

# AN INSIDE LOOK

## CFCHS' April News Brief

### Mobile Response Team Story #1

A clinician responded to a crisis call from a middle school for a student who had recently self-harmed and they suspected the student had been having suicidal ideation. The mother was present and the clinician spoke with them together, after asking the student about her preference. The student opened up and the clinician took time listening to her story and assessing. School was ending and as the student was stable and interested in getting help, they agreed to move the session to the family's home a few miles from the school. The clinician followed the family and continued the intervention at the home. The student was able to create a safety plan with the clinician and the mother, and no Baker Act was needed. The clinician linked the family with Wraparound Orange and joined in the meetings to assist with the transition. The family was having issues with their insurance, so the clinician provided follow-up counseling services until the insurance was sorted out. The clinician also worked with the client and her father (as the parents were divorced) and visited at his house as well. One day the client had another crisis and the clinician was able to de-escalate the client and educate them about a voluntary assessment. The client and mother were interested in doing a voluntary assessment, as the client stated she was unsure if she could remain safe that night. The family followed the clinician to the closest crisis stabilization unit and the clinician waited with the family for a few hours before the client was able to be assessed. The client was admitted and the clinician followed up when she returned home. The clinician linked counseling and psychiatric services, and the clinician also assisted in transitioning the client to the new counselor by joining the intake session. The clinician made sure the family was satisfied with the service before discharging.



Maria Bledsoe speaks at Governor DeSantis' Press Conference

### Praises to CFCHS...

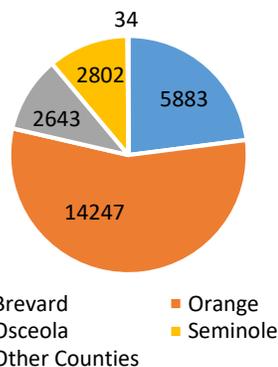
During CFCHS' monitoring of Mental Health Resource Center (MHRC), Geovanna Dominguez had the opportunity to speak with supervisors and managers that have contact with several other Managing Entities throughout the state. MHRC staff commended CFCHS by saying it was great to work with CFCHS' staff, praised our communication, and our level of technical assistance and support. MHRC also spoke highly of Spenser Strode, and his interaction with their agency, and expressed appreciation for Stephanie Smith and Kristen Juliano's assistance regarding issues involving FACT teams.

### Mobile Response Team Story #2

A clinician responded to a crisis call from a high school for a student who had been having suicidal ideation. A school staff member joined for most of the intervention and was able to also provide support. At the beginning of the intervention, the student identified she was feeling at an 8 on a scale of 1-10 (1 = very low suicidal ideation & 10 = very high suicidal ideation). After building a rapport, assessing, identifying triggers, and working with the student to identify her strengths and protective factors, the student reported feeling at a 2. The clinician updated the parent when she arrived to the school and they were all able to develop a safety plan together. No Baker Act was necessary and the clinician updated the rest of the school staff that was involved and exchanged contact information. The clinician worked with the student weekly until she was linked to counseling services. The clinician found a private practice that accepted the family's insurance that was located on the way home from school for the student and was able to do a combination of individual and family therapy. The clinician was able to provide the new counselor with some background information and follow up with the family after the intake to ensure they made it and were satisfied with the referral.

### Clients Served this YTD

#### By County



#### By Service

