

HOW TO PREVENT COVID-19



Avoid close contact with people who are sick



Avoid touching your eyes, nose, or mouth



Stay home when you are sick



Cover your cough or sneeze with a tissue



Clean and disinfect frequently touched objects/surfaces



Follow CDC's recommendations for using a facemask



Wash your hands frequently* with soap and water for at least 20 seconds

**Especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing*