

# JUST THE FACTS

## Cocaine and Crack

Cocaine is a drug made from the leaves of the South American coca plant. Crack is created using cocaine and several chemicals.

### Identification

#### Street Names:

Aunt Nora, Blow, Bolivian Marching Powder, Big C, Coke, Flake, Freebase, Lady, Nose Candy, Rock, Snow, Snowbird, Toot, White Lady, Yoyo, Booger Sugar

#### What's it Do?

Cocaine travels straight to your brain and produces a short-lived high that is almost immediately followed by feelings of depression and cravings for more.

#### How's it Used?

Snorted, injected, or smoked

#### What is the Difference Between Cocaine and Crack?

Cocaine is a white powder that comes from the coca plant. Crack is cocaine that's mixed with ammonia, water, and baking soda. These ingredients, boiled together, produce chunks or "rocks" of crack cocaine.

#### Warning Signs of Abuse

- Problems at school/work
- Losing interest in extracurricular activities
- Change of eating habits and loss of weight
- Neglected appearance
- Changes in sleeping habits
- Runny or bloody nose
- Extremely talkative; fast speech

#### Facts about Cocaine and Crack

- It's a felony to buy, sell, or use cocaine or crack.
- Both cocaine and crack are highly addictive.
- When you're hooked on cocaine, you start to build up a tolerance for it - you have to do more and more cocaine just to feel anything.



### Short-Term Effects

- High blood pressure
- Increased heart rate
- Decreased appetite
- Nausea and vomiting
- Nose bleeds
- Anxiety
- Convulsions

### Long-Term Effects

- Seizures
- Breathing problems
- Increased risk of heart attack and stroke
- Extreme weight loss
- Death

### Refusal Tips for Kids

It's not always easy for a kid to keep their cool in the face of peer pressure. Give them a few suggestions on how to say "NO" like:

- "No way! That stuff causes your nose to bleed."
- "Nah! That stuff is dangerous."
- "No thanks. I'm already having a good time."

Cocaine and crack are highly addictive drugs. When someone begins using, the need for the drug takes over, and nothing else matters. Think a little cocaine can't hurt? Think again.