



HURRICANE PREPAREDNESS

Florida's Hurricane season begins June 1st and runs through November 30th. Central Florida Cares Health System (CFCHS) is ready to meet our community's behavioral health needs and urges you to have a plan so you are safe in an emergency. To learn about services in your area please visit our website at www.centralfloridacares.org

HERE ARE FEW TIPS TO PREPARE IN THE EVENT OF A STORM:

- Have a disaster supplies kit
(First aid kit, one-week water and non-perishable food for each person in the home, 30-day medicine supply, pet food, cash, important documents)
- Bring inside anything that can be picked up by the wind
(Patio furniture, lawn ornaments, plants, and pots), close doors, windows, and shutters.
- Fill your vehicle's gas tank
- Be familiar with evacuation routes and shelters
<https://www.floridadisaster.org/planprepare/disaster-preparedness-maps/>
- Floridians with special needs can receive additional assistance during disaster by registering on the Special Needs Registry. This Registry connects residents with their counties & provides critical information for first responders <https://snr.flhealthresponse.com/>
- Comply with evacuation orders
- Severe weather and emergencies can have a negative impact on your mental health and wellbeing. You can find assistance and resources through CFCHS' behavioral health system of care at <https://centralfloridacares.org/>



*Florida's two-week disaster preparedness tax holiday begins on
Saturday, May 28, 2022*