FREE CEUs

What you will learn:

QPR stands for Question. Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Maneuver Heimlich that help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, neighbor, or client.





Presented by:

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Question, Persuade, Refer (QPR) for Suicide Prevention - 2.5 Hour <u>Virtual</u> Training



Who should attend?

Mental health professionals, non-mental health professionals, community members, or **anyone** with an interest in suicide prevention.

Two Continuing Education Units/Contact Hours are approved for persons meeting the attendance requirements for <u>Florida Board of Social Work, Marriage, and Family Therapy and Mental Health Counseling AND Florida Certification Board</u>.

2025 Training Dates

Tuesday, January 14	9:30 am -12:00 pm
Friday, January 24	9:00 am -11:30 am
Monday, February 3	9:30 am -12:00 pm
Tuesday, February 25	9:30 am -12:00 pm
Wednesday, March 5	1:00 pm - 3:30 pm
Tuesday, March 11	9:30 am -12:00 pm
Friday, April 4	9:00 am -11:30 am
Monday, April 14	9:30 am -12:00 pm
Tuesday, May 6	9:30 am -12:00 pm
Tuesday, May 20	9:30 am -12:00 pm
Wednesday, June 4	9:00 am -11:30 am
Thursday, June 19	1:00 pm - 3:30 pm

https://centralfloridacares.org/trainings/



