



Better Together Symposium

September 29 and 30, 2021

Valencia College School of Public Safety
8600 Valencia College Lane, Orlando, FL 32825

Central Florida Cares Health System, Inc. and Orange County Drug Free Coalition presents a collaborative discussion among leaders on the impact mental health and substance use has on first responders, persons in recovery and individuals in the community. Moderated by Eric Welch, Executive Director of NAMI Greater Orlando.

Day 1 – September 29, 2021 – Open to the public

- 8:30 a.m. Registration, **Breakfast sponsored by Rubenstein Law**
- 9:00 – 9:15 am Opening session with Maria Bledsoe, Chief Executive Officer of Central Florida Cares Health System, Inc.
- 9:15 – 10:15 am Keynote Speaker: Personal Recovery Journey with Senator Darryl Rouson
- 10:15 – 10:30 am Break
- 10:30 – 11:30 am Trauma Informed Care with Deborah Beidel, Ph.D.
- 11:30 – 1:00 pm Lunch sponsored by Rubenstein Law: **Free Narcan kit and instructional video**
- 1:00 – 2:00 pm Co-Responder Model Panel: Orange County and Orlando Police Department
- 2:00 – 3:00 pm Suicide Prevention Awareness with Lindsay Brown, M.ED, Ed.S
- 3:00 – 3:15 pm Break
- 3:15– 4:15 pm Peer Recovery Support Panel
 - Yasmin Flasterstein, Peer Support Space
 - Maria Iddings, Central Florida Cares Health System, Inc.
 - Joe Dmitrovic, RASE Project
 - George Margoles, Recovery Connections of Central Florida

Day 2 – September 30, 2021 - First Responders only

- 8:30 a.m. Registration
- 9:00 – 10:00 a.m. Keynote Speaker: Nic Sheff, Beautiful Boy, Best Selling Author
- 10:00 – 12:00 p.m. Building Resiliency Against Traumatic Stress, Compassion Fatigue, and Burnout with Tom Gillan
- 12:00 – 1:30 pm Lunch provided: **Free Narcan kit and instructional video**
- 1:30 – 4:30 pm Building Resiliency Against Traumatic Stress, Compassion Fatigue, and Burnout with Tom Gillan
- 5:00 pm **Open to the public:** Beautiful Boy and Q & A with Nic Sheff
- FREE MOVIE** Regal Waterford Lakes IMAX theater, 541 N. Alafaya Trail, Orlando, FL 32828