

“A Healthy CommUnity Begins With You!”

3rd Annual Community Health Day

A FAMILY EVENT

**Hourly Workshops:
(beginning at 11 a.m.)**

~Zumba

~Healthy Eating/Juicing

~Smoothie Bike

~Estate Planning

***~S.W.A.T. (Students Working
Against Tobacco)***

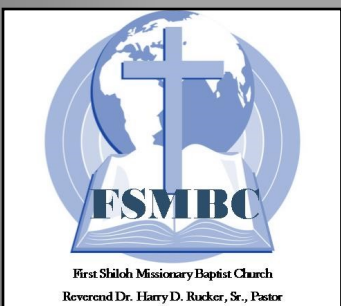


Saturday, March 28th, 2015

10:00 a.m.-2:00 p.m.

Westside Community Center

919 S. Persimmon Ave.~ Sanford, FL



Contact: Sheryl Jones

407-701-0420

sheryl_jones@scps.k12.fl.us

Services Provided:

Vision Screening * Hearing Screening

Blood Pressure Checks * Glucose Screening

BMI (Body Mass Index) * Dental

Mental Health * HIV Screening

Financial Health * Kid Zone * Food and more...