## **JUST THE FACTS**

### **LSD**

LSD is produced in illegal laboratories, mainly in the United States. It is a very potent hallucinogen that disrupts your brain from functioning normally.

#### Identification

**Street Names:** Acid, Battery Acid, Blotter, Elvis, Looney Tunes, Lucy in the Sky with Diamonds, Sugar Cubes, Superman, White Lightning, Window Pane, Dots, Mellow Yellow

What's it Look Like? LSD is colorless, odorless, and tasteless. It's sold in many forms: as tablets or gelatin squares, a liquid, on squares of blotting paper, or on sugar cubes and candy.

**How's it Used?** Users generally take LSD orally.

What's it do? LSD disrupts the normal functioning of the brain. It dramatically alters your thoughts and perceptions of reality.

## **Warning Signs of Abuse**

- Dilated pupils
- · Rambling, incoherent speech or bizarre comments
- Rapid mood changes
- Trouble sleeping
- Loss of appetite
- Increased anxiety or paranoia

#### Facts about LSD

- Once an LSD trip starts, it can last 12 hours or more.
- Some people end up permanently affected, which can make them unable to recognize reality, think clearly, or communicate well with others.
- It is possible for users to suffer from depression after an LSD trip.
- Flashbacks have been reported days, and sometimes months, after taking LSD.



### **Short-term Effects**

- · Distorted emotions and perceptions
- · Nausea, sweating and chills
- Dizziness and confusion
- Paranoia, delusions, and panic
- Higher body temperature
- Increased heart rate
- Insanity
- Death

## **Long-term Effects**

- Flashbacks
- Drug-induced psychosis (with symptoms similar to schizophrenia)

# **Refusal Tips for Kids**

It's not always easy for a kid to keep their cool in the face of peer pressure. Give them a few suggestions on how to say "NO" like:

- "No thanks. I'm already kinda crazy."
- "No way. I'm having fun and don't want to feel scared and paranoid instead."
- "Did you know that stuff can make you insane forever? I think I'll pass."

Think twice before dropping acid: The effects might last for 12 hours, or they may last the rest of your life.