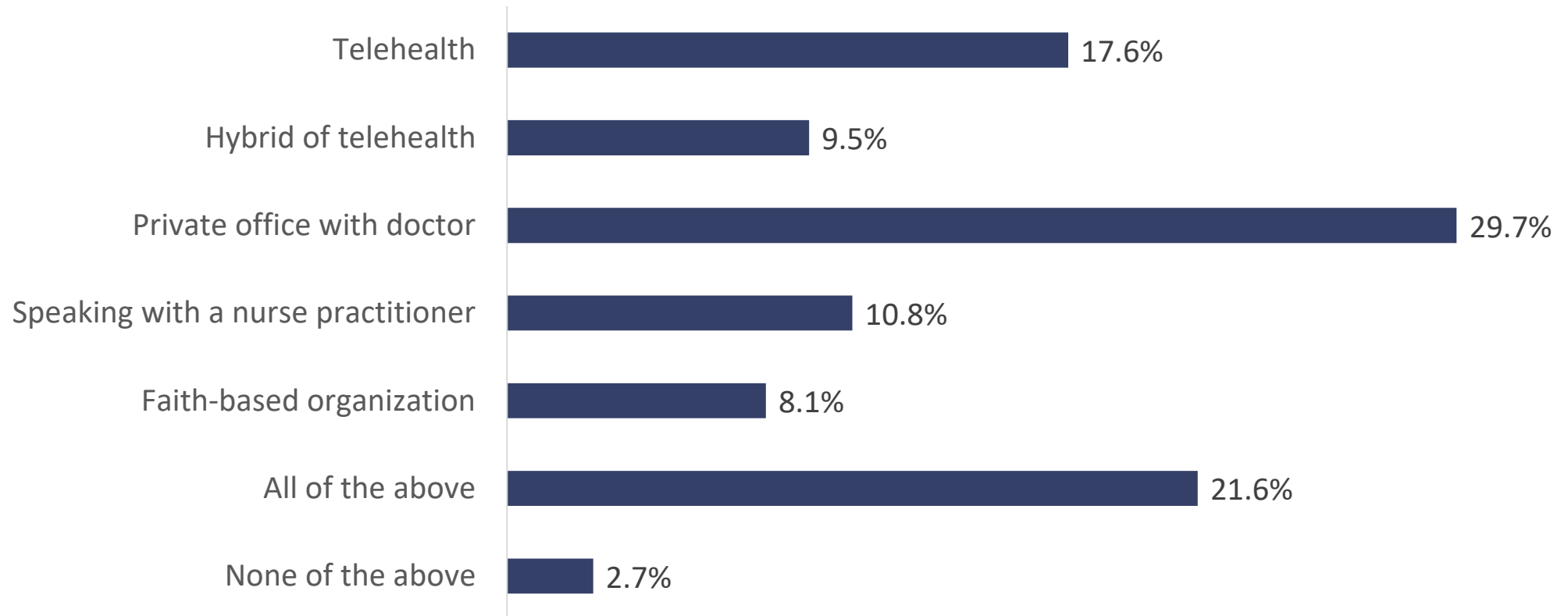
I am more comfortable with people like me.



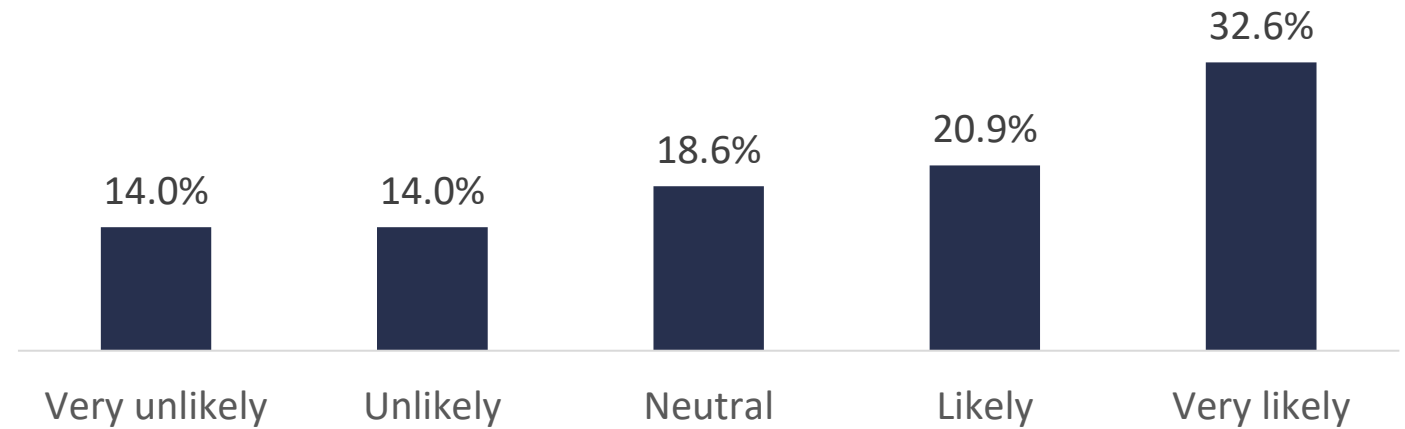


# In which setting(s) have you been most comfortable discussing your behavioral health concerns?

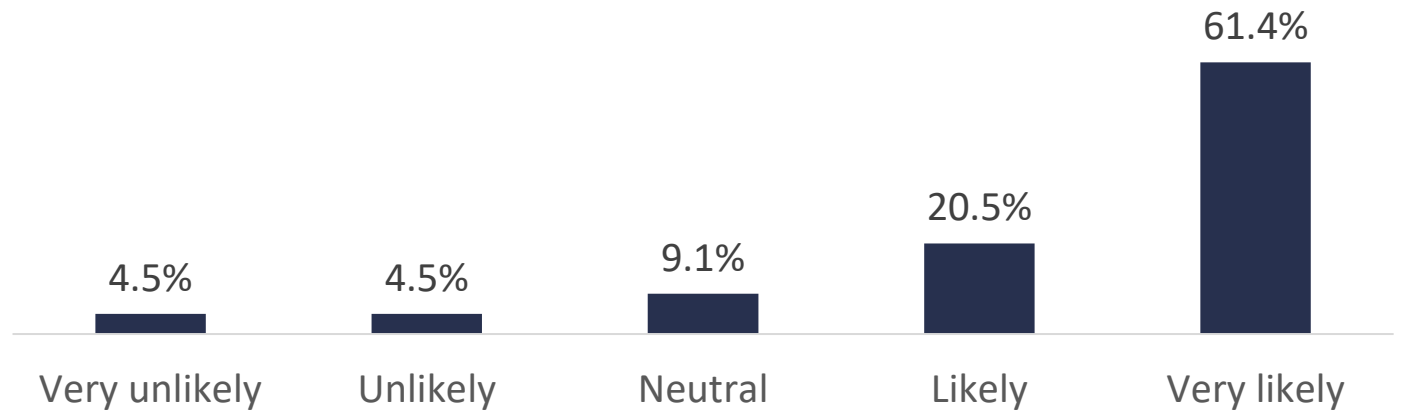
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How comfortable would you be in group therapy?

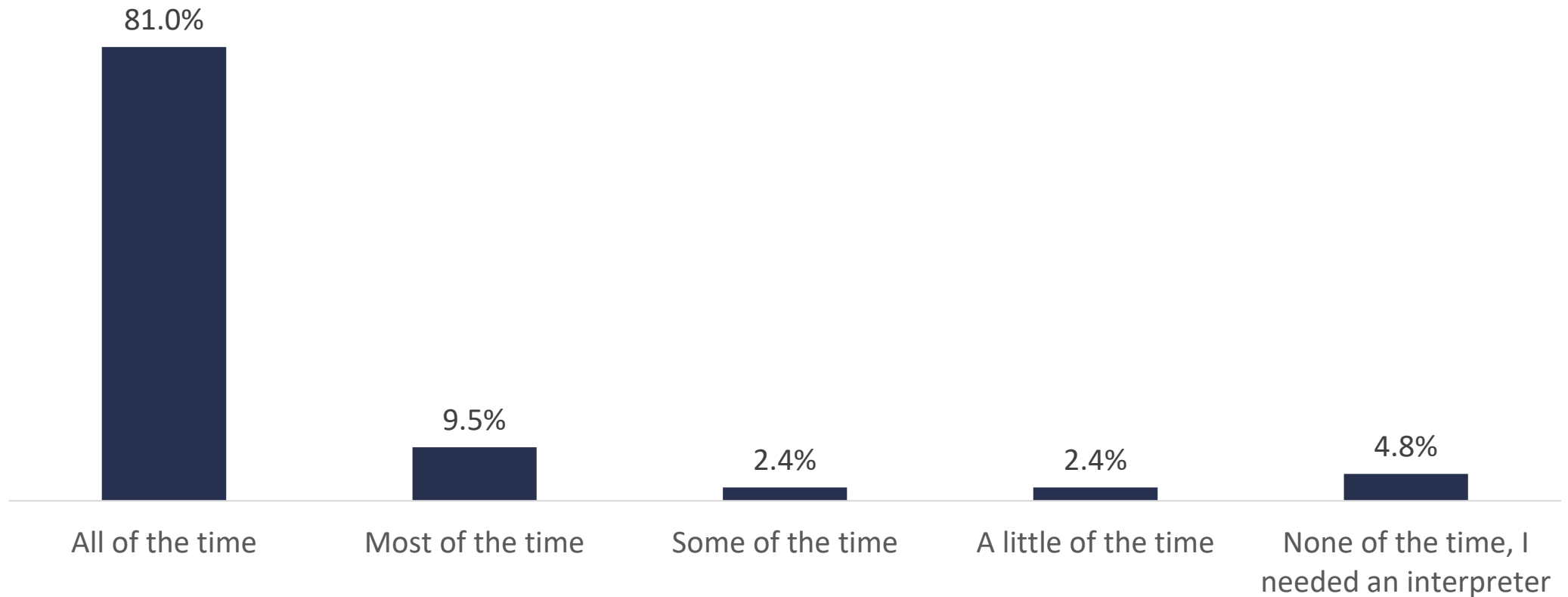


How comfortable would you be in individual therapy?



# When you have received behavioral health care services in the past, were they mostly available in your primary language?

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# Focus Group Highlights

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- Conducted 14 focus groups with community members
- Experiences accessing mental health services ranged from very good to difficult
- Access to services was quicker when in the hospital or with the assistance of peer support specialist
- Services for children were harder to obtain and took longer to receive
- Participants indicated a lack of providers, coordination, awareness, and insurance as barriers to receiving services in a timely manner
- Participants felt they received quality services and had positive experiences in developing treatment goals

# Suggestions for Improvement

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- Make 30-day programs longer
- Medical transportation requires improvement to be more reliable
- Create personal space in residential facilities for individuals to work on their needs
- Lists of resources need to be updated more often
- Need social support systems for parents of children with mental health needs
- Holistic services should be added to programs

# No Wrong Door Survey

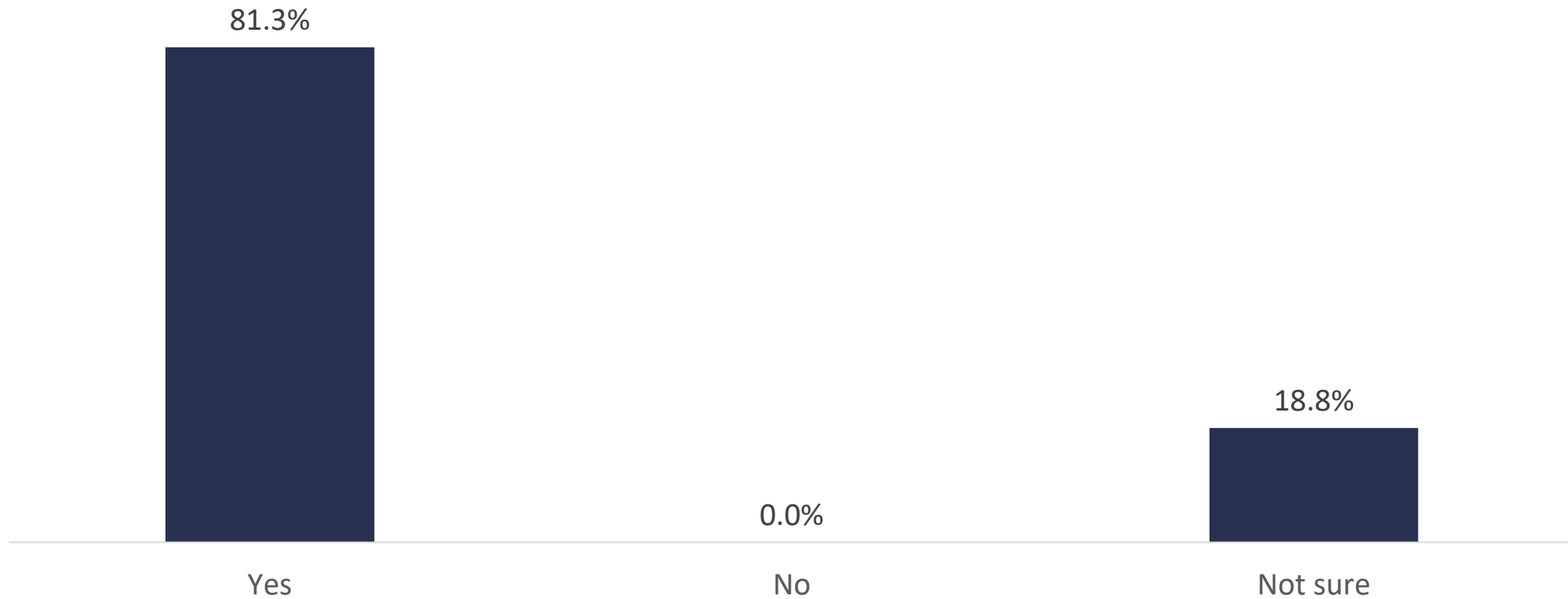
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PROVIDER SURVEY – 17 RESPONDENTS

DISTRICT 7

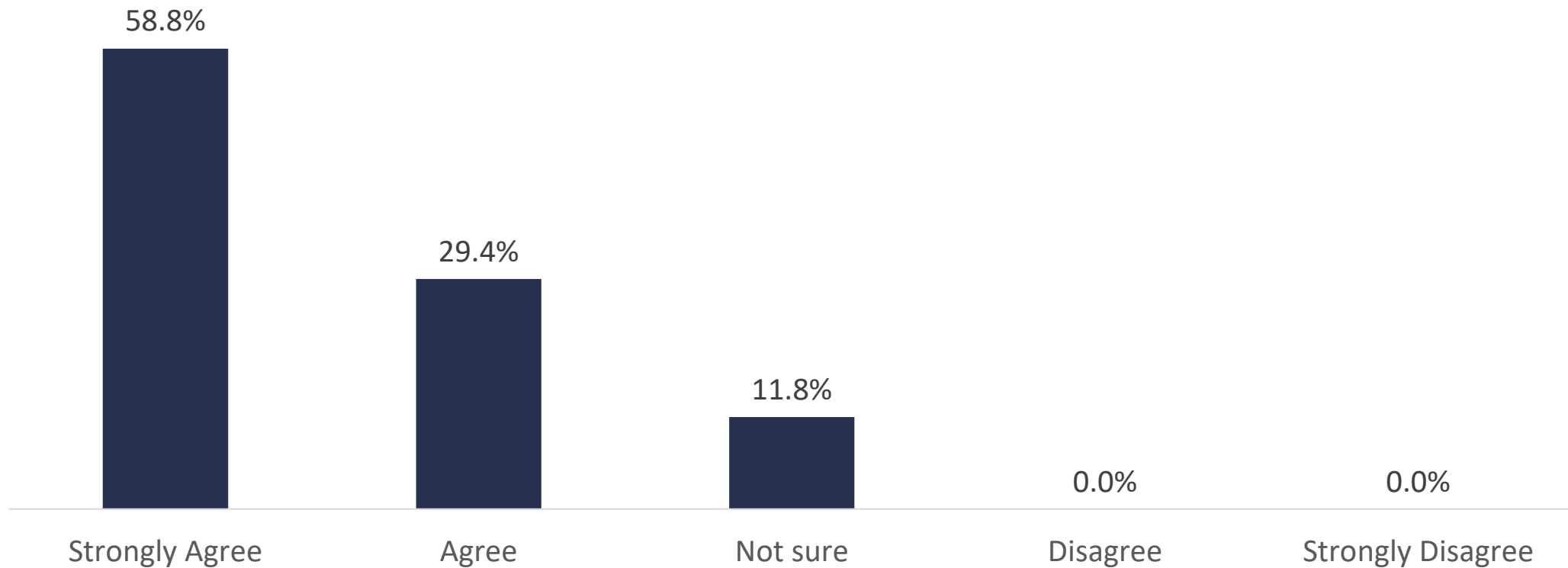
# Do you think the No Wrong Door access works well within your organization?

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# Your organization has strong care coordination?

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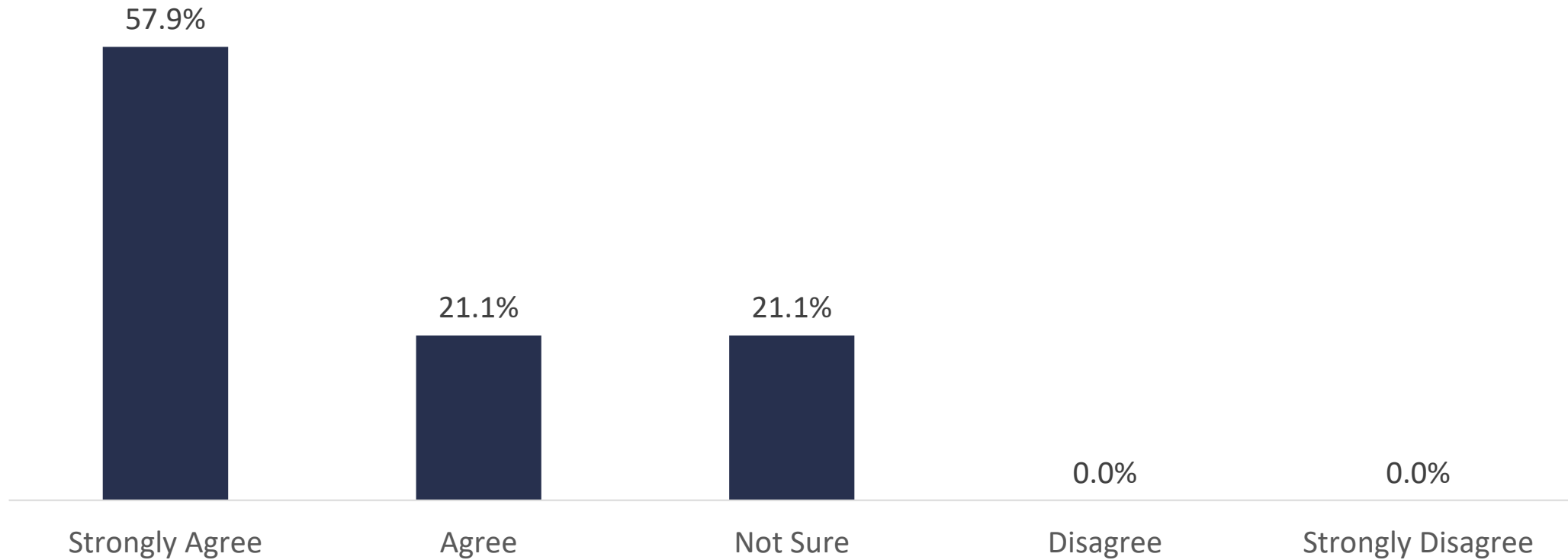


Includes warm handoffs and seamless care coordination



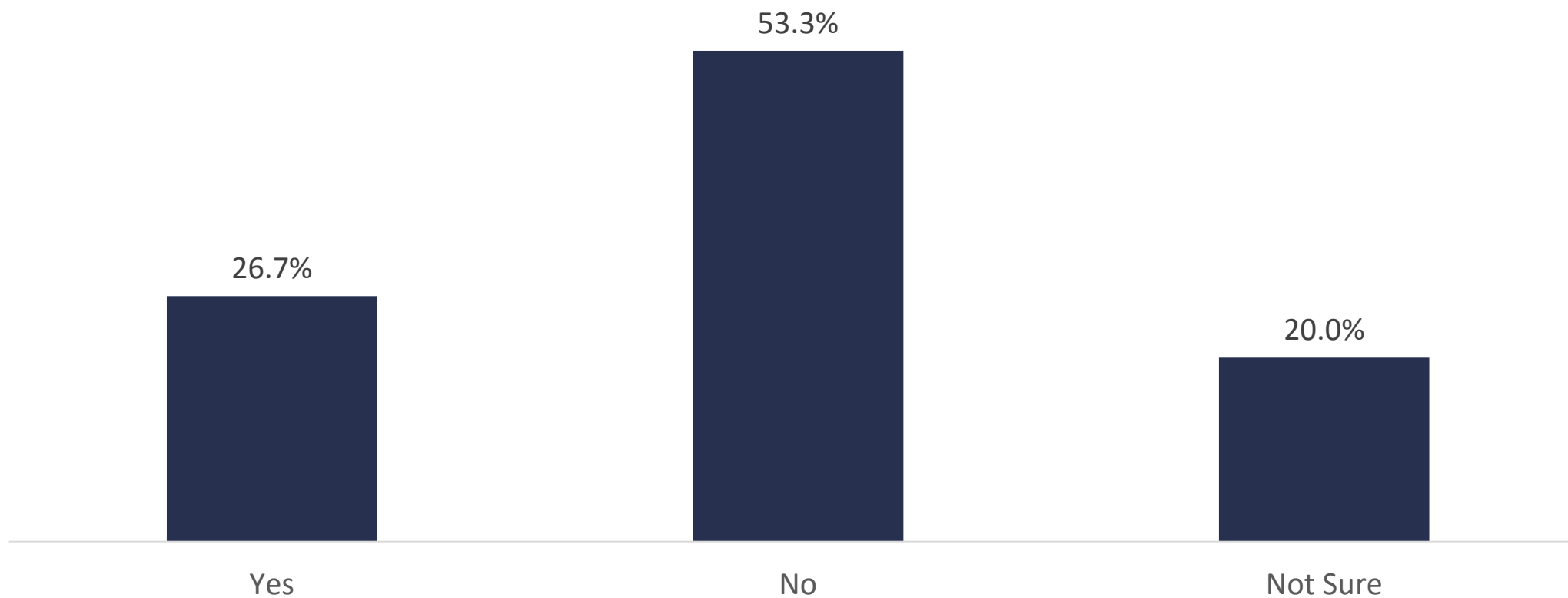
# Taken action to improve referral and care coordination?

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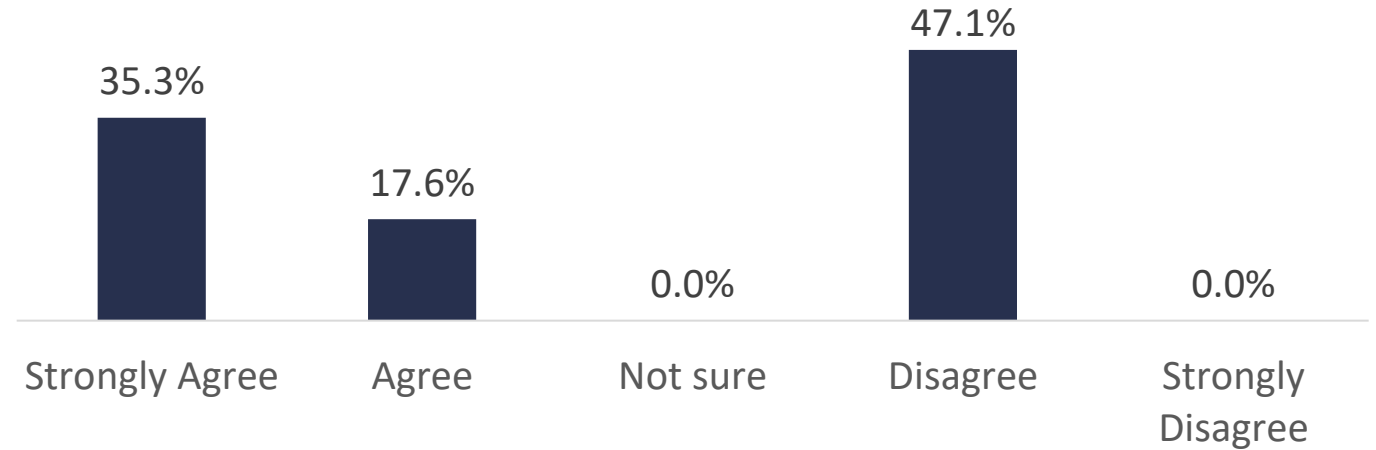


# Would standard intake and screening help get individuals into services more quickly?

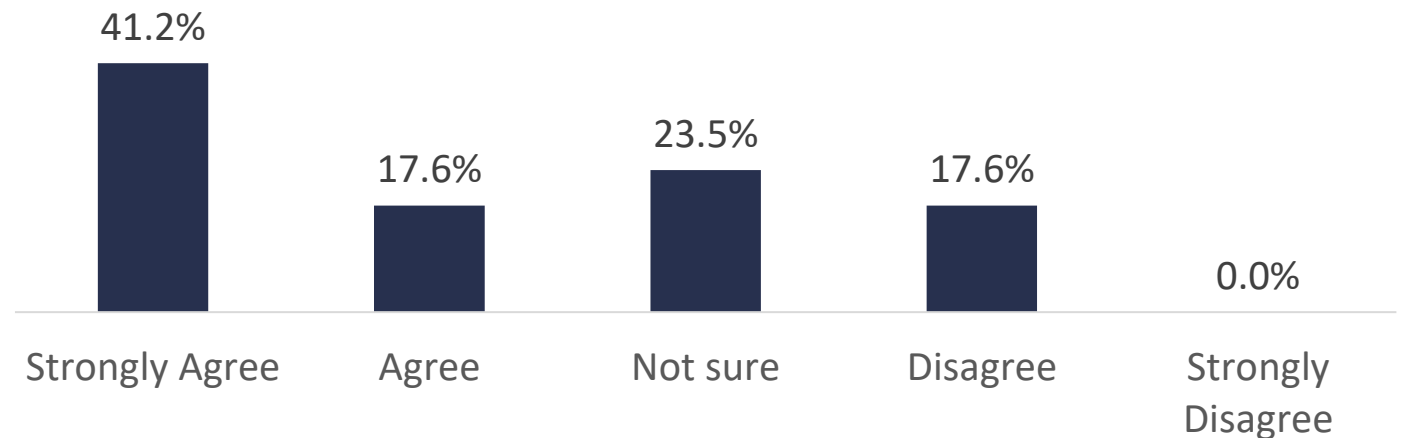
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Individuals in need of services have equal access to care



Stakeholders help to address and advocate to equal access to care at system entry points



# Stakeholder Survey

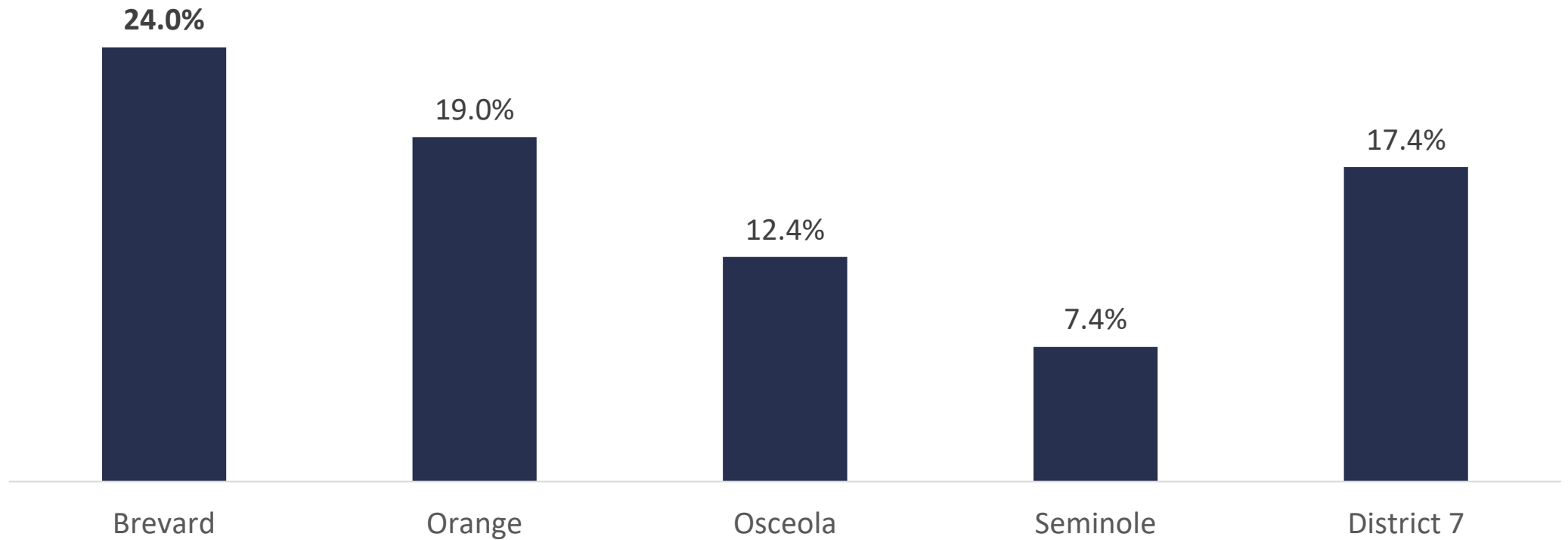
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123 RESPONDENTS

DISTRICT 7

# Stakeholder Respondents by County

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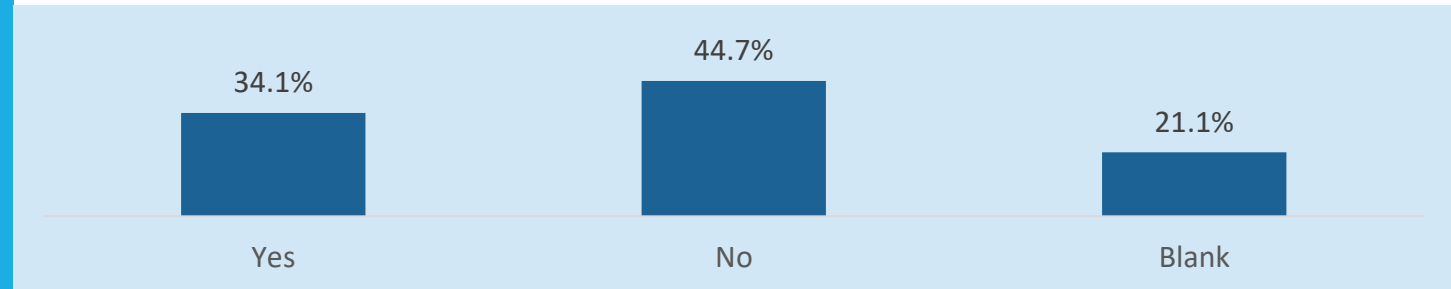


Remaining 20% served either two or three counties

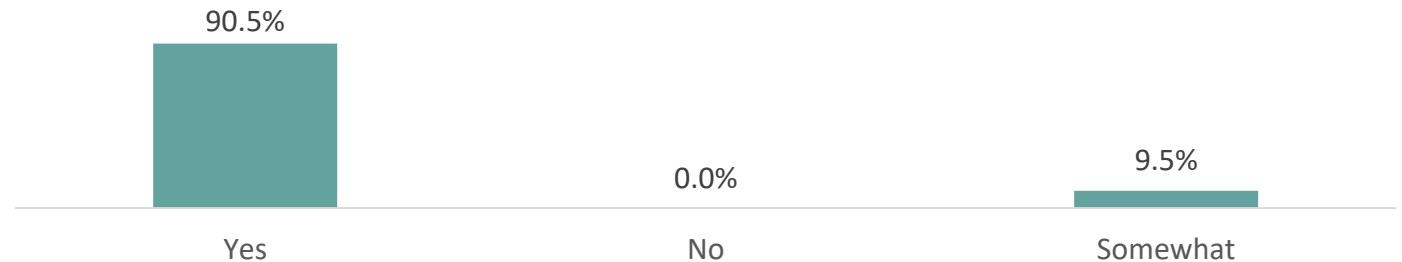
Are you aware of CFCHS resources?



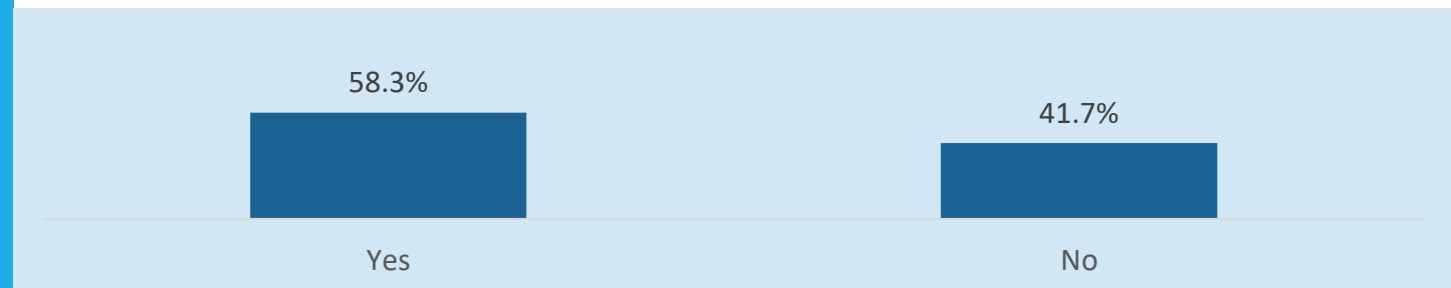
Have you accessed CFCHS resources in the past 6 months?



When you accessed CFCHS resources, was it helpful?



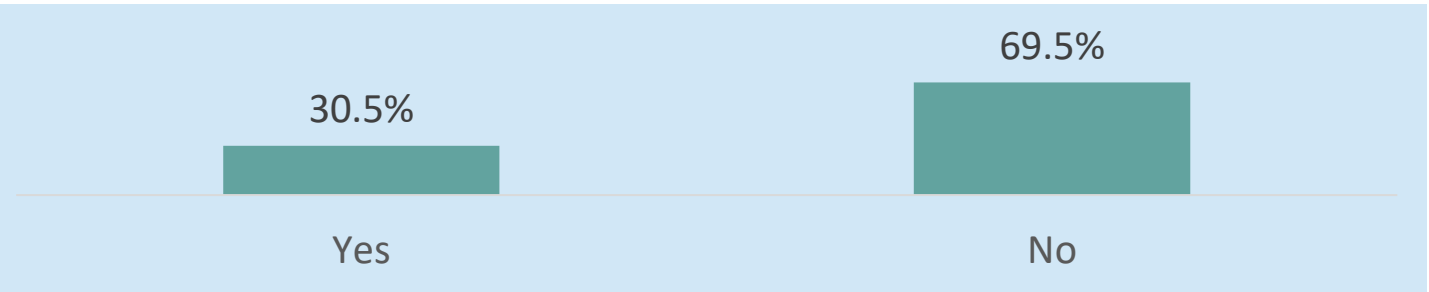
Have you ever directed individuals to access CFCHS by calling or online?



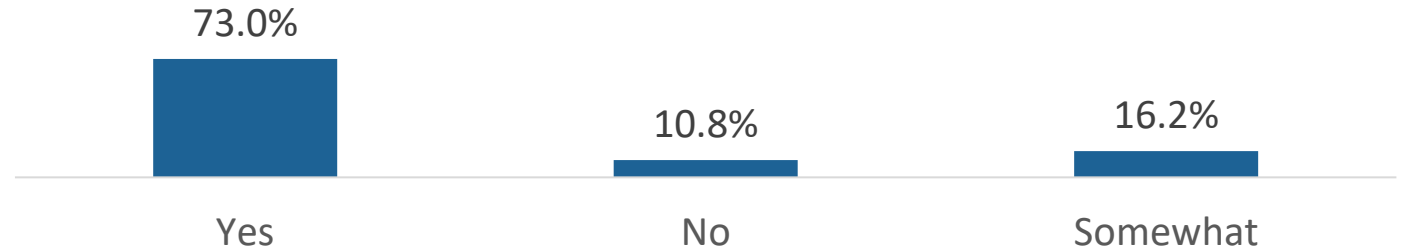
Are you aware of 2-1-1?



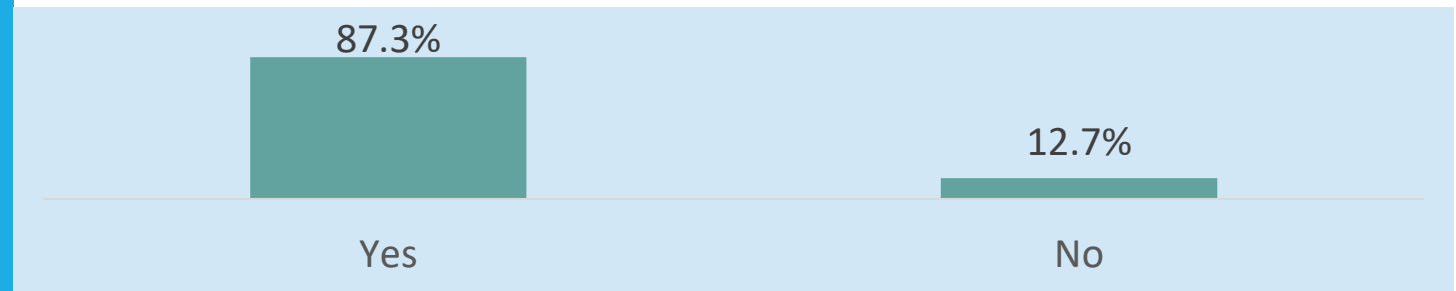
Have you accessed 2-1-1 in the past 6 months?



When you accessed 2-1-1, was it helpful?

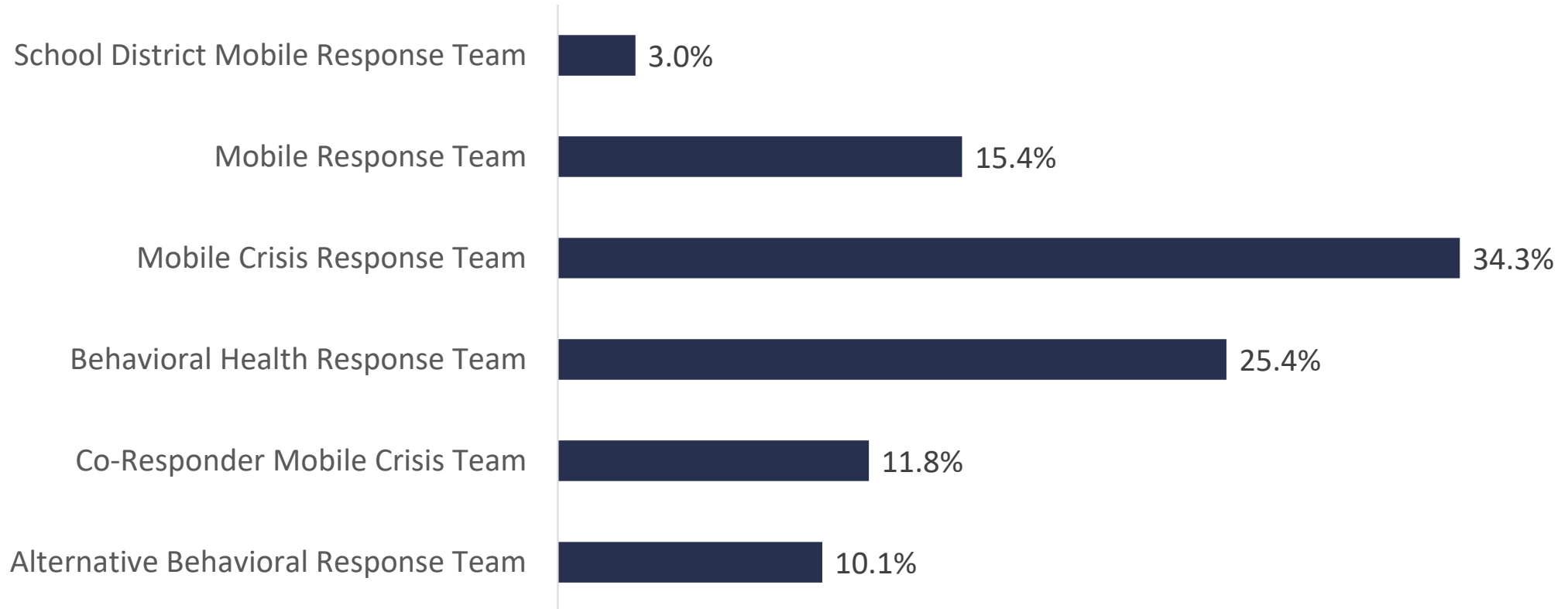


Have you ever directed individuals to access 2-1-1?



# The Crisis Response Team model in your area

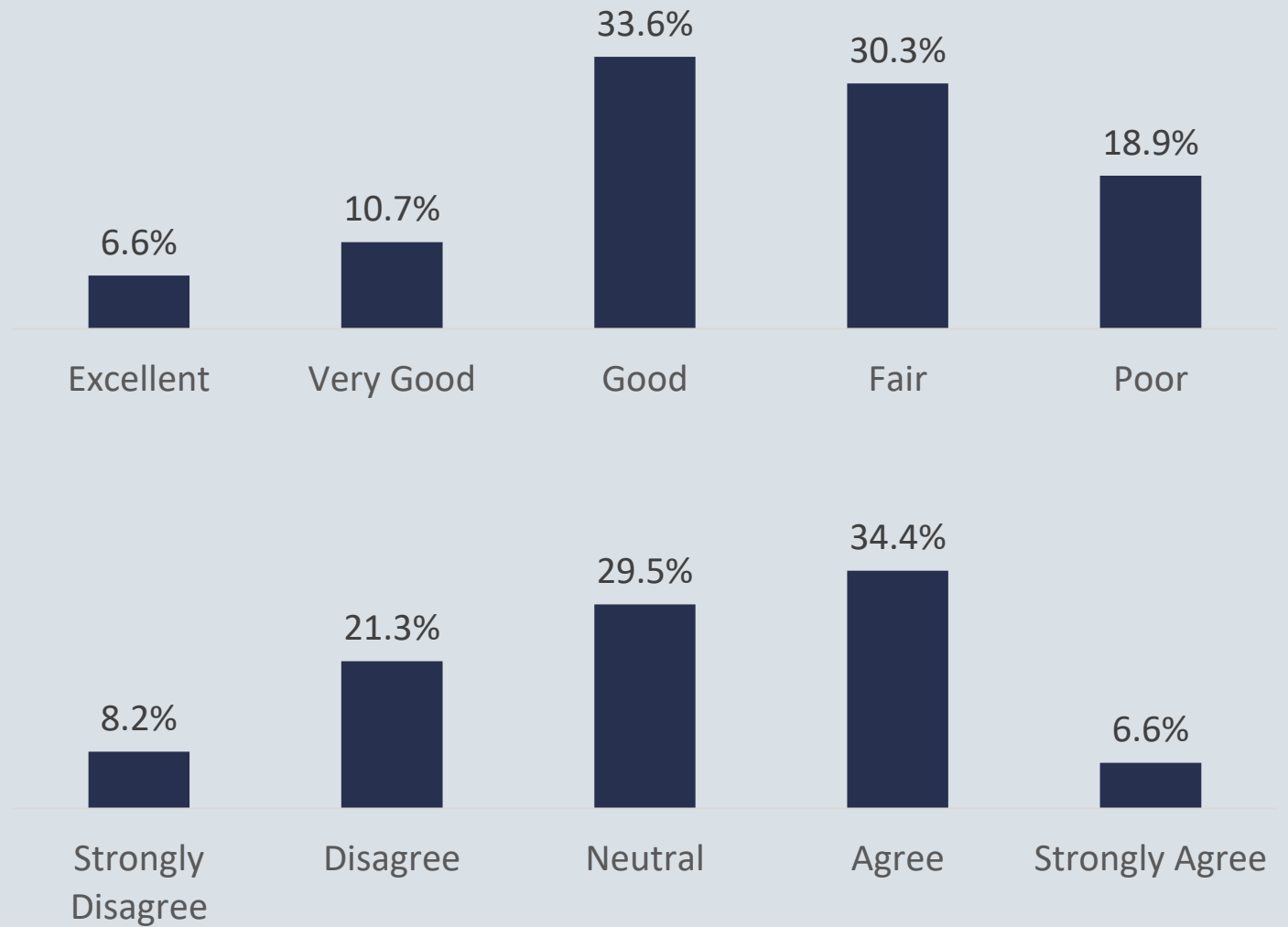
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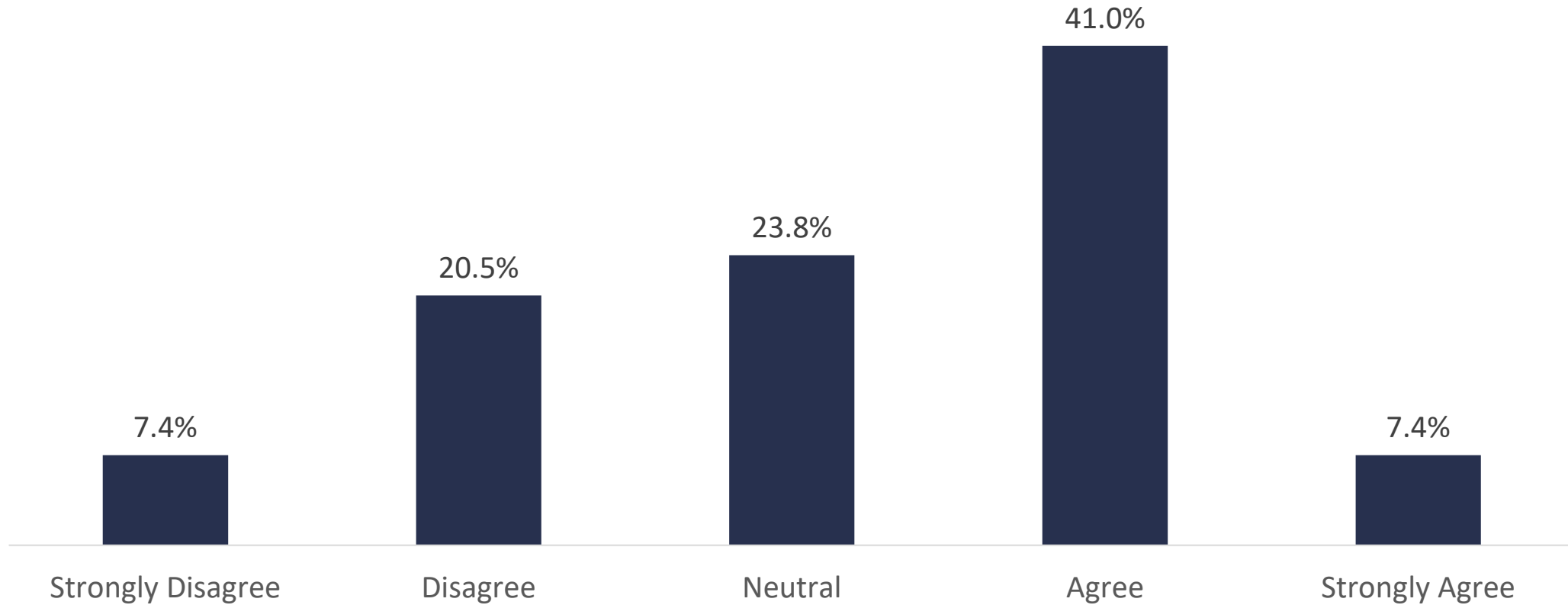
How would you rate  
community awareness of  
Mental Health and  
Substance Use treatment  
services in your area?

Linkages to needed  
services are coordinated  
and well established  
across the system.

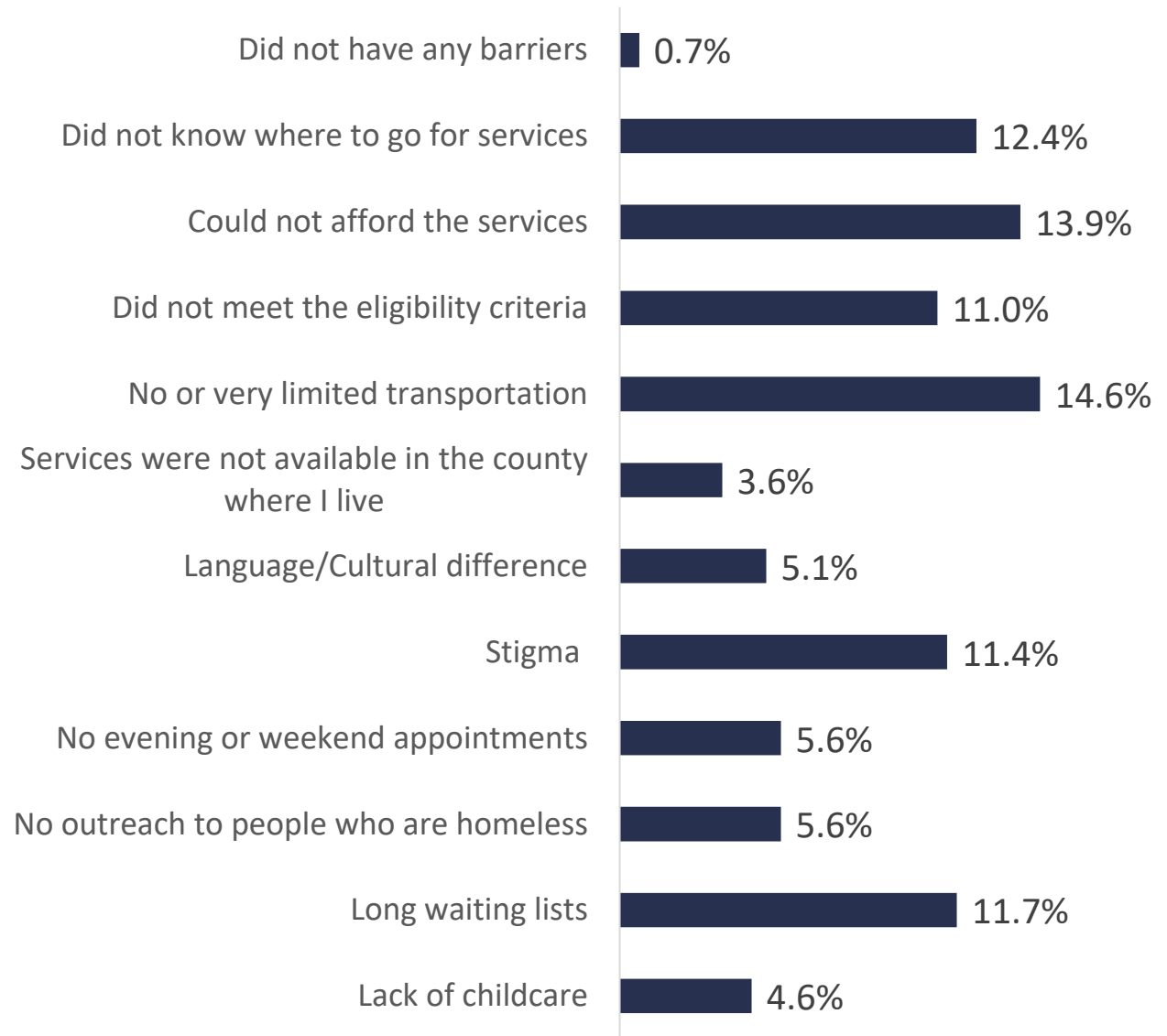


# Behavioral health care services are accessible in your area.

---



## Barriers for consumers accessing services in your community.



## **NEEDED SERVICES AND RESOURCES**

**Affordable Housing  
Providers**

**Fully Staffed Provider Offices**

**Detox Beds**

**Outpatient Counseling**

**Psychiatric Services**

## **TOP THREE PATIENT- CENTERED RESOURCES**

(that have improved quality of life for  
individuals)

**School-based Services**

**Crisis Response Team  
Services**

**Community-based Providers**

# Peer Recovery Community/Support Specialist's Survey

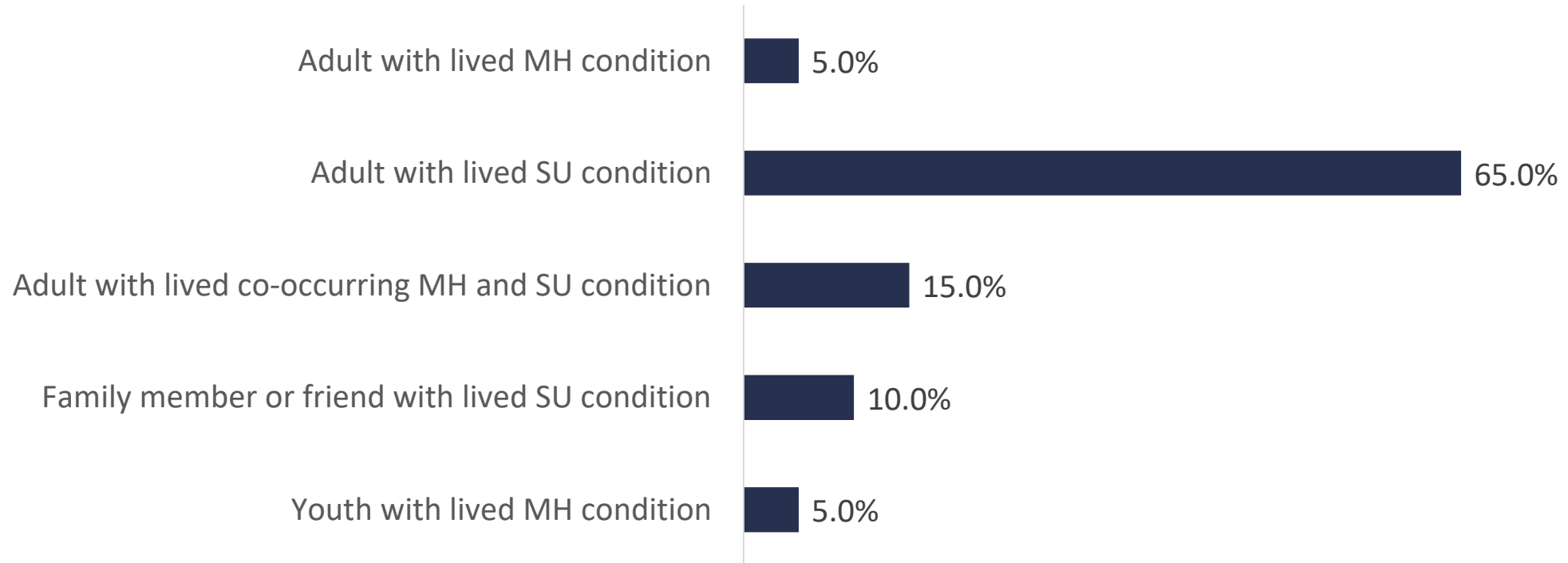
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20 RESPONDENTS

DISTRICT 7

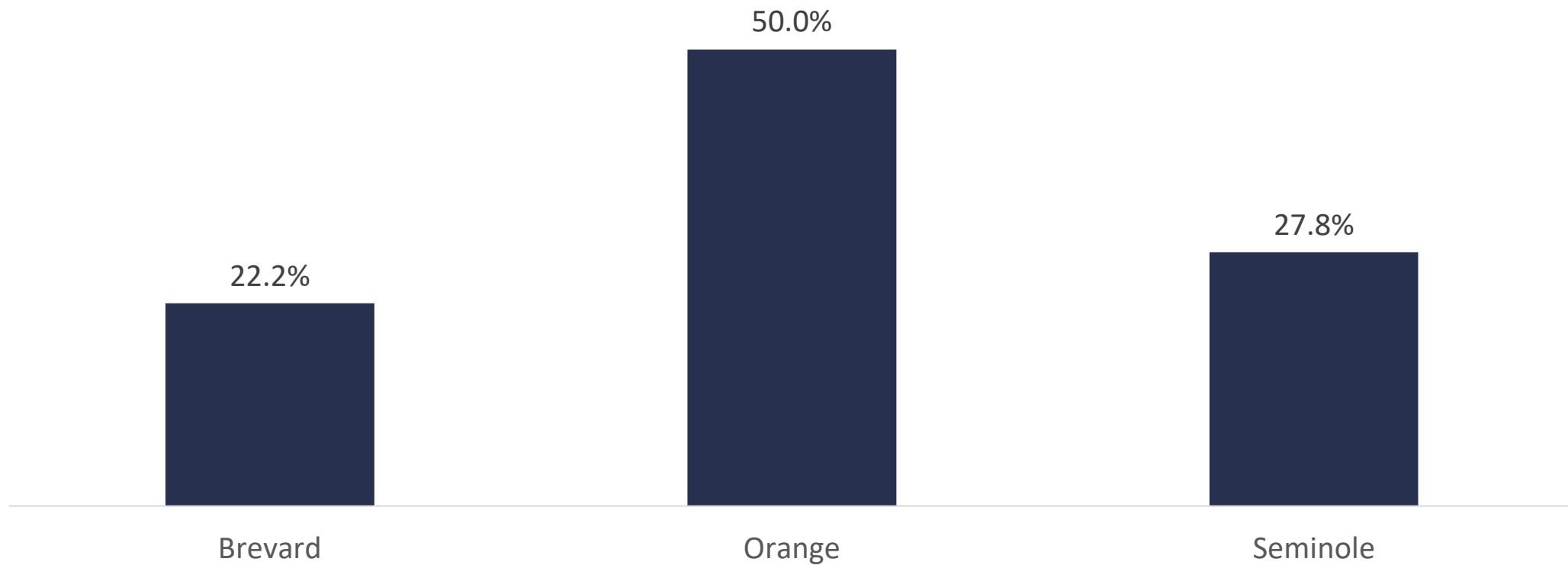
# Which best describes your experience?

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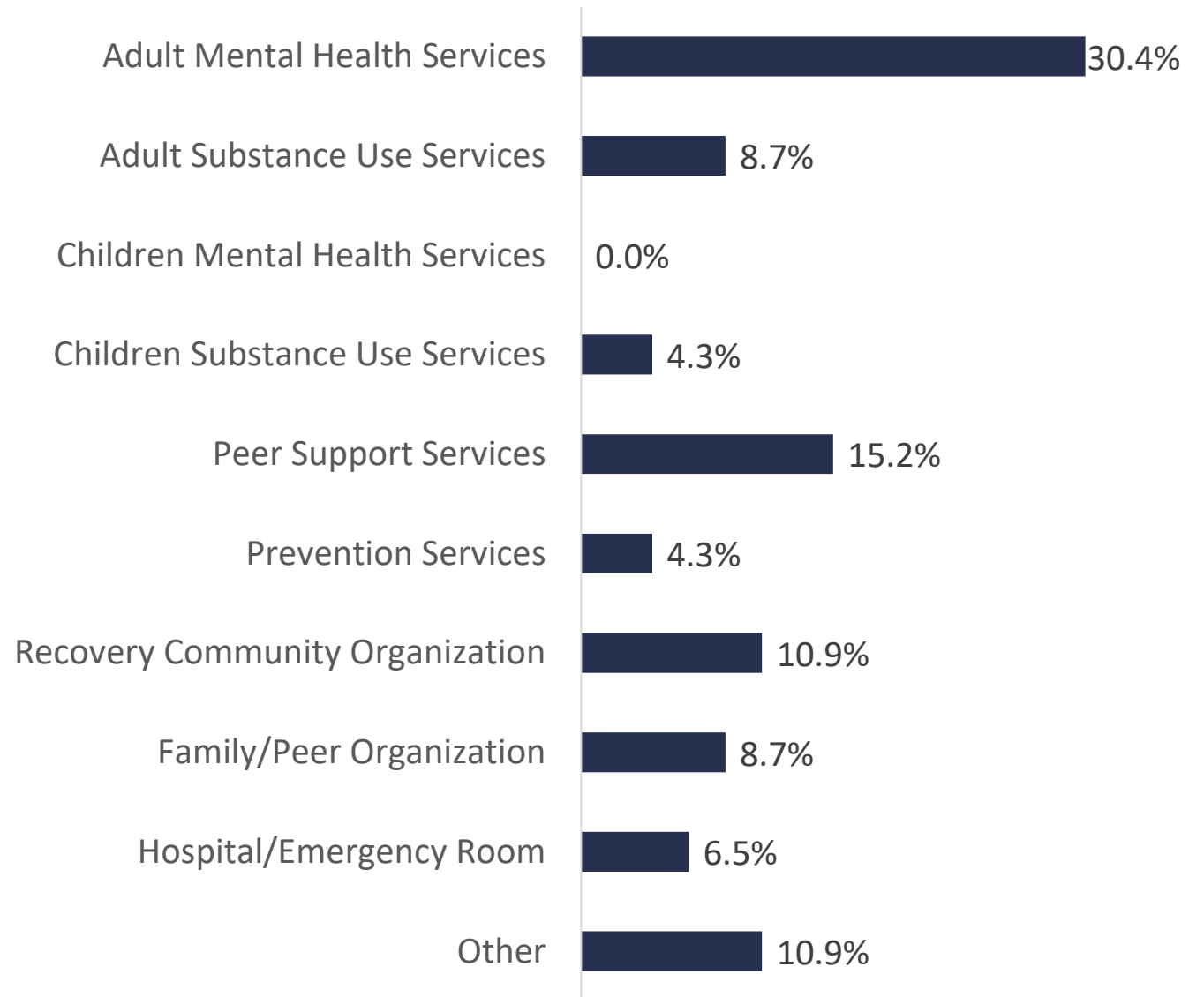


# Which county do you live in?

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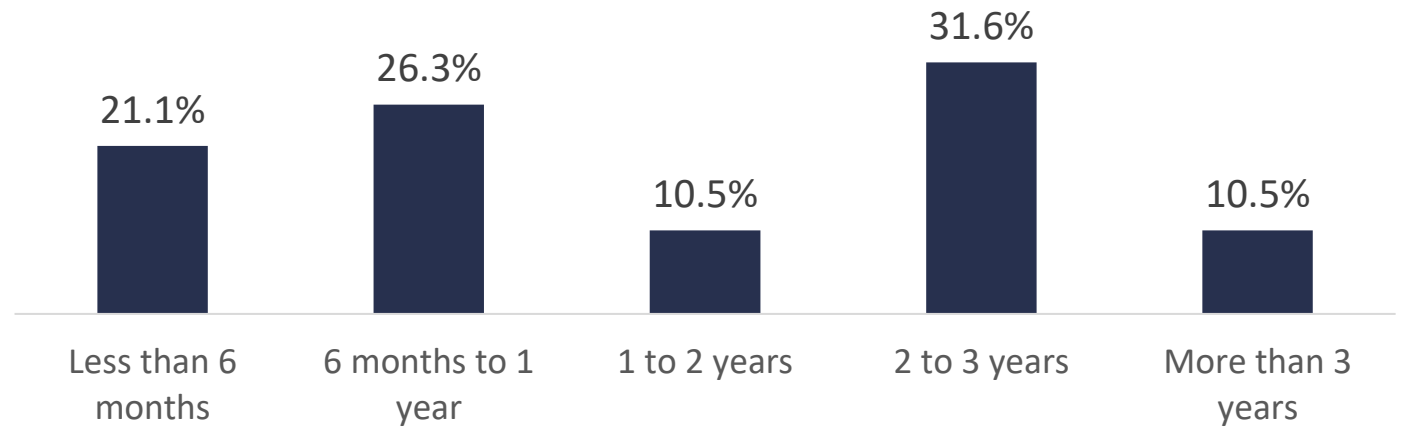


What type of service are  
you employed or  
volunteer with?

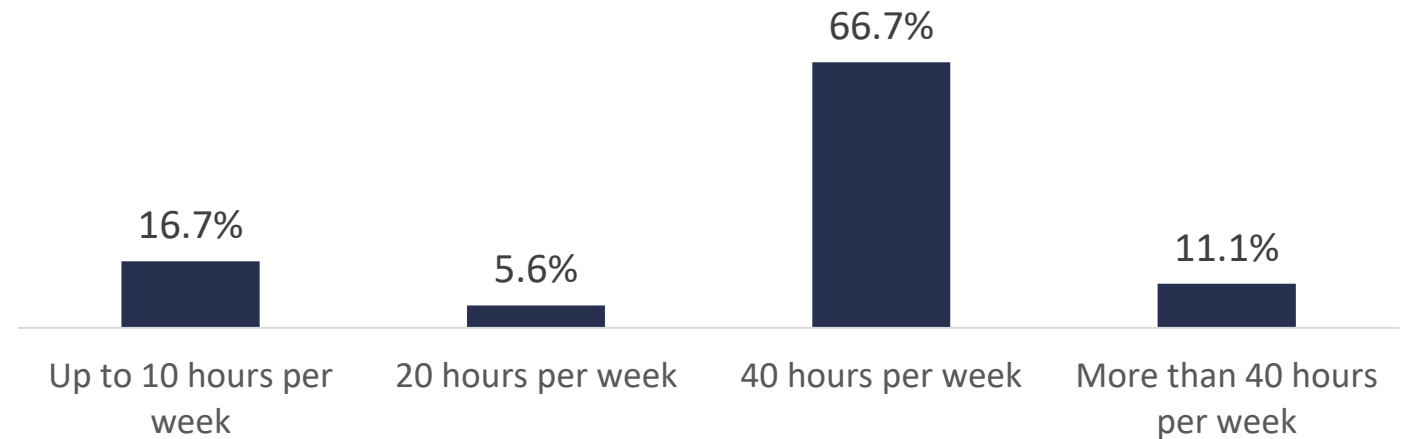




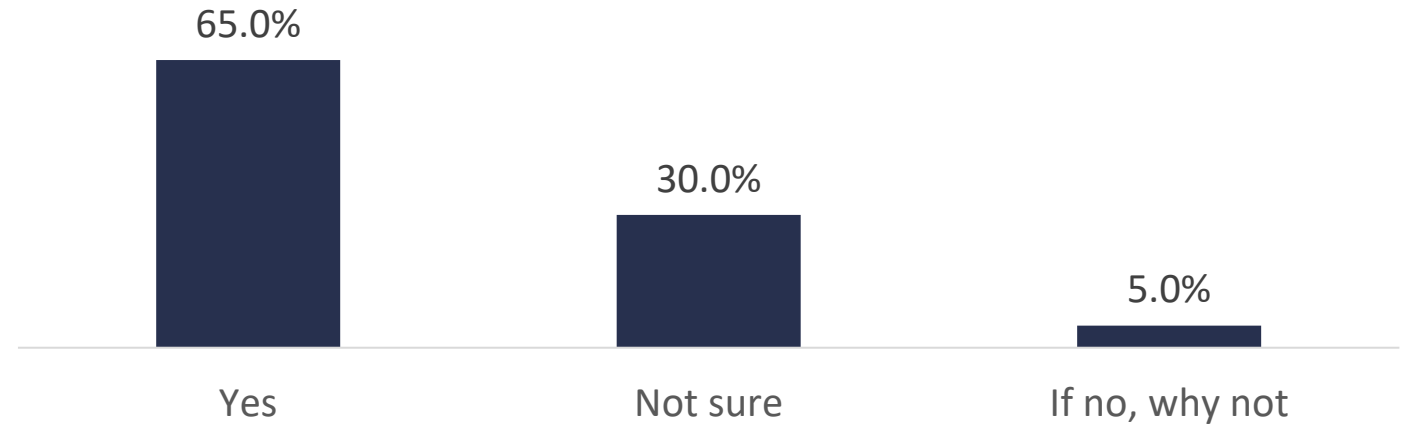
How long have you  
been employed or  
volunteered with  
the agency?



My work schedule  
averages...



Does the agency where you are employed, or volunteer, use recovery peer support services within the services they provide in the community?

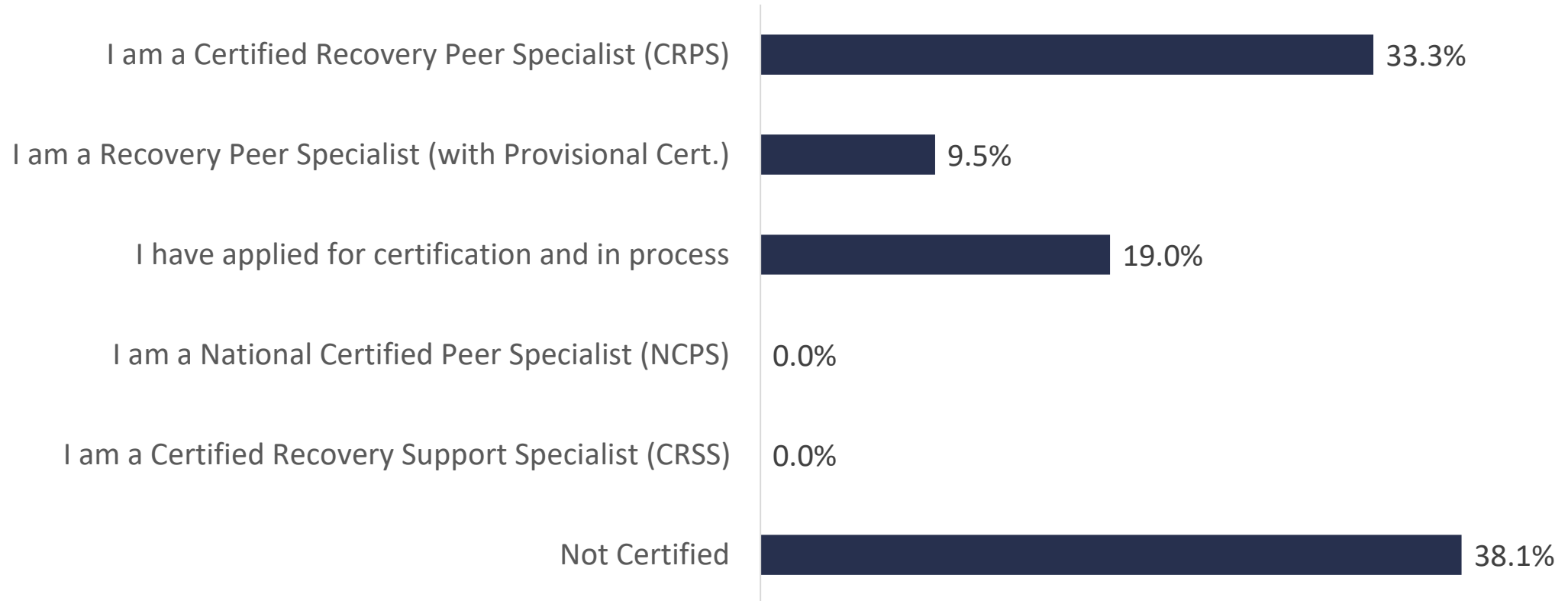


Does the agency where you are employed, or volunteer, adhere to recovery support best practices?

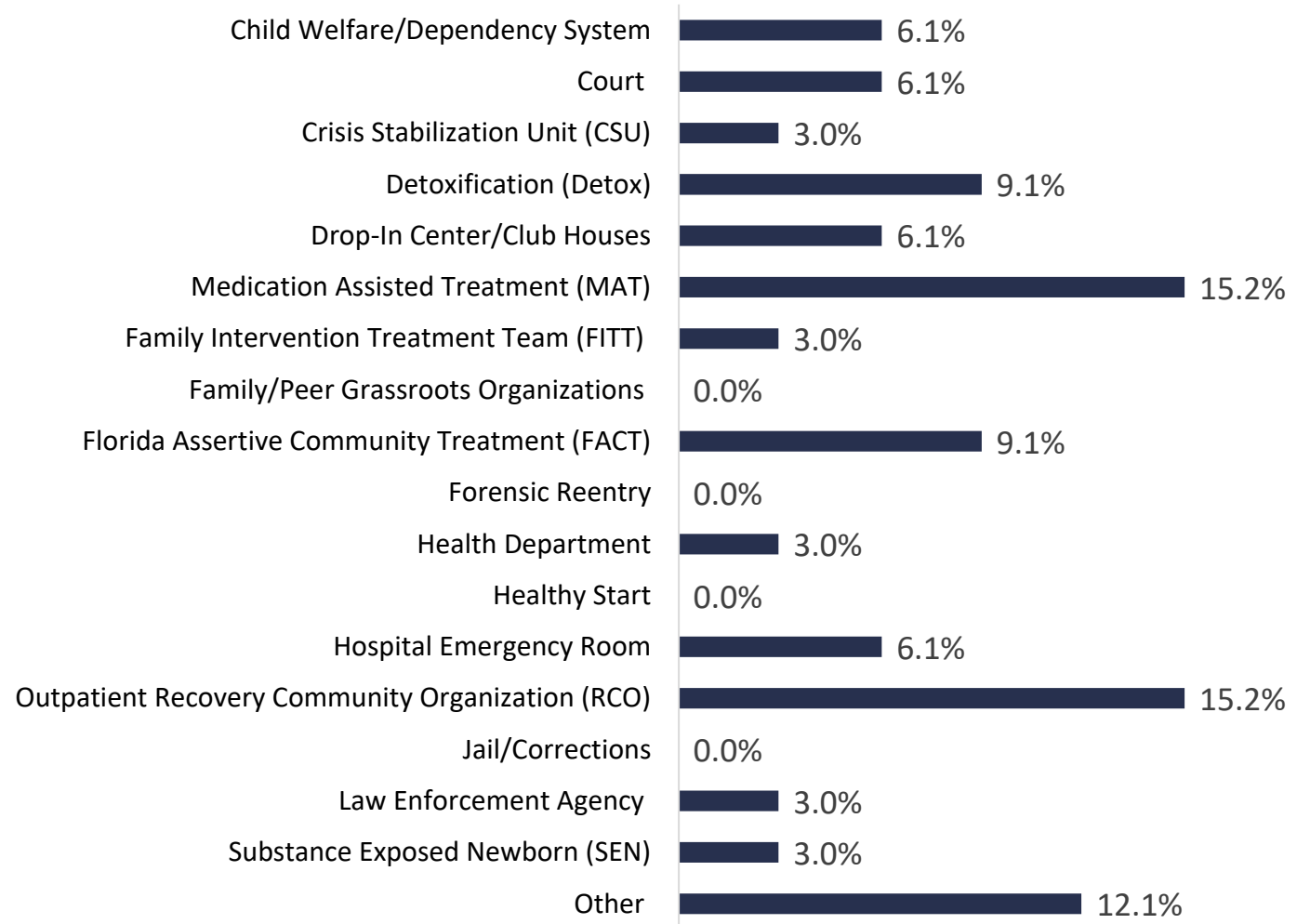


# Please indicate the qualifications that best describe your status.

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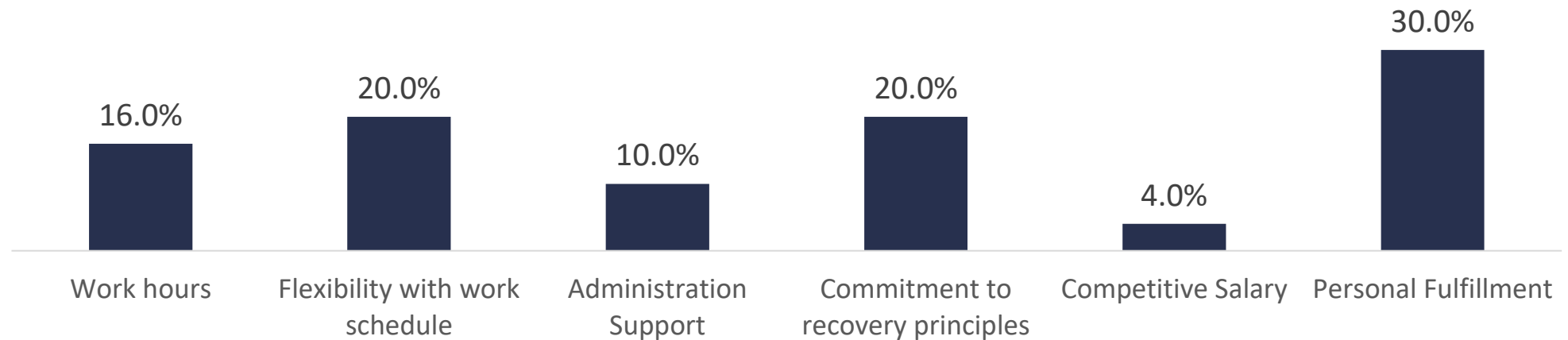


Please indicate the facility/program setting(s) that best describes where you deliver peer recovery support services.

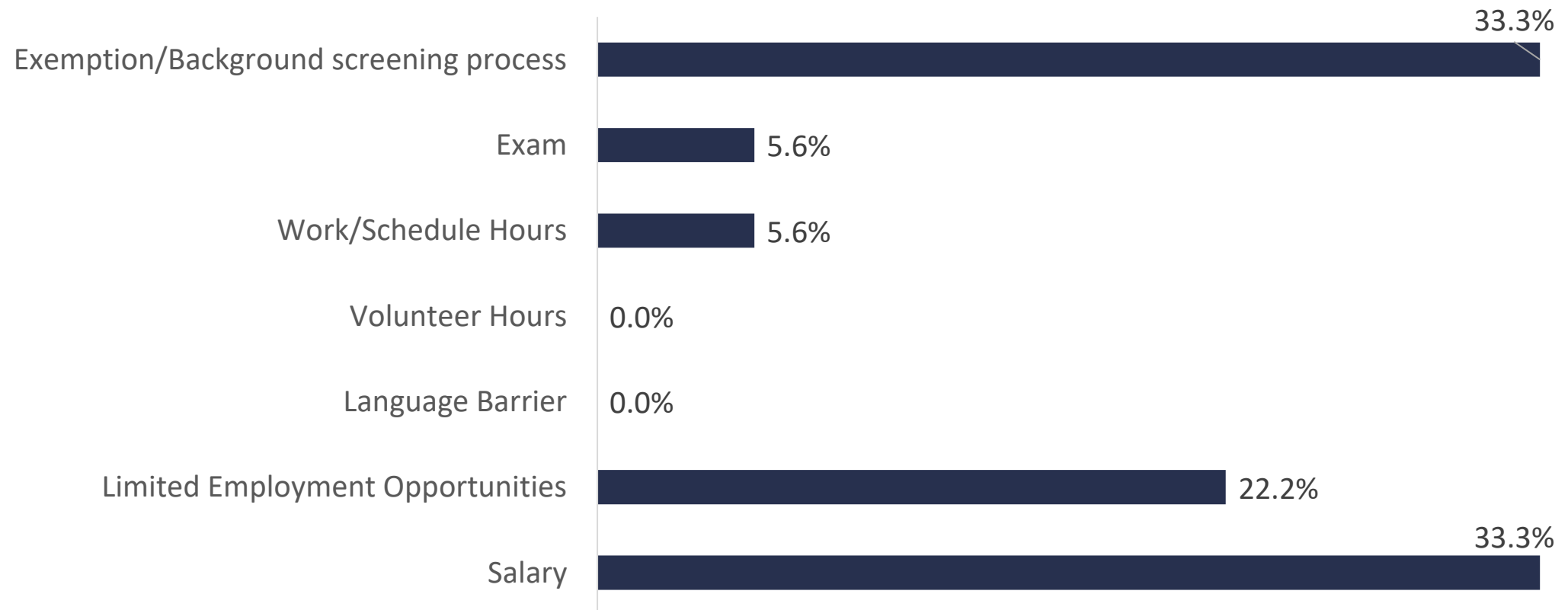


# What are the reasons/factors for staying with the company?

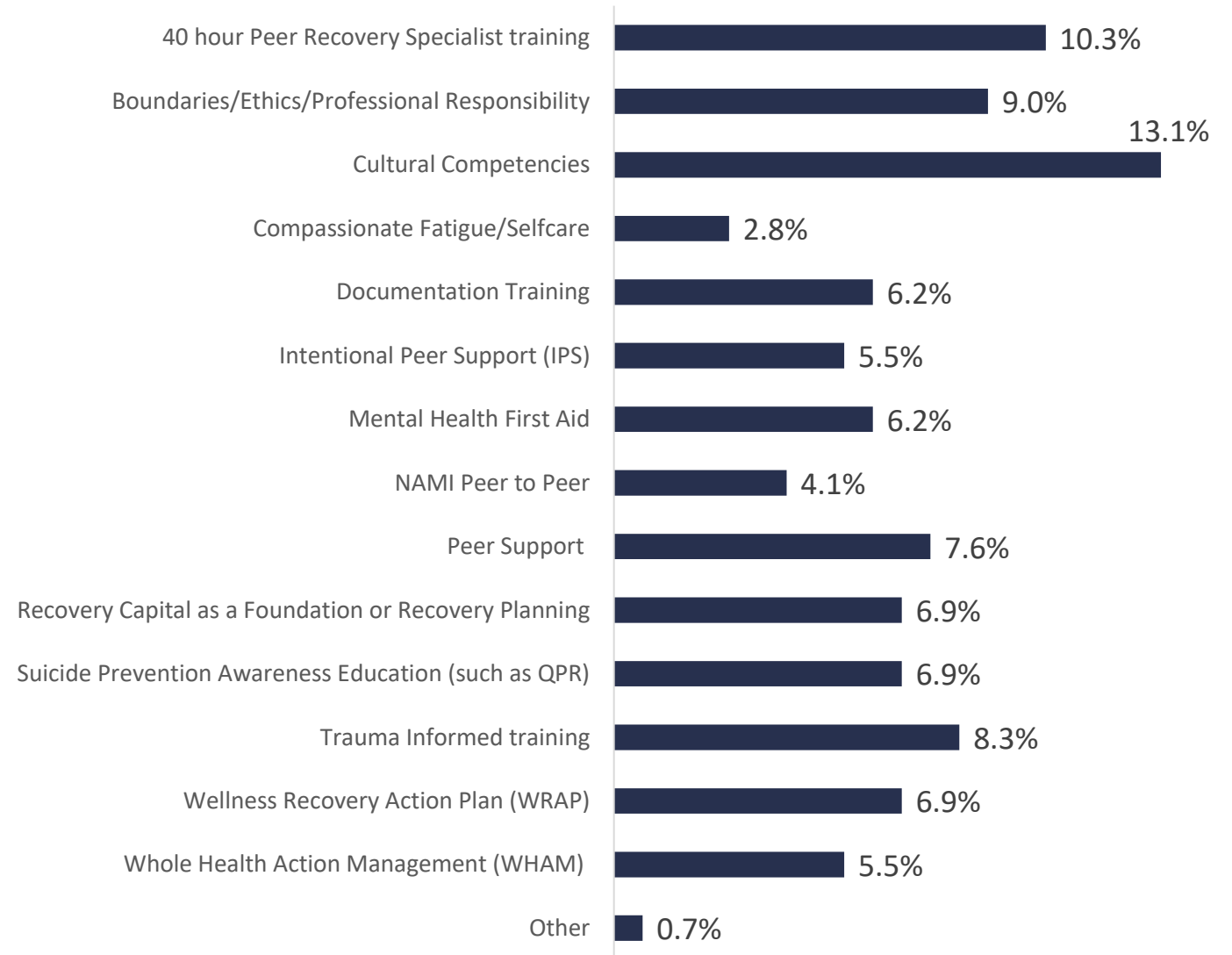
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# What barriers/challenges have you experienced in the hiring process?

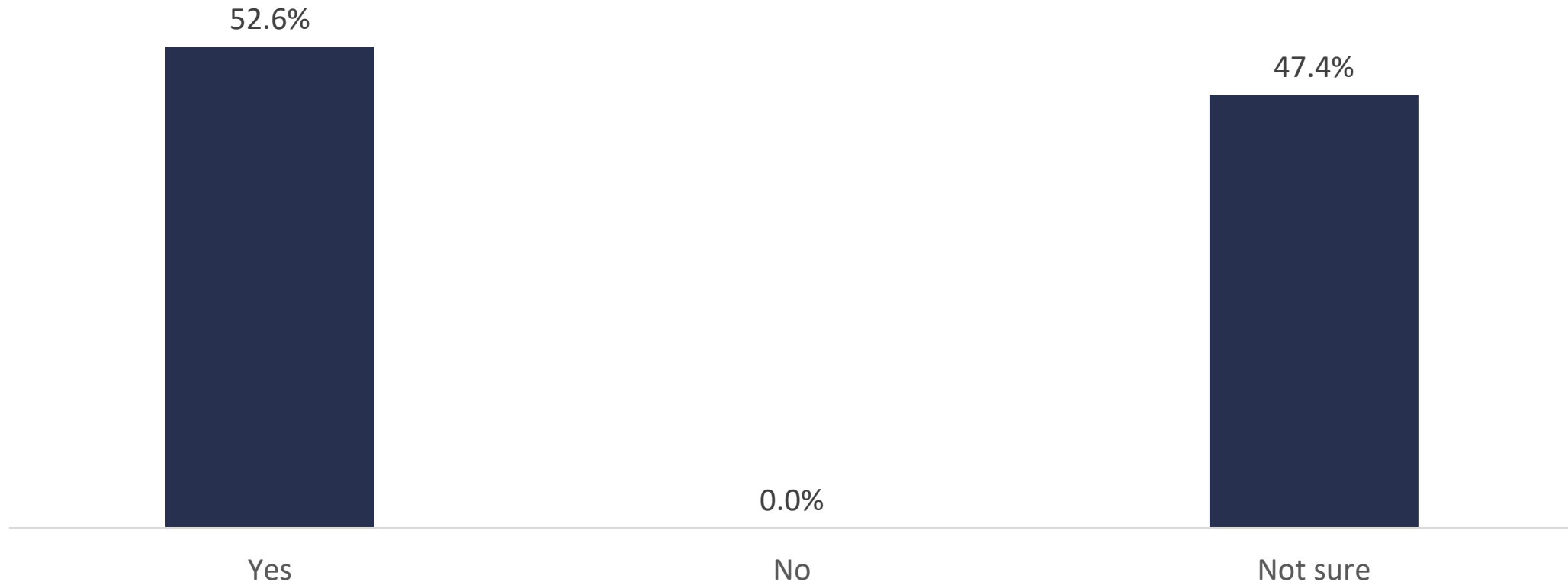


What training(s) would  
you recommend for peers  
to have to help them  
provide peer support  
services?



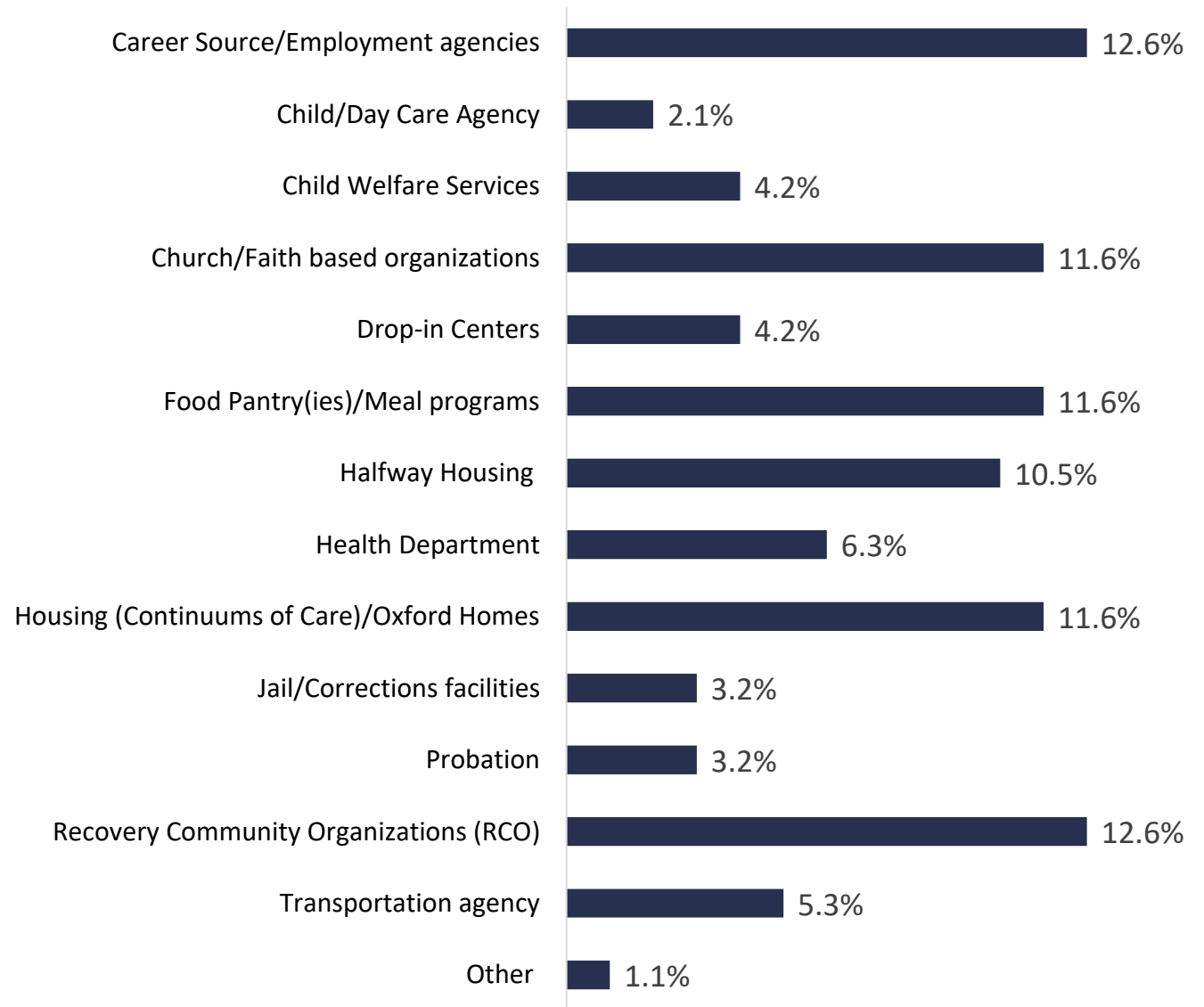
Are there partnerships that exist with peer support recovery programs, recovery community organization, and other support groups?

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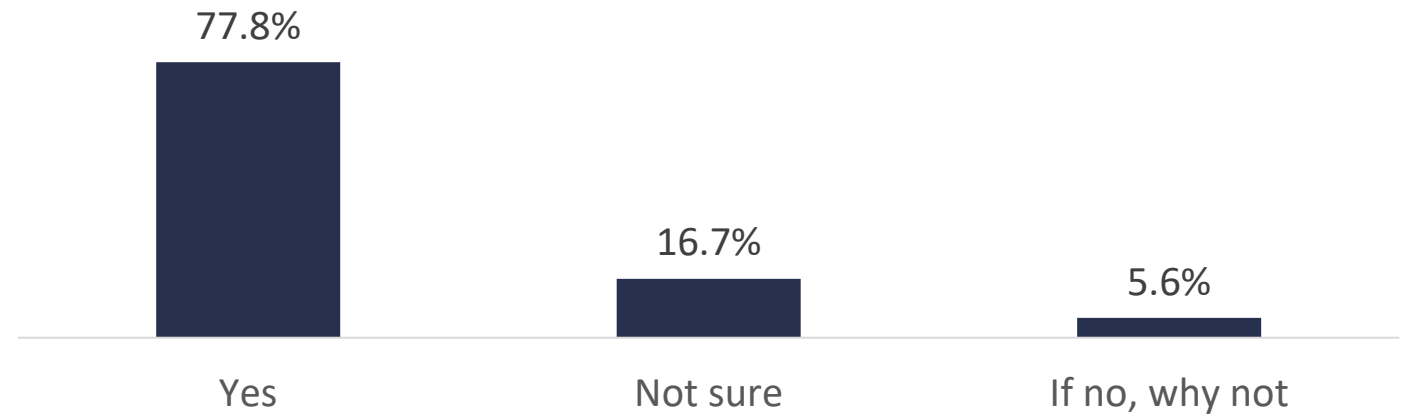




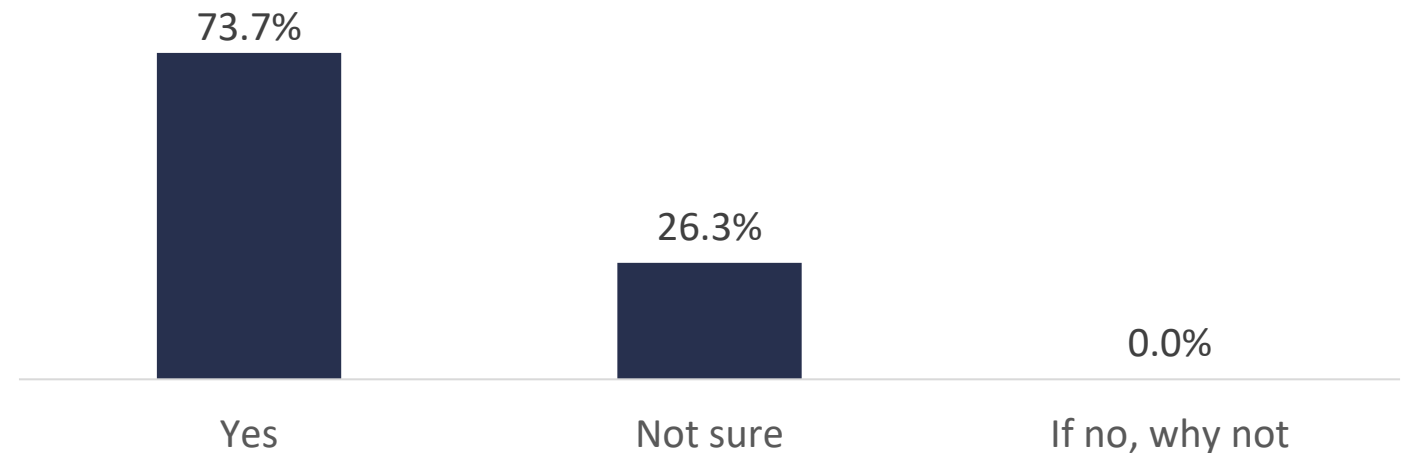
Are you aware of  
partnerships with other  
organizations that  
provide other resources  
such as:



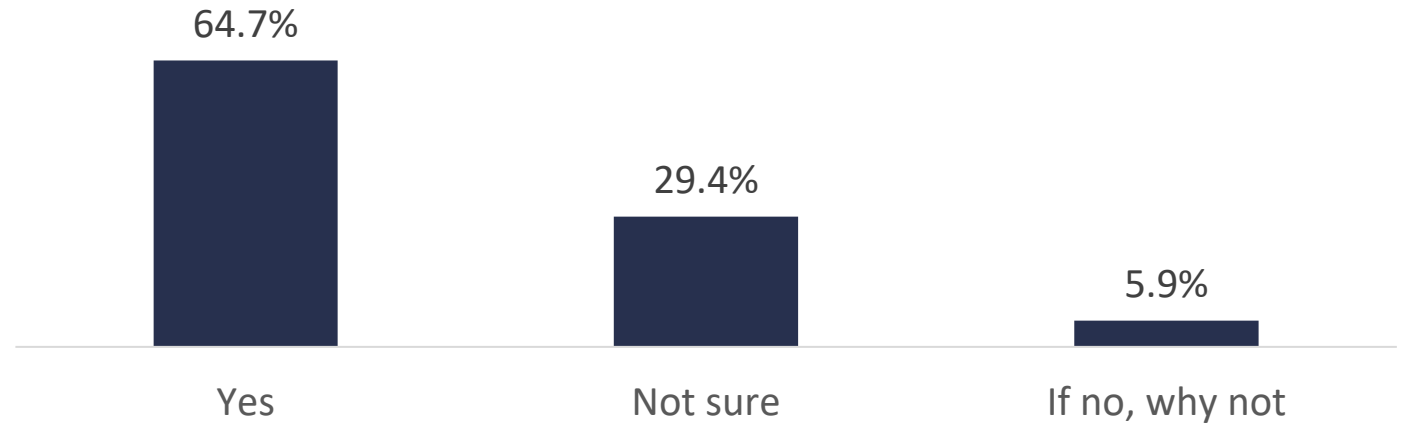
Do you have the ability to offer choices to individuals where you serve at the agency you are employed or volunteer?



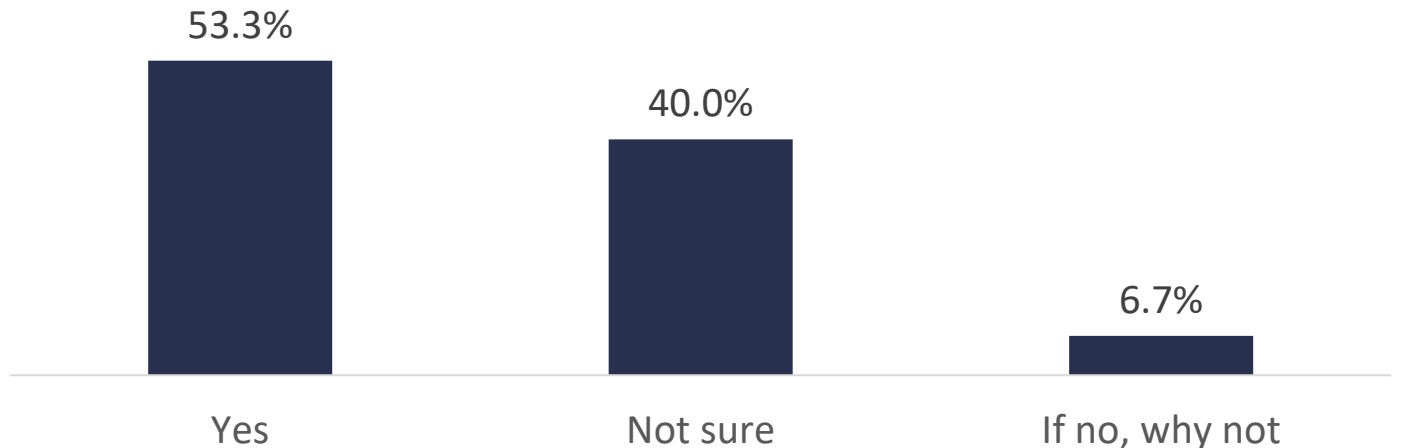
Does the organization where you are employed or volunteer, help to reduce stigma by promoting recovery language that is patient centered?



Does the agency where you are employed or volunteer, include peers in developing and promoting effective program development, education, and improvement?



Does the agency where you are employed or volunteer, included persons in recovery management and board meetings?



**Thank You**  
**Q & A**